

BANAR

Blackburn Area News And Reports

Vol. 43 No. 5

June 2010

Blackburn Funfair 2010

This year's theme: "Community, Getting Involved and Giving Back"



Spring has passed and summer is here and

Blackburn residents love to kick-start the summer with a good old-fashioned party. That's right: the Fun Fair is back! This year's theme for the fair is "Community, Getting Involved and Giving Back" and we thought what better way to celebrate our community than planning the best fair the hamlet has ever seen.

This year's festivities are sure to be a treat. We've brought back all the old favourites and added a few new ones that are sure to catch on. We are revising and bringing back some of the old games and competitions that used to be a staple of the original fun fairs of the past. For example, we are looking forward to the TD Bank vs the BMO Bank tug of war competition that will be held Saturday afternoon.

The fair is set to kick off on June 4 with an entertaining evening that will feature a skateboard and BMX competition as well as a youth hip hop dance. The opening of the carnival starts at 4 pm along with all other activities.

The parade is going to be absolutely amazing this year. Our hope is that before people come out to watch the parade they will first raid their pantry! We will be collecting non-perishable food items for Blackburn's St Joseph's Store House. There will be trailers, empty shopping carts, and wagons in the parade that will collect Blackburn's generous contributions. This is a great way to show our community

Continued on page 5

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President's Message

Anyone who lives in Blackburn Hamlet knows that it is a safe and family-oriented place to call home. But, as in any community, there are always incidents of crime ranging from graffiti, to theft, to vandalism.

Community police liaison Const. Martin St. Denis kindly accepted an invitation to shed some light on the subject of criminal activity and police presence in the Hamlet at the April meeting of the Blackburn Community Association.

The officer informed us that the Hamlet is a safe place with a low rate of crime relative to some other Ottawa neighbourhoods. However, Const. St. Denis stressed the importance of Hamlet residents reporting all crimes, big or small, to police who allocate resources to areas of the city based on the number of crimes reported.

Basically, the squeaky wheel gets the grease.

There are often cases when a resident may wonder what warrants a call to police. They may even brush off a small incident,

such as a theft of change from an unlocked car, as not worthy of "bothering" police about. But as the officer noted, it's important to call police anyway and let them sort out what requires their attention.

We live in a safe community and it's up to all of us to do our part to keep it that way by making police aware of what is happening.

On another note, the wet weather may have delayed the community Spring Clean-Up by a week, but the rain date was a roaring success with about 180 residents collecting debris from our area parks, streets and pathways. I would like to thank organizer Barb Sweazey for all her hard work putting this event together each year. I also extend my thanks on behalf of the BCA to all the volunteers who helped stage this event and to Councillor Rainer Bloess for lending us the barbeque.

And as always, the community garage sale on May 1 was another popular event with plenty of treasures to be discovered.

Laura Dudas



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BCA Membership — The community appreciates your support.

Purchase your membership and be in the October draw for a HD television!

Blackburn Hamlet is known across the region for being a friendly, active and progressive community. Please show your support for the Blackburn Community Association by purchasing your \$10 family membership. The membership fee helps pay for the BANAR and many of the other exciting projects.

Please contact me as I am interested in volunteering in the community.

I would like to support the BCA by buying a membership. Included is a \$10 cheque made out to "BCA".

Mail to: Blackburn Community Association, P.O. Box 47062, Ottawa, ON, K1B 5B0 or PURCHASE AT THE FUN FAIR (MAY 5TH).

Name: _____

Address: _____ Tel: _____

Visit the BCA website at
www.blackburnhamlet.ca
for community updates and
links to local
organizations and businesses.

Fun Fair Website
www.blackburnfunfair.ca

Blackburn Community Association

Mailing address: P.O. Box 47062, Ottawa K1B 5B0

2009 BCA BOARD OF DIRECTORS

President	Laura Czekaj Dudas	613-282-4139
Vice President	Annick Laporte	613-834-4030
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Treasurer	Al Ross	613-837-1504
Community Relations	Charles Kennedy	613-837-6338
Communications	Patrick Kahtouni	613-263-1313
Environment	Paula Rosenquist	613-824-5062
Seniors	Sarah Cloutier	613-841-4114
Parks & Recreation	Tom Scott	613-834-8661
Youth	Trisha Cloutier	613-841-9848
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Website	Helen Rosseau	613-834-8661

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Banar	Evelyn Budd	613-824-9707
Community Hall	Jan Whitehouse	613-830-8644
Fun Fair, Chair	Trisha Cloutier	613-841-9848
City Liaison	Suzanne Sanford	613-580-2424x29316

The BANAR is published and distributed by the Blackburn Community Association five times a year to all residents and businesses in Blackburn Hamlet.

Articles can be sent in the body of an e-mail or in Microsoft Word to ev@buddgraphics.com. Illustrations and pictures must be high resolution (300dpi). The editor reserves the right to make changes.

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Business Profile: Write-up \$175. Please send in a rough draft written in the 3rd person. The edited article will be 200 - 350 words (depends if there is a photo - high res or 300 dpi needed).

Classified ads: Per issue-20 words or less \$10; additional words are 25¢ each.

Payment: By cheque, credit card or cash **Payment must be made by the deadline date (see dates below).** Cheques are payable to "BCA". Mail/hand delivery address: Banar, 5729 Kemplane Court, Ottawa K1W 1B8. Please call 613-824-9707 or e-mail ev@buddgraphics.com for more information.

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Distribution: Circulation 4,000. Delivered by local community groups. Available at the Blackburn Library, Arena and Metro while quantities last. Phone or email ev@buddgraphics.com your name and full address if you do not receive the Banar within a week of the delivery date. Please put "Banar delivery" in subject line.

DEADLINE / DELIVERY DATES FOR FUTURE BANARS

DEADLINE Aug 18 / DELIVERY Sept 10-14
DEADLINE Oct 27 / DELIVERY Nov 12-16
DEADLINE Jan 19 / DELIVERY Feb 4-8
DEADLINE Mar 16 / DELIVERY Apr 1-5
DEADLINE May 11 / DELIVERY May 27- 30

Fun Fair is coming

These are the people who are making it happen.

Fun Fair Chair	Trisha Cloutier	613-424-3020
Operations/Facilities	Roger Smiley	613-837-4293
Treasurer	Bernard Charlebois	613-837-4819
Community BBQ	Sarah Dawson	613-834-0978
Stage Co-ordinator	Mike Murphy	613-824-2136
Tickets, electrical & Facilities	Cliff Seibel/ Knights of Columbus	613-837-2869
Electrical	Greg Campbell	
Bear Tent	Joanne O'Neil/ Blackburn Ladies Softball	
Volunteer Co-ordinator	Jennifer Cloutier	613-841-9848
Communications	Patrick Kahtouni	
Silent Auction	Amie Duquette	613-824-4556
Parade	Rachel Whyte	613-834-7829
Parade Assistant	Sherri Piercy	
Showcase in Arena Co-ordinator	Jeff Miller	613-720-7653
Showcase in Arena Assistant	Christopher McMullen	613-231-3408
Field Activities Co-ordinator	Laura Czekaj Dudas	613-282-4139
Fish pond	Beavers	
Duck Pond	Sparks	
Bouncy Castles	Team TD Bank	
Books, Movies & Games Sale Table	Rachelle Belair	613-424-0726
Blackburn Banar	Evelyn Budd	613-824-9707
Photographer & Webmistress	Helen Rosseau	613-834-8661
Sponsorship	Amie Duquette	613-762-8878
Sponsorship Assistant	Iain Macpherson	
Pancake Breakfast/Fruit Stand	Le Club de Optimiste of Blackburn Hamlet	
Barricades & Signs	Jeff MacDonald	
Popcorn/Snow Cone Family	Katty Mora & Family	
Pet Pride Event	Valerie Cavers & Dominion Lending Centres, Mortgage Excellence	

Funfair Schedule (check for updates at www.blackburnfunfair.ca)

Friday	4:00-10:00	Midway Rides
	6:00-6:30	BMX/Skateboard competition
	6:30-9:30	Hip Hop Dance Community Centre
Saturday	8:00-9:30	Pancake Breakfast at Community Center
	10:00-11:30	Food Drive Parade (From Louis Riel down Bearbrook)
	10:00-3:00	Showcase, Book sale, Silent auction 3pm (Arena)
	10:00-4:00	Showcase (Arena)
	10:00-11pm	Midway Rides
	11:00-4:00	BBQ
	12:00-8:30	Beer Garden (Reopens at 9pm-12pm)
	1:15	Funfair Cake! Main Stage
	2:00-4:00	Field Activities & Games Sack race, obstacle course
	3:30	Tug-of-war TD Bank vs. BMO Bank
		Firefighters vs Police Officers
	9:30ish	FIREWORKS - After dark

Main Stage

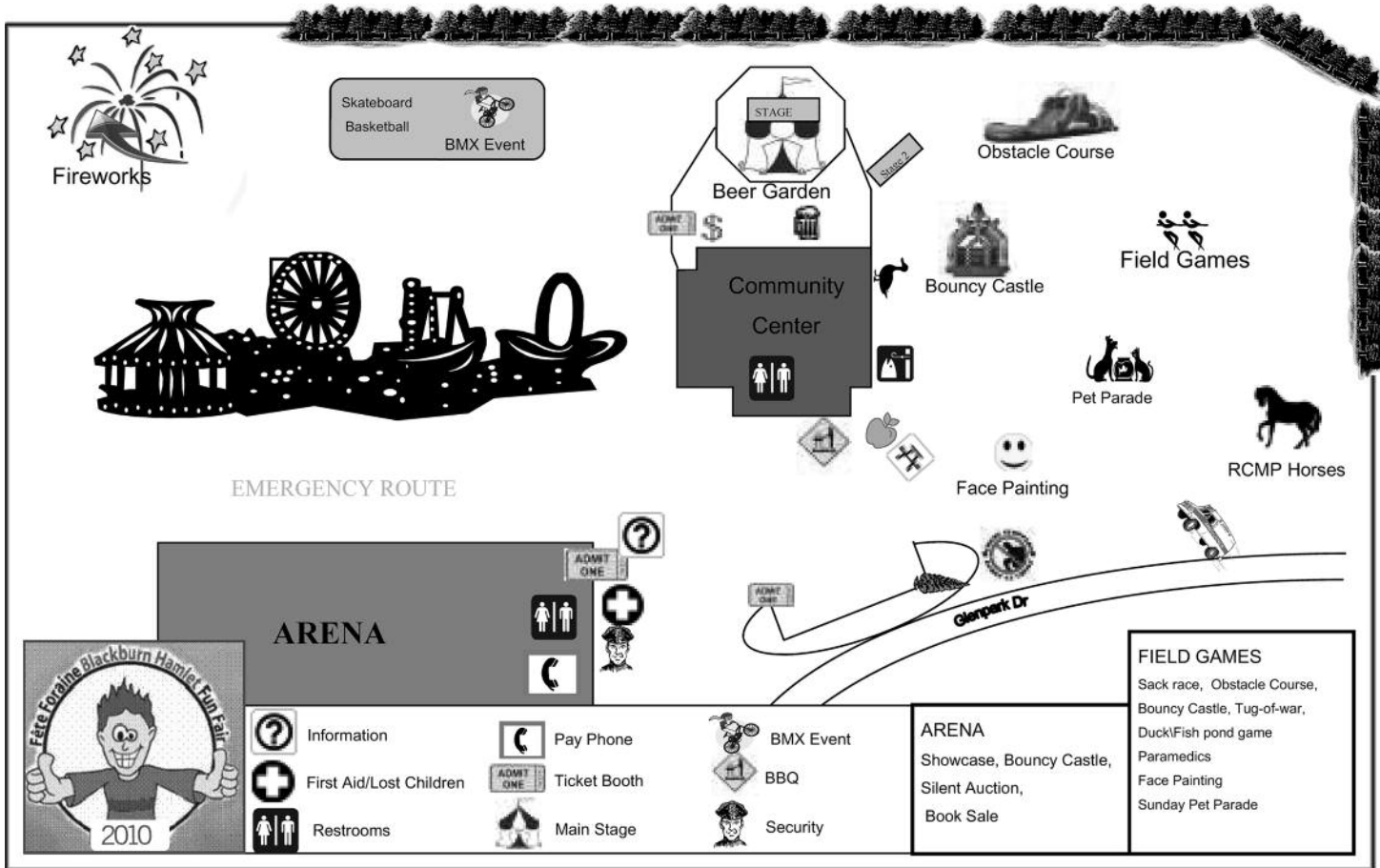
	11:30-11:50	Emily Carr Middle School Concert Band
	12:00-12:20	Emily Carr Middle School Rock Bands
	12:30-1:10	Mike, Marty, Kenny & Dave
	1:30-2:10	The Jazz Mutants
	2:40-3:10	The Uneducated-Youth Band
	3:30-4:10	Sophia Pantuso-Singer
	4:30-5:30	Offthemenu-Band
	6:00-6:45	Ferline Regis-Singers
	7:20-8:20	Fail To Rise-Band
	8:30-9:00	Break/Closed to minors.
		\$5 cover after 9pm I.D. Required.
	9:00-Midnite	Band—Blackboard Nails

Side Stage

	11:30-11:45	Tumblers Gymnastics Demonstration
	11:50-12:15	Crash The Clown
	12:30-12:50	Circus Delight - Magic Show
	2:20-4:30	Open Mic (all day between Main Stage acts)

Sunday

	11:00-4pm	Bouncy Castles
	11:00-5pm	Midway Rides
	1:00-2:30	Pet Pride, Pet Parade



Come and enjoy a wonderful day with friends and neighbours. Lots of activities for everyone!

Blackburn Funfair (cont'd from pg 1) spirit and also help those in need in our community. Children are invited to decorate their bikes, tricycles, and all other modes of transportation with food labels, and cans.

Our showcase in the arena will once again be packed, we will have the usual used book sale and a bouncy castle as well. The silent auction this year is HUGE! It will have several tables of items up for bid and will be open on Saturday from 10 am until 3 pm.

The live music acts at this year's fair are off the charts, we've

assembled some great local talent to entertain young and old. We are also making use of two stages this year to have non-stop entertainment all day and evening. Consult the schedule of events to see the amazing musical line-up. Also, if you have talent and are interested in performing on stage contact Mike Murphy at mmurphy@uottawa.ca, it may not be too late to claim some spotlight time.

Another returning attraction this year is the Pet Pride Parade that will take place on Sunday, June 6th from 1 to 2:30 pm on the fairgrounds. Dress up the dog and the kids to

match, pick a theme and be as creative as you can. There will be contests and rewards for all competitors. Who has the Blackburn pooch with the longest/shortest tail, biggest ears, tallest dog, smallest, best trick, or the most obedient pet? This event is proudly sponsored and organized by Marie-France Lavinge's team from the Dominion Lending Centre.

This year's fair features dozens of activities, games and entertainment. And remember, this year it is all about community so get out to the grounds, bring your friends, bring your family and have fun.

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Blackburn shines again



by Barb Sweazey

The 10th annual Blackburn Hamlet Spring Clean-up was held April 24, 2010, with more than 175 participants. We collected more than 100 bags of garbage and more than two dozen leaf and yard waste bags. This year we also had several Blackburn citizens who pitched in either before or after that actual clean-up day, to accommodate their own personal schedules. What a great commitment to our community!

A big thank you goes out to each person and family who took the time out of busy schedules to help clean up our neighbourhood. In particular, thanks also goes out to all those who helped in other ways such as transporting waste back to the Community Hall, organizing the BBQ, flipping the burgers, and providing City of Ottawa door prizes. Thanks to the BCA for their generous support of this community event, and thanks, as well to the local Tim Hortons owners, Howy and Shelley White, for their generous donation of coffee and Timbits.



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Taking ownership of our community benefits us all

by Rainer Bloess, City of Ottawa

It is easy to forget, during our annual winter hibernation period, how important it is for each one of us to step up and share in the care of our local community—our neighbourhoods, parks and roadways—to ensure that they stay safe, clean and green. Fortunately, with the coming of spring each year, Hamlet residents realize the importance of community pride and cooperation as they emerge eagerly into the sunlight and warmer temperatures of April and May.

Ottawa's annual "Spring Cleaning the Capital" campaign is an excellent example of our community teamwork. This year once again Hamlet residents turned out to do their part in record numbers to keep our neighbourhoods in tip-top shape. Special thanks to the more than 150 volunteers who registered for our April 24th session, to Barb Sweazey and her crew and to Shelley and Howy of our local Tim Hortons. As ever, many hands made light work as, across the City, literally tens of thousands of Ottawa residents participated in this popular program.

Our Pathway Patrol members also make a significant commitment of time and effort each year for the benefit of our community as they walk, skate or cycle along our local paths, providing information and assistance to the general public across our parkland. During the Spring Cleaning campaign, our east end patrol takes on a riverbank cleanup, trims branches and looks for hazards or obstacles along

pathways. Throughout the summer months, Patrollers are also excellent ambassadors for the City, providing directions to visitors who are unfamiliar with the area.

The City of Ottawa is also committed, in partnership with the Ottawa Police Service, to **eliminating graffiti and vandalism** to ensure a clean, vibrant, safe and welcoming community for all residents. Please call 3-1-1 or Crime Stoppers (613-233-TIPS) to report graffiti so that it can be eliminated before it "attracts" even more offenders. Also be sure to notify police if you see any suspicious activity in your neighbourhood. Police awareness of a problem area leads to a police presence in that area so vigilance and caution do pay off. Incidents of vandalism such as the recent damage to the Hornets Nest Clubhouse and our bus stops not only reduce property values but also limit our enjoyment of the facilities and

programs our hard-earned tax dollars finance for our communities.

I encourage each and every resident to take ownership of our community. Protecting and caring for the facilities and the outdoor environment we share as neighbours has a direct and dramatic impact on the enviable quality of life we all enjoy.

Should you have any issues or concerns please do not hesitate to contact me at 613-580-2472 or rainer.bloess@ottawa.ca. For on-going updates visit www.rainerbloess.com

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Some Grandmas knit; some walk across Canada

by Barbara Nolen

On June 13 Blackburn Grandmas AIDing Grandmas will be joining hundreds of other National Capital grandmothers (and grandfathers) on a 5 km walk, starting at the Centennial Flame, in an effort to raise money and awareness for African grandmothers supporting their orphan grandchildren. Grandmothers from the 220 "grandmother groups" across Canada will be joining this initiative. They have pledged to walk 8000 kms (the equivalent of walking across the country) in support of the 13 million orphans in sub-Saharan Africa alone. Presently Canadian grandmothers have raised 7 million dollars, and fund 350 local grassroot projects.

Stride to Turn the Tide is an initiative of the Stephen Lewis Foundation, and this year the focus is on Education for All. Currently some 38 million primary school age children in sub-Saharan Africa are not in class, due to family poverty, school fees and the necessity of uniforms which they can't afford, plus the devastation that the AIDS epidemic has had on the education system. Education is the best long-term way to escape poverty, and these children, like all children, deserve a future.

If you would like to join us in our walk, or sponsor a grandma from our group, please call 613-824-3524 or



email grandmas59@gmail.com.

The Blackburn Grandmas AIDing grandmas logo was designed by Maureen Attridge when the group needed a t-shirt with the group name for the members to wear to various events. Attridge graduated with a Fine Arts degree then taught art in Ontario high schools.

The group liked the design so much that they had notecards printed that sell in packages of 5 for \$6.50, or two for \$12.00. Email grandmas59@gmail.com or phone 613-824-3524 to

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She believed she could, so she did.

Gloucester Songsters share the joy of music

by Shirley Edmonds

The Gloucester Songsters consist of 28 senior citizens and members of the Gloucester Senior Center at 2020 Ogilvie Road. The choir was formed 28 years ago and consisted of only six members. As time went on, however, the choir grew considerably larger as shown here.

The Songsters are all volunteers using their own vehicles to travel and sing on Monday afternoons at retirement residences, hospitals and senior centers around the Ottawa area. Their program is made up of show tunes, golden oldies and songs that seniors enjoy and can relate to. They have a Christmas program as well as three other programs from September to May and then stop for the summer.



The Gloucester Songsters women wear green and gold vests and scarves and the four men wear green ties, fooling residents into thinking that they are an Irish choir. However they do sing some Irish songs.

The green and gold were the colours of the former City of Gloucester. When the amalgamation to the City of Ottawa happened they kept their colours and remained the Gloucester Songsters.

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Dapo Fun Day promotes peace and tolerance

On Saturday August 28, please join the community along with the friends and family of Dapo Agoro for the 8th annual Dapo Fun Day.

Sadly, on June 8, 2002 Dapo was murdered at a downtown bar after he tried to intervene to stop a fight. Dapo believed in peace and he died trying to make peace. Out of this terrible tragedy, Dapo's family established the DAPO AGORO FOUNDATION FOR PEACE which seeks to provide a forum to address the problem of youth violence in our communities. Each year at the end of August, the Dapo Fun Day event is held to celebrate Dapo's life and provide a forum to promote peace, tolerance, and the non-violent resolution of conflict.

There will be games, music, dancing, food and a lot of fun. It takes place at the Blackburn Community Hall, 190 Glen Park Drive starting at noon.

In addition to this event, a Dapo Agoro Peace award is presented annually to students of Lester B Person and Good Shepherd Schools. This year, for the first time, a student of Gloucester High School will also receive an award. The recipients will be honored on August 28th.



The Foundation is non-profit and all proceeds go back to the community and to the promotion of peace. For more information or if you would like to be a sponsor or volunteer, please call 613-837-5847.

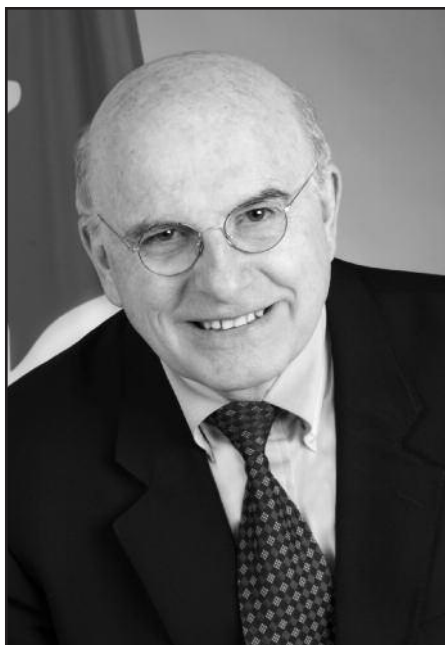


Photo by Jean-Marc Carfisse

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Fashion Show raises \$1000 for charity

by Sherry Woodburn

For those of you who were able to attend The Wholesale Outlet's April fashion show—thank you. For those who were unable to attend, we hope you will be able to attend the September fashion show. From the feedback received, everyone was pleased with the day and \$1,000 was raised for The Canadian Breast Cancer Network and The Look Good Feel Better program.


Special thanks to Lise Butters for doing a wonderful job co-ordinating the clothing for the models. Lise has a special talent working with people and helping them to feel and look good. Lise also works by appointment from the store should you want help co-ordinating your wardrobe. She will help you to navigate the racks and find something to mix and match and take you from the office to a night out.)



Jackie, Carolyn, Manja, Linda, Susan, Karen, Jackie and Denise were models for the fashion show that raised \$1,000 for The Canadian Breast Cancer Network and The Look Good Feel Better program.

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Thanks also to our models: Denise Bond, Karen Frenette, Linda Henderson, Jackie Holzman, Jackie Hunter, Carolyn Kellerman, Manja Mackley and Susan Urie. They were amazing and have volunteered to participate again in the fall show.

Other volunteers include Lowell Butters and Sue Trudel for their photography skills; Christine Valois for greeting everyone at the donations counter; Anne Leger and Gail Lalonde who worked behind the scenes with the models; and Janet Hamilton and Fran Benoit for their help throughout the day, and to Judy Neville for sharing her inspirational words on her journey surviving breast cancer.

We can't have a party without friends so thank you friends for attending and making this event so much fun. We couldn't have done it without you. The Wholesale Outlet is located at 1877 Innes Road.

A Public Health Moment



Did you know... that making meals from scratch can help lower your monthly grocery bill? For low-cost recipes visit ottawa.ca/health.

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2010 ottawa.ca/health | ottawa.ca/sante

Surviving Upper Green's Creek

An African Queen adventure in Blackburn Hamlet

by Vas Mezl

I enjoyed last month's article "Canoeing down Green's Creek" by Dave Skippen. However, an additional question might be "Where can you launch a canoe five minutes from home, have a waterway all to yourself for hours and then wonder how you will make it back alive?"

Last August when a Google map indicated that Upper Green's Creek was an easy one-to-two-hour paddle, my partner and I decided to drop off one car at the toboggan hill near Montreal Road and then drive the other car to the bridge on Innes Road where we would launch our canoe for a trip down Green's Creek. Our first surprise was not visible on the Google maps. The first kilometer was steep, rocky, "Class 1" rapids—but down six inches of water! There were a lot of scrapes and crunches and we had to continually jump out to lighten the canoe to pass through. We tried to walk across the big bend but it was full of impenetrable tall grass. There were wide, pebble filled shallows that we walked through and then amazing canyon-like scenery. It was canyon-like because 200 feet of the steep hillside had slid into the creek and had totally blocked it as far as the eye could see. I attempted to portage on the clear side but only made it a few feet up the slick mud—the infamous Leda clay—and then sank up to my knees. Looking up, I realized that I was on the edge of a deep river of molten clay that would kill me if it started moving! We crossed the creek and then dragged the canoe about 100 yards through the woods. We were enjoying paddling down the creek when we hit another area where there had been a huge land slide. We were wet, cold and muddy. That was when we remembered that we had invited guests for supper. We were worried as we had not seen any signs of a human passage or trail that we could follow out. I was wishing I had a Google photo of the creek to show an escape route that would have enabled

me to come back for the canoe the next day. Much like the movie "Deliverance", we were now just wanting to get out. My partner, a lake paddler, called it the African Queen trip. We phoned our guests on our cellphones and explained to them that we were trapped in the Blackburn wilderness. Another "drag through the woods" got us to water and we then paddled "Deliverance style" to make it back for supper. We came to a halt at the next bend where another landslide had blocked the creek. Dragging the canoe around this obstacle I burst out laughing when, though we were separated by less than a canoe length, the grass was so high that we could not see each other. We passed a full grown deer as we leisurely paddled to our end destination and where passing cars must have wondered why clay-stained people were portaging a canoe along St. Joseph Boulevard.

The Upper Green's Creek is 4.5 km. It has three difficult portages and will take years for the trees to clear. Go only if the water covers the concrete steps on the right bank above the Innes Road bridge.

BILL MCKENNA, PROFESSIONAL MOTORCYCLE RACER: Life is not a journey to the grave with the intention of arriving safely in one pretty and well preserved piece, but to skid across the line broadside, thoroughly used up, worn out, leaking oil, shouting "GERONIMO"!



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Summertime adventures

by Julie Babcock

Here comes summer and the kids will be home for several weeks. Summer activities and camps offer a great opportunity for children to play with their friends and to meet new ones. Here are some ideas to help you have a fun-filled summer. To avoid last minute stress, start planning now, as popular camps and activities fill up quickly.

Check the local publications, they often have a summer camp section. The publications are usually free and can be picked up at the grocery store or library. Alternatively, do some web surfing.

When looking for a summer camp, determine what type of camp will suit your family's needs. Do you need a traditional camp that operates during your working hours? Do you want a specialized camp at which they will learn a particular skill? There are full-day camps; partial-day camps; camps that offer extended hours; camps that offer overnight care and camps that run for a week or weeks at a time. It is important that the camp is age appropriate and it should meet the physical, emotional and mental needs of your child.

Determine a budget—how much do you want to spend for your child's summer entertainment and childcare?

What are your child's interests? If your child is old enough, involve them as much as possible in making the choice. Don't forget to try to coordinate with your child's friends, so they can go to camp with a familiar face. Plus you can share the driving with other parents.

For the weeks where the children are not going to camp and you are looking for some low-cost entertainment there are lots of things to do. Check out the local public library programs. They are often held only for a few hours and are usually free. We are also fortunate to have a number of small parks with splash areas. These can be found online through Ottawa Parks and Recreation. Don't forget we have local pools, parks and museums to visit as well.

Don't be afraid to ask other parents what camps and activities their kids have been to and what their experiences have been. Most importantly have a great summer!

If you are planning ahead for next Fall, call the Blackburn Hamlet Preschool at 613-824-3251 and see what they have to offer for your toddler/preschooler.

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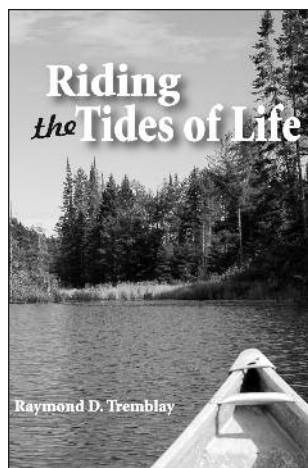
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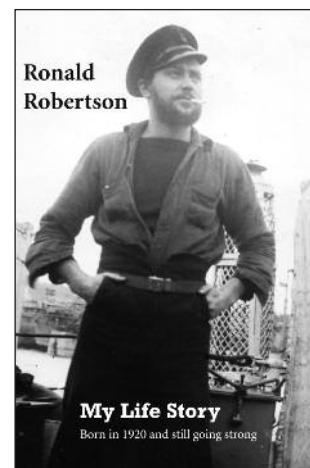
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Riding the Tides of Life by
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My Life Story: Born in 1920 and still
going strong by Ronald Robertson
Launched May 2, 2010

Mumps is making a come-back

by Katie Lukach, Public Health Nurse

Ontario and Ottawa are seeing more cases of mumps than usual. Between September 2009 and March 2010 there were 123 confirmed mumps cases reported in Ontario. Two cases were from Ottawa.

What is mumps?

Mumps is a highly infectious virus that causes fever and painful swelling of the salivary glands in the neck and throat. Mumps can cause serious problems in young adults such as meningitis and encephalitis (infections affecting the brain and spinal cord), pancreatitis (irritation of the pancreas), permanent hearing loss and painful swelling of the testicles which results in infertility in rare cases. Because mumps is caused by a virus, there is no treatment.

Mumps is spread by direct contact with an infected person. Droplets from the nose, mouth or throat spread the virus when an infected person is coughing, sneezing or talking. People who get infected with

mumps virus are required to spend nine days away from other people — that means missing days of school, work and play.

Stop mumps with a free vaccine!

The free vaccine is called the MMR (Measles, Mumps, Rubella) vaccine. The vaccine is now given twice to young children. However, many young adults born between 1970 and 1995 have only had one dose of vaccine. Two doses are needed for protection from mumps.

Who is at risk?

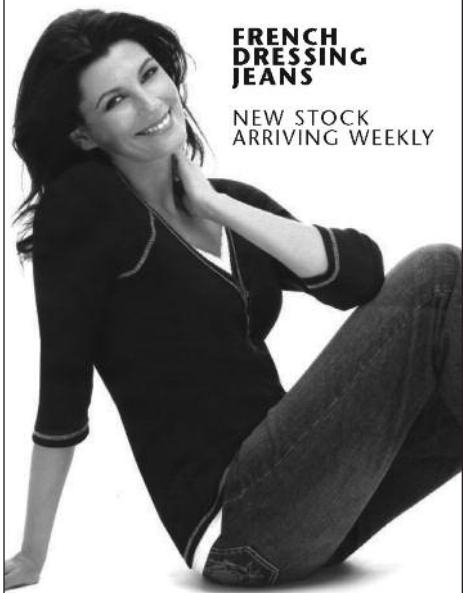
The majority of confirmed cases of mumps are young males. Common activities and exposure sites of cases in Ontario include: hockey camps/tournaments, universities and high schools. Adults born between 1970 and 1995 are at higher risk if they only had one dose of MMR vaccine.

You can get the free MMR vaccine at doctors' offices, from nurse practitioners, at community health centres and student health services clinics.

To speak to a Public Health Nurse about mumps please contact Ottawa Public Health Information at 613-580-6744 or visit ottawa.ca/health.

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Monday to Wednesday

Long Term Strategies Prevent Alzheimer's Disease

Dr. Serge Gauthier is the special presentation speaker at the Alzheimer Society of Ottawa and Renfrew County's Annual General Meeting on **Annual General Meeting on Friday, June 18th from 11:00 a.m. to 2:00 p.m. at Fairmont Chateau Laurier Ottawa**. Dr. Gauthier's presentation "Long Term Strategies to Prevent Alzheimer's Disease" will follow a short business meeting and a brain-healthy lunch. It will be of interest to family members, healthcare professionals, those supporting individuals and families coping with dementia, and the general public. Cost is \$40 per person with pre-registration required by June 7th.

Dr. Gauthier is Director of the Alzheimer's Disease Research Unit at the McGill Centre for Studies in Aging at McGill University, and Senior Scientist at the Medical Research Council/ Pharmaceutical Manufacturers Association of Canada Health Program. Participants will also hear brief comments by Nicole Chenier-Cullen, author of the recently published book "I Found My Thrill on Parliament Hill", about her family's experience with

dementia and the support they received during their care of her late husband, former cabinet minister Bud Cullen.

To pre-register or for more information, contact the Alzheimer Society of Ottawa and Renfrew County at 613-523-4004 or info@asorc.org

In Ottawa and Renfrew County, there are 13,000 people with Alzheimer's disease and related dementias. This number does not include the family members and caregivers who must also cope with the effects of dementia. To learn more about Alzheimer's disease and the programs offered by the Alzheimer Society, visit www.alzheimer-ottawa-rc.org

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Galerie Old Chelsea celebrates 20 years

Celebrations for the 20th anniversary of Galerie Old Chelsea are planned for the weekend of June 5th and 6th with a “paint out” for gallery artists, a special exhibit of all previous associates’ work and a barbecue in conjunction with “Chelsea Days”.

In April, 1990 a group of seven artists teamed up to open a co-operative gallery to showcase artistic works by local painters. Setting up shop in a 140-year-old heritage house known as the Hanratty-Reynolds house on Scott Road in Old Chelsea, they hung their paintings and works of other artists and hoped to make a go of it.

Now, twenty years later, it has proved to be the “little gallery that could...” with the format of co-operative ownership continuing on, showcasing and selling art from the heritage location nestled in the scenic tourist village on the fringe of the Gatineau Park. Although none of the original seven are part of the group now, some still hang their works on the walls. Today’s group of seven still set out with the same intent—that of promoting and encouraging local artists from the Outaouais region.

The setting is charming and the old house exudes comfort and a relaxed atmosphere for browsing. On a cold day in January visitors are greeted with a hot apple cider. The walls are filled with a cornucopia of artworks in different media. Every surface is adorned with a beautiful landscape or a fanciful portrait. In fact, the gallery is so full of artwork, tall visitors might bump their heads on a painting if they don’t duck on their way down the narrow stairs. The gallery uses it’s front show room to mount a special exhibition featuring a different artist every three weeks.

The seven associate members pay the gallery expenses and are provided prime display space for their own works. Today’s team includes Leslie Anderson Dorofi, Josee Prudhomme, Aline Joanis, Robert Murrell, Maria Mask, Lina Yachnin and Marianne Feaver. These artists also select works from some 40 local artists that are sold on consignment. The members are assisted in their gallery sitting duties by faithful volunteers.

The theme “small is beautiful” is certainly applicable here. Local visitors and tourists from afar continue to come to enjoy the friendly atmosphere and maybe find the perfect piece for their mantel or that unique wedding gift.

To view beautiful artwork visit www.galerieoldchelsea.ca.

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Showcasing local artists: Studio Tour June 12–13

The Orleans Studio Tour is an annual showcase of Ottawa east-end artists that traditionally takes place in June. The Tour was founded in 2007 by Marielle Dubois, a local Orleans artist, with 19 artists and nine studios. Now in its fourth year, the 2010 tour will be held on June 12th and 13th and features 12 studios and 24 artists, some of whom live in Blackburn Hamlet.

In 2009 some 1500 guests in total visited the participating studios over two days. The visitors had an opportunity to submit at each studio a ballot for a \$250 gift certificate towards a purchase of art of their choice from tour artists. Mrs. Juliette Aubin of Orleans was the lucky winner of the 2009 prize. She did not

waste time to make use of the gift certificate. Mrs. Aubin promptly visited Beata Jakubek, a studio artist, and purchased two paintings, which

The Blackburn artists are located at studios located at 28 Bearbrook Road, 9 Diceman Crescent, 2428 Cleroux Crescent and 12 Silver Aspen Crescent.

she admired during her tour visit and applied the gift certificate as a partial payment. It is our pleasure to announce that during the 2010 Tour the visitors will once again have an opportunity to win a \$250 certificate.

Artists include: Joanne Beaubien,

Elaine Boivin, F. Brazeau Ferguson, Joyce Buckley, Malcolm Cowell, Jacques Dompierre, Frances Dunn, Norman Goddard, William D. Hulme, Beata Jakubek, Zygmunt J. Jakubek, Aline Joanis, Ted Johnston, Lucie Leclerc, Edna Lemyre, Sharon McKenna, Louise Michaud, Marjorie Mueller, Maria Muñante, Robert Murrell, Boni Penna, Eliane Saheurs, Tricia Savoie, Angela Verlaeck Clark and Julia Wong.

The Blackburn studios showcasing nine artists are located at 28 Bearbrook Road, 9 Diceman Crescent, 2428 Cleroux Crescent and 12 Silver Aspen Crescent.

Visit www.orleansstudio tour.org for more information on the artists and to view a map.



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Enjoy leisure time with help of the library

Will you have some leisure time this summer? Stop by the Blackburn Hamlet Library and check out all that we have to offer. Planning on spending time outdoors ? We have many books or magazines with ideas for gardening, barbecuing, entertaining or partaking in your favourite outdoor sport. Rainy day in the forecast? Come and pick up any of our new DVD releases in our Express Collection.

School will be finishing soon. Register your children for the TD Summer Reading Club and our fun programs which take place throughout the summer. The theme this year is Destination Jungle so put on your safari hats and be sure to explore the library this summer!

Visite d'auteur: Andrée Poulin. 6-12 ans. Le mercredi 28 juillet, 19 h (60 min.) Inscription.

Growing Wild Ages 8-1.: Tuesday, July 6, 2:00 p.m. (60 min.)

Legend of Marshmallow Island: Ages 6-12. Tuesday, July 13, 2:00 p.m. (60 min.) Registration.

Jungle Gym Ages 6-10. Thursday, July 15, 10:30 a.m. (45 min.) Registration.

Parrots at the Library / Des perroquets à la bibliothèque Monday, July 19, 10:30 a.m. Le lundi 19 juillet, 10 h 30 (60 min.) Ages 6-9. Registration. 6-9 ans. Inscription.

Leaping Lizards and Rambling Reptiles: Thursday, July 29, 2:00 p.m. (60 min.). Ages 6-12. Registration.

Monkey See, Monkey Do: Wednesday, August 4, 2:00 p.m. (45 min.). Ages 8-12. Registration.

Concrete Jungle: Thursday, August 12, 2:00 p.m. (60 min.). Ages 6-12. Registration.

World Beats: Monday, August 16, 2:00 p.m. (45 min.) Ages 8-12. Registration.

Barnyard Jungle / La jungle de la basse-cour: Tuesday, August 17, 10:30 a.m. (45 min.) Ages 5-9. Registration. Le mardi 17 août, 10 h 30 (45 min.). Pour les 5-9 ans. Inscription.


Stop by the library in early June to pick up your copy of *Preview* with registration details and dates or explore our catalogue online at www.biblioottawalibrary.ca.

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Emily Carr School Used Book Fair June 16

Come out and get your summer reading and help support the Emily Carr School Library on June 16th. It is open to the public from 3:30 to 7 pm. The majority of the books are priced at 50 cents and a Silent auction and bake sale will also be available.

Scout Registration Night

Registration for the 1st Blackburn Scout Group will be held at the Blackburn Community Centre on Monday August 30th between 6:30 and 8 pm. Boys and Girls ages 5 and up welcome. Beaver volunteers also needed. Registration will continue throughout the month of September. Please contact 1stblackburnscoutgroup@live.com.

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Strawberry Social June 27th

They are getting it ready now! I can see it! A scone on one plate, a piece of angel food cake on the other ... this is going to be good! A generous portion of fresh local strawberries is spooned over each, the cake beneath soaking up the sweet juices. In the background I hear the whirl of a mixer turning real whipping cream into white fluffy clouds with just the right touch of vanilla. I glance back at the plates being prepared and there they are, the whipped cream is on and the plates are being brought to my table. My mouth starts to water. That was last year—it was so good—not just the food but the company as well. Folks from all over the Hamlet and surrounding area chatting, drinking tea and coffee enjoying the local harvest. The Strawberry Tea from 1 to 5 pm on Sunday, June 27th is an event not to be missed. It is sponsored by St Mary the Virgin Anglican Church and held at the Blackburn Community Hal. Tickets are \$10.00 (\$5.00 for students and kids under 4 free).

Blood Donor Clinic July 5th

The clinic will run from 4:30 to 8 pm in the gymnasium at the Good Shepherd Catholic School. There are still 61 appointment slots available, and the slots need to be filled in order to ensure that there is enough to supply hospitals with the blood and blood products that they need. Appointments can be booked by calling 1-888-2-DONATE. Donating blood takes about one hour in total—and with that one hour, three lives can be saved.

Greater Orleans Canada Celebration

If you are planning to attend Canada Day festivities on Petrie Island then you should consider joining the Canada Day Club. For a limited time only, membership is being offered for just \$75 which entitles you to a parking pass and four meal tickets. The parking pass is good for parking on the island as well as in and out privileges. For more information call Fred Sherwin at 613-447-2829.

Opportunity for community groups to earn \$250 by delivering the Banar to homes and businesses in Blackburn. Maps and route cards for the 16 routes are available. Each route takes one person 1 to 1.5 hrs to complete. Email ev@buddgraphics.com for more information.

Dr. Sati retires

As Dr. Sati prepares to retire, I'm sure that a book could be written about his kindnesses.

I would like to share two stories about him. The Year of the Big Snow, 1971, we placed a frantic call to his home office as our daughter was having a severe asthma attack and our street had not been ploughed. We have never forgotten the welcome sight of the good doctor slowly coming through hip-deep snow, carrying his bag, to our rescue.

On another occasion, our daughter was choking and we rushed her by car to Dr. Sati's house—something we would not dream of doing these days with any other doctor. He left his dinner and came with us to CHEO, where it was discovered she had suffered a seizure. Although he did not have privileges there, he made a point of telephoning us to follow her progress.

On many other occasions, he was a cheerful and caring doctor who treated the whole family, and who always met me in his examining room with the question, "There's nothing wrong, I hope?"

I wish him and his wife the very best and hope that they enjoy a fulfilling retirement. JINNY SLYFIELD

Thank you

The new community garden, Jardins Arrowsmith Thmye-less Gardens, wish to thank all those who have donated their surplus composters. RUTH TOROK, 613-824-2986

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Florida Gulf Front Condo: 2 bedrooms, 2 bathrooms. \$700 USD plus tax per week, 2 week minimum. 613-830-1343. 2/2

East-end hobby writer seeks fellow scribblers to form casual writers' group for discussion, critique and support. All genres. Contact Patti.elaine@gmail.com. 1/1

Classified ad/per issue: 20 words or less \$10; 50¢ for each additional word. Cheque made out to "BCA" and delivered by Banar deadline date (see page 4) to: Banar, 5729 Kemplane Crt, Ottawa K1W 1B8.

Community Contacts

Badminton	Dale Bembenblackburnbc@yahoo.com
Baseball (Little League)	Gerry Ferguson613-745-9303
Blackburn Arena613-824-5197
Blackburn Library613-824-6926
Blackburn Art Group	Margarete Froelich613-824-6503
Blackburn Chorus	Bob Bowes613-744-6807
Blackburn Community Hall613-841-7396
Bookings	Jan Whitehouse613-830-8644
Blackburn Duplicate Bridge	Bill Durning613-824-9593
Blackburn Hamlet Preschool613-824-3251
Blackburn Guides/Brownies	Brenda Sowden613-523-4003
Blackburn Scouting Group	Yola Tannous613-841-3033
Child Care Drop-In	Myrian Pepin613-742-5500
Child Care No School Days613-580-2400
Conseil de Gestion	Lyse Goneau613-837-3941
Fastball (Mens)	Steve Bovey613-824-1435
Fifty Plus Group	Sarah Cloutier613-841-4114
Hockey (Girls)	Charles Chamberlain613-745-9927
Hockey (Blackburn Minor)	Wally Montpetit613-227-1122
Hockey (Mens)	Roy Van Koughnett613-824-3921
Jeannettes	Nicole Andrecheck613-824-9972
Les Guides	Viviane Côté-Maxwell613-837-1839
Le Club Optimiste	Dominique Dufour-Jacques613-837-4645
Les Chansonniers	Germain Asselin613-837-3883
Neighbourhood Watch613-236-1222 ext 5054
Quilting Groups	J. Maxwell841-6084
	Joanne Bushel613-824-6524
	Jane Ross613-837-1504
Ringette Rockers (Ladies)	Sue French613-830-0684
Ringette Scrimmage-Mon/Wed	Louise Bertrand613-841-5610
St. John Ambulance	Bob & Pauline Giroux, 11-2336 Orient Park
St. Joseph Food Bank	Leanne Hunter613-830-3808
Softball (Ladies)	Michel Haddad613-834-1269
Tennis	Marg Walters613-830-8887
Volleyball (Women-Competitive)	
Life threatening emergency or crime in progress911
Police emergencies but not life threatening613-230-6211
Crimestoppers613-233-8477
City of Ottawa311
Rainer Bloess, Councillor, City of Ottawa613-580-2472



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Blackburn and Area Community Event Calendar

Sponsored by the Anglican Parish of St. Mary the Virgin

Check out
St. Mary's!

2nd Annual Strawberry Social Sunday, June 27th from 1 to 5 pm

Join us at the Blackburn Community centre for biscuits strawberries, and real whipped cream. The fact that the berries are grown right around the corner makes them that much more delicious!

\$10 per person
\$5 kids 4 to 12
Free kids under 4

Programs

Knitting and Craft Club,
7:00 pm 2nd & 4th Tuesdays
at Amica Bearbrook
(2645 Innes Road)

Worship Services

Sunday

Navan Road Church
2750 Navan Rd.

**JUNE JULY and AUGUST
SERVICES ARE at 9 a.m.**

Expect 8:30 and 10 am services to
resume in September

Midweek

1st Tuesday 2 pm Blackburn Lodge

Every Tuesday 2 pm Amica Bearbrook
– (every 3rd Tuesday is an Anglican
service)

Sunday June 6, July 4 and August 1 (First Sunday of the month)

9:00 am Educational Eucharist - Our aim is for people of all ages (families, friends and soon to be friends) to come together and learn about our faith and traditions in an interactive service.

June (See page 23 for activities at the Library)

Friday 4 to Sunday 6 BLACKBURN FUNFAIR 2010 (See pages 1, 4 and 5)
Tues. 8, 7:00 pm Knit & Craft Night – at Amica Bearbrook. All welcome
Sat. 12 and Sun 13 Studio Tour (See page 22)
Sun. 13 Grandmas AIDing Grandmas – 5 km walk (See page 13)
Wed. 16, 3:30 pm Emily Carr Middle School Book Fair (See page 24)
Fri. 18, 11:00 am Alzheimer Society of Ottawa and Renfrew County – Annual General Meeting (See page 20)
Sat. 19, 2:00 pm Reception for Dr. Sati and Mrs Sati – Louis Riel School (See page 9)
Tues. 22, 7:00 pm Knit & Craft Night – at Amica Bearbrook. All welcome
Sun. 27, 1:00 to 5 pm Strawberry Social - Blackburn Community Centre (See page 24)

July (See page 23 for events at the Library)

Mon. 5, 4:30 to 8 pm Blood Donor Clinic – Good Shepherd Catholic School (See page 24)
Tues. 9, 7:00 Knit & Craft Night – at Amica Bearbrook. All welcome
Tues. 23, 7:00 Knit & Craft Night – at Amica Bearbrook. All welcome

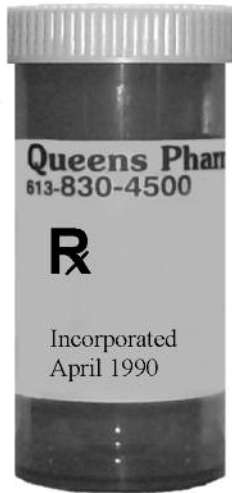
August (See page 23 for events at the Library)

Tues. 10, 7:00 Knit & Craft Night – at Amica Bearbrook. All welcome
Tues. 24, 7:00 Knit & Craft Night – at Amica Bearbrook. All welcome
Sat. 28, Noon Dapo Fun Day – Blackburn Community Hall (See page 15)
Mon. 30 6:30 to 8 pm Scout Registration – Blackburn Community Centre (See page 15)

Anglican Church Women - Meeting in the Hamlet monthly for the past 84 years, these dedicated women have given their time and talents to support various projects in the parish, the local community, across Canada and overseas. This includes supporting the activities of **Centre 454** (which provides drop-in support services and social recreational activities for individuals who are homeless or at risk of homelessness) and **The Well / La Source** (which is a spiritual and justice based gathering place for women and women with children providing a safe, supportive, inclusive environment where women come together to empower each other while nourishing the whole person). Both are located in Ottawa.

Interested in participating or volunteering?

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