



UNIVERSITY OF OTTAWA  
HEART INSTITUTE  
INSTITUT DE CARDIOLOGIE  
DE L'UNIVERSITÉ D'OTTAWA

## Have you heard about **valvular heart diseases**?

Valvular heart diseases are dysfunctions of the doors that direct blood flow within the heart. These diseases affect hundreds of thousands of people in Canada.

Heart valve problems are often undetected, and late detection may have severe consequences. Our mobile screening program offers early detection, diagnosis and treatment.

**A free screening for people 65+ with no known heart issues is available near you.**

**Your 30- to 60-minute appointment involves:**

- a mini ultrasound of your heart
- questioning, measurements, and rapid finger poke blood tests to evaluate your cardiovascular risk factors

A cardiologist will review the results and recommendations will be provided at the end of your visit.

To participate in upcoming clinic Sept 24 2025 at the Aspira Bearbrook (2645 Innes Rd, Gloucester, ON K1B 4Z5), please complete this intake form with this link: <https://survey.ottawaheart.ca/index.php?r=survey/index&sid=436999&lang=en> or by scanning this QR code with your phone and our staff will contact you with an appointment.



Or Call 613 696-7412 or email at [cvhd-mssp@ottawaheart.ca](mailto:cvhd-mssp@ottawaheart.ca) with your name, phone number, and location of screening desired.

\*Please note there are limited spots on Sept 24 2025— screening will be prioritized for those who do NOT have a family doctor and first come first serve. If you are not contacted with an appointment time, you will be automatically on the waiting list for future clinics.



**FREE SCREENING FOR PEOPLE 65+**