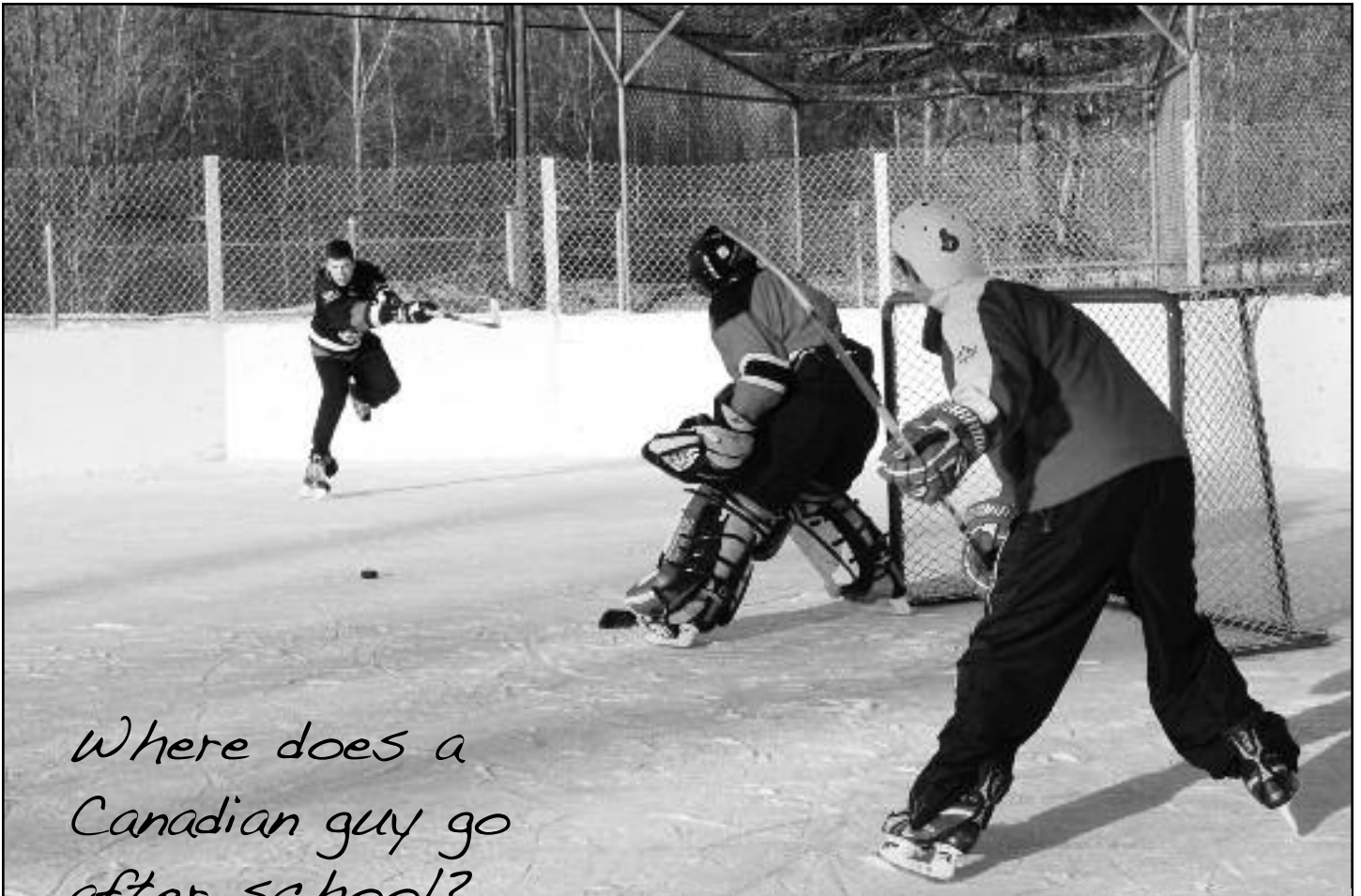


BANAR

Blackburn Area News And Reports

Vol. 43 No. 3

February 2010



*Where does a
Canadian guy go
after school?*

*Ask Justin, Matt
or Patrick.*



THERE ARE MANY BEAUTIFUL
ASPECTS TO WINTER...
GOING FOR GROCERIES
IN A STORM
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President's Message

Winter is in full swing and so are our outdoor rinks. Many thanks to all the volunteers who have helped to make this possible. To have rinks as well maintained as ours involves the efforts of many folks in making the base ice and following through with daily upkeep as well as monitoring. The co-ordinating efforts of Paul Van Bruinessen and Tom Scott have kept the program on the right track and the co-operation of MacDonald Equipment and their crew of snow clearers have produced great results. We will publish a list of all our volunteers and monitors at the end of the season so as to ensure everyone gets the recognition they deserve.

This issue of the BANAR will be accompanied by a survey that we encourage each household to fill out and return. The initiative for this project comes from the Eastern Ottawa Resource Centre and flows from meetings held with the BCA concerning both security and programming plans. It has been some time since we have polled

Hamlet residents to find out their needs and concerns. Participation from as many families as possible will ensure we all have the information we need for our planning. Results will be published in a future edition of the BANAR.

The Annual General Meeting of the BCA will be taking place in the library on Thursday, February 18 at 7:30 pm. The board of the BCA is changing as the demographics of our community change and we are seeing and needing more representatives of younger families. If you have ideas and interests and are willing to put in some time and effort, please come forward to help keep the BCA a vibrant and solid organization.

And, as usual, my community pitch—take walks, visit rinks and parks and speak to people. Our security and community will only be stronger if we get outside our front doors. As a special request from the seniors and young kids, please keep the high speeds for the highways!

Roger Smiley



- 4 Community Hall Expansion
- 4 TV for Membership Draw
- 5 Eastern Ottawa Resource Ctr.
- 5 Community Survey
- 7 Councillor's Corner
- 9 Funfair 2010 gears up
- 11 La paroisse St-Claude
- 12 Green Bin Program
- 13 Fraser— Stinger/NHL
- 14 Dr. Sati retires in June
- 15 Frost—Champion Speedskater
- 16 Les activités par les guides
- 19 Prepare for Gardening
- 20 Travelling with small children
- 21 Blackburn Library
- 22 Volunteers Needed
- 23 Childrens Welcome Centre
- 24 Coming Events
- 25 Community Groups

BCA Membership — The community appreciates your support.

Blackburn Hamlet is known across the region for being a friendly, active and progressive community. Please show your support for the Blackburn Community Association by purchasing your \$10 family membership. The membership fee helps pay for the BANAR and many of the other exciting projects.

- Please contact me as I am interested in volunteering in the community.
- I would like to support the BCA by buying a membership. Included is a \$10 cheque made out to "BCA".

Mail to: Blackburn Community Association, P.O. Box 47062, Ottawa, ON, K1B 5B0.

Name: _____

Address: _____

Phone number: _____

BLACKBURN COMMUNITY
ASSOCIATION
ANNUAL GENERAL MEETING
February 18, 2010, 7:30 pm
Blackburn Hamlet Library

Visit the BCA website at
www.blackburnhamlet.ca
for community updates and
links to local organizations
and businesses.

Blackburn Community Association

Mailing address: P.O. Box 47062, Ottawa K1B 5B0

2009 BCA BOARD OF DIRECTORS

President	Roger Smiley	613-837-4293
Vice President	Laura Czekaj Dudas	613-282-4139
Secretary	Annick Laporte	613-834-4030
Treasurer	Al Ross	613-837-1504
Community Relations	Charles Kennedy	613-837-6338
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Seniors	Sarah Cloutier	613-841-4114
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Youth	Trisha Cloutier	613-841-9848
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Website	Helen Rosseau	613-834-8661

Standing Committees/Representatives

Banar	Evelyn Budd	613-824-9707
Community Hall	Jan Whitehouse	613-830-8644
Fun Fair, Chair	Trisha Cloutier	613-841-9848
City Liaison	Suzanne Sanford	613-580-2424x29316

The BANAR is published and distributed by the Blackburn Community Association five times a year to all residents and businesses in Blackburn Hamlet.

Articles can be sent in the body of an e-mail or in Microsoft Word to ev@buddgraphics.com. Illustrations and pictures must be high resolution (300dpi). The editor reserves the right to make changes.

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Business Profile: Write-up \$175. Please send in a rough draft written in the 3rd person. The edited article will be 200 - 350 words (depends if there is a photo - high res or 300 dpi needed).

Classified ads: Per issue-20 words or less \$10; additional words are 25¢ each.

Payment: By cheque, credit card or cash **Payment must be made by the deadline date (see dates below)**. Cheques are payable to "BCA". Mail/hand delivery address: Banar, 5729 Kemplane Court, Ottawa K1W 1B8. Please call 613-824-9707 or e-mail ev@buddgraphics.com for more information.

The Blackburn Community Association/Budd Graphics Inc. does not endorse or guarantee products or services advertised in the Banar or take responsibility for the print or web quality or legalities of photos and artwork provided by advertisers or outside sources in the Banar or on the BCA website.

Distribution: Circulation 4,000. Delivered by local community groups. Available at the Blackburn Library, Arena and Metro while quantities last. Phone or email ev@buddgraphics.com your name and full address if you do not receive the Banar within a week of the delivery date. Please put "Banar delivery" in subject line.

DEADLINE / DELIVERY DATES FOR FUTURE BANARS

DEADLINE March 17 / DELIVERY April 4-11

DEADLINE May 12 / DELIVERY May 28-June 1

DEADLINE Aug 14 / DELIVERY Sept 5-12

Volunteers needed Community Hall Expansion Workgroup

By Charles Kennedy

We are seeking volunteers to join a working group that will plan for the potential expansion of the Blackburn Community Hall. We have begun meetings with a small group of volunteers but need additional interested residents in order to take the next steps to get the project rolling.

If you can spare a couple evenings a month to meet and volunteer a little of your time you can shape the community and one of its central facilities and meeting spaces.

If you are interested please send your email address and phone number to Charles Kennedy at Charles.Kennedy@mbna.com or call 613-837-6338. We are targeting work-group meetings to be held on the second Thursday evening at 8pm of each month. This may change based on the group's wishes.

This is an exciting project and we need your help and input. Volunteer now and let's talk about what IS possible!



Membership Drive prize recipients, Michael and Diane Bourne, receive their Flat Screen TV provided with assistance from Audiotronics on Innes Road from Roger Smiley (President, BCA) and Tom Scott (Board member, BCA). The 2010 Membership Drive is now underway. See page 3 for the membership form.

Opportunity for community groups to earn \$250 by delivering the Banar to homes and businesses in Blackburn. Maps and route cards for the 16 routes are available. Each route takes one person 1.5 to 2 hrs to complete. Email ev@buddgraphics.com for more info.

Help for problems and issues in today's community

Many Blackburn residents have no knowledge of the important services provided by the Eastern Ottawa Resource Centre (EORC). Based in the Beacon Hill Mall, this organization is really a catch-all for a variety of social issues. They provide counseling and support for those who find ourselves in need. Their ongoing programs address women, seniors, family and youth issues with a dedicated team of some 35 (yes—that many) employees.

Here in the Hamlet, they run the Youth Drop-In and Free Hip Hop Lessons on Wednesdays and Friday nights at the Community Hall as well as a Homework Club that runs on Mondays and Wednesdays in the Blackburn Library. They are involved on a regular basis with the local community housing groups and seniors' groups. The EORC also provides individual and group services for issues such as family violence, women abuse and support for the children impacted by these events. All services can be obtained in a confidential manner.

No community is immune to the social problems faced in

today's pressure filled environment and the EORC fills a huge need. It is funded by money from all levels of government (federal, provincial and municipal) as well as the United Way and relies on the goodwill and volunteerism of those able to help.

In conjunction with the BCA, and the Ministry of Health, the EORC is putting out the Blackburn Hamlet Community Survey to better understand the needs of our community for future planning. Our community needs and appreciates the assistance the EORC has to provide.

The BANAR will, from time to time, be dedicating some space to issues brought to the BCA by the EORC such as community security, youth in trouble, parental responsibilities.

For those in need of assistance or who are willing to offer their help more information is available at www.eorc-gloucester.ca or by calling 613-741-6025.

Community Survey Launched

Accompanying this issue of the BANAR is a survey intended to collect Blackburn residents' opinions on the "state of the Hamlet". This is an initiative of the Eastern Ottawa Resource Centre in combination with the Blackburn Community Association. Results will guide both organizations as plans for future programs are developed. Residents are encouraged to fill out their surveys and return them to the designated spots as outlined in the Survey's accompanying letter. You may also go to the Blackburn website at www.blackburnhamlet.ca and download a pdf of the survey.

Your community needs your voice. Please participate!

Due Date: February 21, 2010

Volunteer Drivers Needed

The Eastern Ottawa Resource Centre needs volunteer drivers to take seniors to medical appointments. An application process is in place that describes the job and requirements, such as being available during the weekday and having their own vehicle. For more information please call 613-741-6025.

Heritage Day February 16th

The Ontario Government has announced that the third Monday of February will be a new recognized Civic Holiday. What better way to celebrate family than to take your family to a museum or historic site to discover Canada's heritage!

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2009— a year of progress and promise

by Rainer Bloess, City of Ottawa

As we shuffle through our annual January deepfreeze, a brief glance back over the past twelve months brings to mind several significant local developments that I believe will ultimately improve the quality of life of all of our residents.

Perhaps the highlight for me personally was the **opening of the new Shenkman Arts Centre**, a first-class cultural facility long sought after and greatly appreciated by our dedicated local arts community. With our local commercial and residential sectors blossoming in recent years, this fabulous center brings a much-needed cultural heart to our flourishing east end.

The approval, at last, of a plan of action for **Lansdowne Park** is yet another welcome recreational development for Ottawa residents. With the City unable to finance any significant redevelopment project on its own, a local group of successful, proven entrepreneurs with a solid record of community involvement has committed to investing hundreds of millions of dollars to make this site, that has languished far too long underused and unappreciated, a thriving, energized municipal hub.

As our city expands we have no option but to improve our **public transit system** to cope with this growth. After years of evaluation and debate, we are poised at last to take action to revitalize and modernize our transit system. Our long range plan calls for a downtown tunnel to relieve our over-burdened down-

town streets plus light rail transit between Tunney's Pasture and Blair Road to complement our existing Bus Rapid Transit system. This plan has been endorsed by an international panel of transit experts as the best and most cost-effective choice for our city.

At the same time, Phase 1 of the much anticipated Hunt Club Road extension and link to the 417 is also shovel ready. This first phase of the project will involve construction of a new four-lane road between Hawthorne Road and Russell Road, which should help to ease traffic congestion in the City's east end. Ottawa is "on the move" and clearly outgrowing its identity as a medium-sized city.

The year-end saw the much-heralded launch of Ottawa's **Green Bin program**, an effort designed to drastically reduce the volume of waste products previously being trucked to our already over-stressed landfill. The Green Bin program is

already well-established in many Ontario municipalities where its use has become second-nature to their residents. I urge all of you to make the effort to go green this new year.

Finally, kudos to the entire public health staff and all of those who helped to squelch a potentially dangerous fall flu season by taking part in the **H1N1 vaccination program**. After an initial crush and period of adjustment, the program, by all accounts, proceeded quickly and smoothly. If you haven't yet been vaccinated, check out the City's website for ongoing opportunities, at www.ottawa.ca.

It is my pleasure to wish you all a very Happy New Year, good health and prosperity in 2010. Please remember that I always welcome your comments, negative or positive, and your questions regarding any municipal issue of importance to you. Please visit my website at www.rainerbloess.com or phone 613-580-2472.

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Planning for 2101 Funfair going well

This year's Funfair theme is about "Community Spirit" and it's going to be bigger and better than ever before. The number of volunteers that have stepped forward to help out with the 2010 Funfair already expresses the great community spirit the Funfair will be celebrating.

The best of the games from past Funfairs will be returning. There will be **family activities, children's competitions and silly challenges for every age** including a whole field of free games and competitions for families to enjoy. If you have some ideas or you would like to get involved and help us with these events contact **Laura Czekaj Dudas** at llczekaj@yahoo.ca

The Funfair stage team is focused on finding various kinds of talent for the **entertainment stage** including dancing, singing, playing a musical instrument or delivering some great comedy. (You have five months to practice!) If you have talent and want to be involved please contact **Mike Murphy** at mmurphy@uottawa.ca.

Once again the arena will have a local business showcase, silent auction, used book table, and tons of 'inflate able' fun for the children. **Businesses wanting to showcase** their products or services are invited to contact **Jeff Miller** for details at jeff@cloutierandmiller.com. The **silent auction** is being organized by **Iain Macpherson** so if you have anything that you would like to contribute please contact him at iaindmac@hotmail.com. The **books, board games and DVDs** tables are also a popular draw (and fundraiser) so if you would like to donate to the sale table please contact **Rachelle Belair** at rachellebelair@hotmail.com.

The **Funfair parade** is going to be absolutely amazing this year and will include a food drive for the St Joseph's Food Bank, a much-needed service located in the hamlet. There will be over a dozen empty shopping carts and wagons ready to be filled as the parade comes down Bearbrook Road. Children are invited to decorate

their bikes, tricycles, and any other mode of transportation with food labels and cans. Blackburn is a generous community and we are confident that before people come out to watch the parade they will raid their pantry first. What a great way to show community spirit and help others in our community. If you would like to help or participate in the parade please contact **Rachel Whyte** at rachel.whyte@sympatico.ca.

Biggest event in Blackburn Hamlet coming June 4th, 5th and 6th

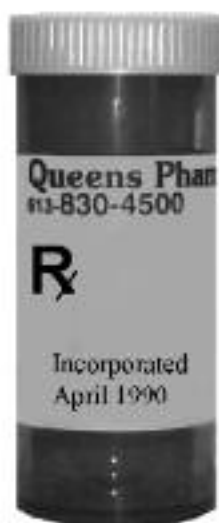
And finally, if there are any more people in Blackburn **who have a little extra time and a lot of community spirit**, please feel free to come and join the Funfair team. The more the merrier, the bigger the team, the better the Funfair! The team is always open

to volunteers. Please contact me, **Trisha Cloutier, Funfair chair** for 2010 at trishandcharlie@rogers.com. Check out the updated Blackburn Hamlet Funfair website (www.blackburnfunfair.ca) for more information or to contact other members on the Funfair board.



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Blackburn Hamlet

La paroisse St-Claude

par Viviane Côté-Maxwell

Savez-vous que le 7 janvier dernier nous avons eu une visite canonique à St-Claude; c'est à dire que notre archevêque, Mgr Prendergast, est venue nous rendre visite afin de mieux nous connaître? Ce fut une belle soirée enrêchissante de part et d'autre. Notre curé, Jean-Louis Gosselin qui a eu 75 ans le premier de l'an doit prendre sa retraite cet été et ensemble 23 paroissiens de St-Claude ont convenu de profiter de cette visite pour présenter un projet d'avenir à notre archevêque. Puis, dimanche le 10 janvier il a aussi présidé à la confirmation de 22 jeunes de 6e année et rencontrer d'autres paroissiens.

Savez-vous que nos célébrations du samedi soir à 17h et du dimanche à 11h



sont animées avec soit de la musique, la chorale ou des animateurs? Chaque 2 semaines, nous avons aussi 'les amis de Jésus' pour les jeunes de 4-8 ans qui se réunissent pendant la liturgie afin d'échanger, de dessiner avant de revenir se placer autour de l'autel pour

le Notre Père. Nous aurons aussi la fête des baptisés de 2009 le 31 janvier prochain. C'est vivant à St-Claude.

Si vous voulez vous impliquer, communiquez avec nous, ou venez nous voir un beau dimanche.



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Volunteers Needed for Green Bin Program

Sierra Club Canada is assisting the City of Ottawa with education and promotion of the new Green Bin Program.

Be an environmental leader, give a "Bin Talk."

The collection of food scraps is the next logical step in our waste diversion efforts and a critical step in our efforts to mitigate climate

change. Food scraps buried in a landfill produce large amounts of methane, a Greenhouse Gas (GHG) now believed to be 70-1000 times more potent, by volume, than CO₂. As such, generating and maintaining public participation in Ottawa's new Green Bin Program is of the utmost importance.

Sierra Club Canada will be recruiting, training, deploying and motivating

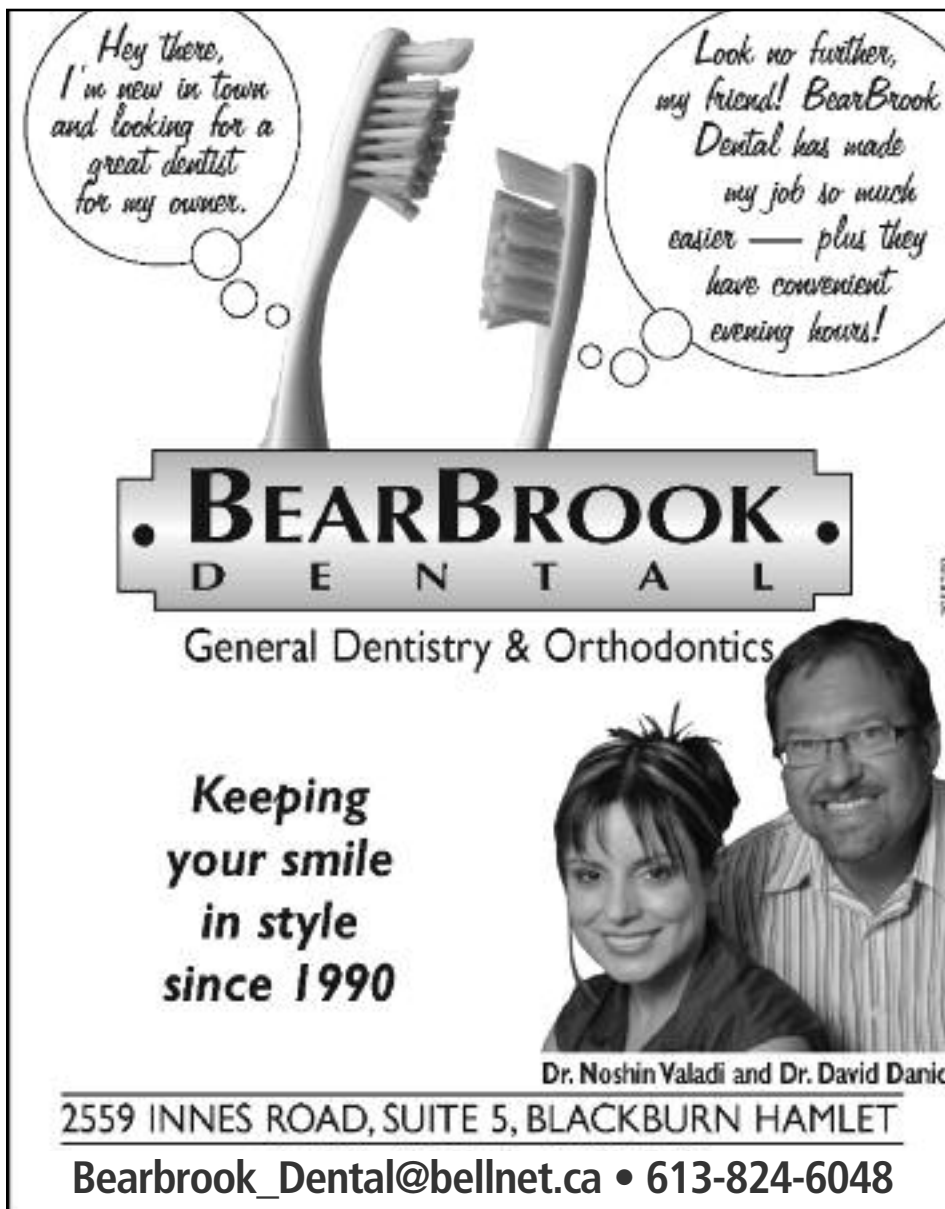
volunteers in Ottawa to give presentations at other locations; schools, their places of work and worship and to the many many clubs and organizations to which they belong all within their local area.

Volunteers will be trained to, subsequently, give 5-10 minute presentations to Ottawa residents in their community, place of work, school, or other public meeting places. High school students can earn community service hours and educate their fellow students, teachers, and the broader community at large on the benefits and ease of the Green Bin.

Upon recruitment, each volunteer will receive training in both the content and style of the "Taking the Next Step Ottawa" presentation which has been developed by Sierra Club Canada. Further, each volunteer will receive various forms of the presentation: Powerpoint; overhead slides; flipcards; and scripts to assist the volunteer in giving their presentation, by keeping them on track and on message, as well as provide to audience members both an audio and visual means of learning the material.

Thanks in advance for your help in promoting this community service opportunity to your members.

To sign up or to learn more, contact us either by phone at: 613-241-4611 ext. 235 or by email at wastediversion@sierraclub.ca.



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Former Blackburn Stinger scores in NHL

by Laurent Robillard-Cardinal

On Saturday October 24th 2009 Mark Fraser, a young vibrant defenceman from Blackburn Hamlet scored his first National Hockey League (NHL) goal against the young prodigy Marc-André Fleury. Mark Fraser, who turned 23 in September, is presently establishing his place in Jacques Lemaire's line-up. After three seasons with the Lowell Devils, the 6-foot 3 inch, 220-pound athlete is establishing himself as a solid stay-at-home defenceman with the New Jersey Devils. After a year or so in the Central Junior A Hockey League with the Gloucester Rangers, when Fraser was looking to go south to the United States to play university hockey, he received an interesting offer from the Kitchener Rangers. In 2004, Fraser joined the Ontario Hockey League (OHL) and worked his way through the minors with Kitchener. A year later, his hard working style earned him the captaincy after Michael Richards left the team. Fraser's turn to leave

Kitchener came one season after receiving the "C" when he was drafted in the 3rd round, 84th overall by the Devils. Fraser, who was not scared to use his fists, quickly proved himself as a strong defensive player in the American Hockey League (AHL). His aggressive style was quickly noticed by Ottawa Claude Julien, the Devils head coach at the time. Julien was interested in Fraser's grit and intensity and called him up to play in 2006 after the Devils suffered a few injuries on the blue line. Fraser played seven NHL games, one in which he stood his ground against the renowned fighter Chris Simon. Following the return of the players from the infirmary Fraser made his way back to the AHL after a taste of the big leagues. In 2007 the Sutter era began in New Jersey and Fraser was ignored by the head coach of the Devils. Regardless, Fraser continued to play hard in the AHL suiting up for 79 games in 2007-08. Once again Fraser's leadership would be recognized by the team as he was

awarded the assistant captain title; indeed the end crowns the work. Fraser was eager and getting anxious to have another chance in the NHL. Due to his steady progression in the AHL, Fraser was awarded with a couple of pre-season games in 2009. During these games he stood strong on the blue line and even dropped the gloves a few times with a notable victory over Rangers grinder Aaron Voros. Jacques Lemaire's interest in this strong player grew and as a result he decided to keep him on the team at the beginning of this season. This past fall on October 24th Fraser's hard work was awarded with a spot on the starting line-up. While all eyes were on Martin Brodeur, who was attempting to tie Terry Sawchuk's shutout record, Fraser scored his first NHL goal. Since then his ice time has been increasing and things look promising for the young boy who first laced up the skates with the Blackburn Stingers 20 years ago.

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Retirement Reception for Dr. Ahmed Sati

by Eileen Emmonds

As many of you already know, Dr. Ahmed Sati will be retiring in June of this year after 39 years of dedicated service and commitment to Blackburn Hamlet residents. In honour of Dr. Sati and to extend the community's thanks, an afternoon reception is being planned in June and we invite you to attend.

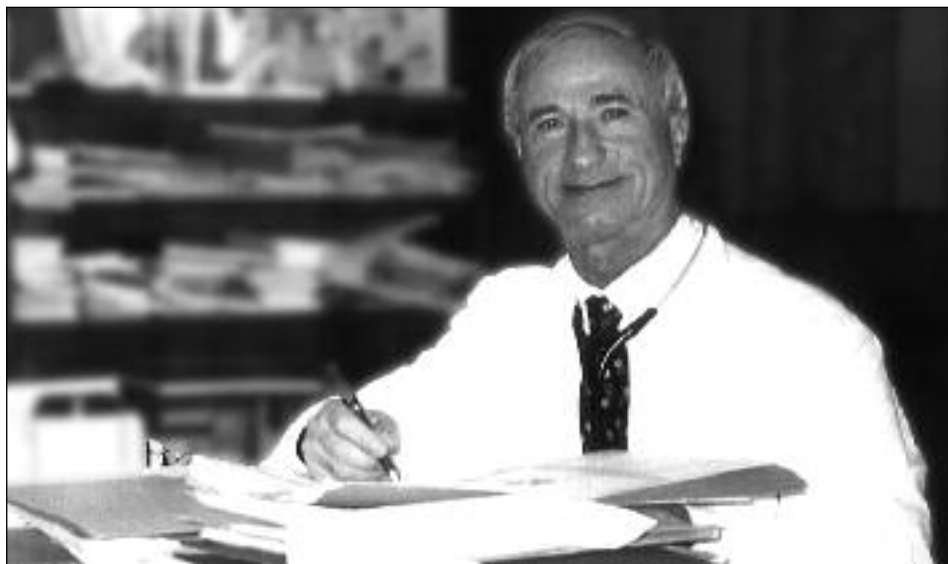
Be sure to note this important date and time:

Date: Saturday, June 19th

Time: 2:00-4:30 pm

Location: Blackburn Community Hall

Although planning is well underway, the organizing committee needs volun-



teers and sponsors to assist with various elements of the afternoon. If you are interested in volunteering or are

able to offer sponsorship, please send an e-mail to sati.thanks@rogers.com or contact Eileen at 613-830-0316.

Note from editor—In the June 1971 *BANAR* the following announcement appeared:

"The Academy of MEDICINE wishes to announce-----Dr. A. Sati M.D. has opened an Office for the Practice of Family Medicine. 19 Bearbrook Road, Blackburn Hamlet. Phone 824-4773"



Photo by Jean-Marc Carisse

Royal Galipeau, MP /député Ottawa–Orléans

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Frost breaks records AND helps others accomplish their dreams

We still claim Kevin Frost as a Blackburnite. After all, he grew up in Blackburn and his parents, Phyllis and Dale still live here. We have much to be proud of. Kevin set new world records for visually impaired skaters at the Paralympic Open Blind Cup in Chelyabinski, Russia this past November. Frost, 42, who suffers from Usher Syndrome, a rare disorder that causes progressive hearing and vision loss, won the 500-metre race in a time of 43.25 seconds, the 1,000 metre race in 1:24.75 and the 1,500 metre race in 2:15.08. He set new world records and posted his own personal best times in the process.

Mid-January he was in Lake Placid where he won a gold medal against able-bodied skaters and again got three more personal bests.

His next competition will be at the Canadian International Masters Cup in Quebec City and then Lakefield first weekend in February.

In his "spare time" Frost has not only been offering assistance to others in his own community but also internationally. Last year, Kevin when in Cancun, Mexico on vacation with his family, met a young boy called Alfredo who was suffering from hearing loss. Frost started a fundraising campaign to help Alfredo acquire hearing aids that cost roughly \$3,800. He later went back to Cancun to visit Alfredo, and check on his progress and then arranged with students at a local university to do more speech therapy with the young boy.

Frost has since set up a foundation to raise money for three more Mexican children. He hopes to meet the full funding amount by May 2010.

He has been giving many presentations to schools and businesses. If you wish for him to talk to your group, give a presentation, raise awareness, motivate or educate, contact him by phone at 613-298-9291 or by email at kevin-nemo@hotmail.com



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Les activités de la 4e Cie St-Claude

Racontées par les guides

En octobre nous sommes allées au Coyotes Rock gym pour faire de l'escalade. J'ai aimé cela car c'est un défi de finir certains murs. Mon moment préféré est quand j'ai réussi à monter un des murs. Immédiatement j'étais fière de moi même! Après nous sommes allées à la Mer bleue pour la sortie des aspirantes où nous nous sommes faite attaquer par des coccinelles c'était drôle. Nous avons révisé nos lois et fait des sketches. Journée memorable!

PAR KATHERINE

Si quelqu'un me demandait qu'elle a été l'expérience la plus inoubliable des guides, je répondrais sans hésiter mon premier camp d'automne. Nous sommes allés dans les Miles Îles sur le bateau de Viviane le Vibrations II. J'aimerais partager un peu de cette experience avec vous. Nous avons quitté le port à midi, et nous voquions vers l'île Georgina, où nous comptions dormir. Un bateau nous a passé et en avant nous avons toutes été mouillées! En arrivant nous avons monté la tente, avons fait des jeux de pistes puis une merveilleuse soirée au feu de camp. Le lendemain, nous sommes reparties vers l'île



Hill pour observer le paysage du haut de la tour. Nous sommes revenues en après midi. Cela semble peut-être moins grandiose mais nous avons eu la chance de socialiser et de decider de nos équipes.PAR BRITTANY

Le guidisme à Blackburn c'est vraiment amusant! On fait plein d'activités et je vais vous parler de notre sortie au Musée de la Guerre. On a eu beaucoup de plaisir et on a



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(Suite à la page 17)

Les activités de la 4e Cie St-Claude racontées par les guides (Suite de la page 16)

surtout appris beaucoup de choses. Savais-tu que les soldats de la 1ère guerre mondiale se cachaient dans des bases creusées dans la terre? On en a exploré une comme si on en faisait parti! On est vraiment chanceux qu'il n'y a pas de guerre au Canada. Les enfants étaient séparés de leurs parents et beaucoup de maisons étaient détruites. Ça m'a fait penser aux soldats morts pendant les guerres et de leur dire merci. PAR VALÉRIE

La fin de semaine du 20-21 novembre je suis allée au camp des chefs et secondes. Nous avons fait plein de choses comme des jeux, de la théorie et l'activité que j'ai aimé le plus...une veillée où j'ai fait du 'lip gloss', appris à prendre soin de ma peau et j'ai eu un massage des pieds. La meilleure partie est de rencontrer les filles de différentes cie comme la 2ème, la 50ème et la mienne, la 4ème. Nous avons eu du plaisir et je vais jamais oublier mon camp. PAR ELIANE

Aujourd'hui, je vais vous parler du défilé du Père Noël. Plusieurs d'entre vous y ont probablement assisté. Nous



étions avec le Club Optimiste de Beacon Hill et avons partagé leur char allégorique. Nous avons marché tout le long, distribué des bonbons aux personnes qui regardaient le défilé tout en chantant des chansons de Noël. Nous marchions fièrement avec nos drapeaux tout au long des 4 km. PAR LAURENCE

Je vais vous parler du 10 décembre. Ce soir là les guid'amies ont fait la guignolée. On a commencé à Louis-Riel et on a fini chez notre cheftaine Viviane. Il

(Suite à page 17)

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Les activités de la 4e Cie St-Claude racontées par les guides (Suite de la page 17)

faisait très froid pour moi car j'avais oublié de mettre mes bonnes bottes mais tout c'est bien passé et c'était très amusant. On a donné plus de 250 conserves à la banque alimentaire de Blackburn et 205\$ à celle de Gloucester. Merci à tous. Thanks for your donations. PAR ALICIA

Juste avant les vacances de Noël la 4e Cie est allé visiter le Musée de Cumberland. C'est là où nous pouvons voir les edifices qu'on utilisait dans l'ancien temps. On a fait des lampes en aluminium dans une ancienne école. On a décoré des biscuits et on les a mangés avec un bon chocolat chaud au feu de camp. Quand il restait à peine 10 minutes on a fait de la raquette avant de retourner à la maison. PAR GABRIELA

Le 8 janvier nous avons fait une nouvelle rencontre pour la nouvelle année, la fille de notre animatrice. Florence est née en octobre 2009. Sa mere Arlène a gentiment accepté de nous montrer sa petite fille et de répondre à nos questions. Tout geste fait par la petite cocotte était observé et adoré. Le moindre sourire ou bavement était remarqué. Pour aider l'environnement, Florence porte des couches



en tissus. Arlène et Sam font une brassé de lavage chaque 2 jours. En partant, Florence a fait de beaux sourires mais a aussi pleuré. On aurait aimé qu'elle reste plus longtemps mais il était déjà 20h. PAR GABRIELLE

La fin de semaine du 9 et 10 janvier 2010, 12 guid'amies et 4 animatrices ont été au camp SAJO. Arrivée samedi à 9h30, on a rentré les sacs à dos, la nourriture. Dans l'après midi on a parlé des Olympiques puis on a fait des jeux olympiques dehors. Pour se rendre à la patinoire, on a fait de la raquette puis les premières années sont allées glisser pendant que les 2ème et 3ème ont creusé le quincy où 7 personnes ont couché à -15. L'activité que j'ai préféré est la glissade. Dimanche on a fait des badges de la carte d'exploration et puis on a glissé ou patiné. C'était ma petite description de mon premier camp d'hiver. PAR JASMINE



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New Community Garden Site

Arrowsmith Thyme-Less Gardens is the newest community garden site in the east end of Ottawa. This is a not-for-profit community program and plots will be available to families in the area. Spring 2010 will be the first planting season.

The group is looking for people willing to volunteer time in preparing the gardens for use once the spring thaw arrives. They are co-located with the Gloucester Emergency Food Cupboard at 2040 Arrowsmith Drive. The aim is to be as environmentally conscious and responsible as possible. To that end, composters or rain barrels that are in excess of your need and that you would donate to the cause would be welcomed. Special thanks to Sheila and Rob Danforth, Jeanne and Roger Chagnon, Frank Derickx, Jan Boon, Serge Duguay, Ev and John Ross and Paul Villeneuve who brought the project this far—all on one cold December day!

Please contact Ruth Torok, Garden Coordinator at 613-824-2986 or rtorok@sympatico.ca.

In the days and weeks ahead, when opportunities and expectations arise, take a moment to think about how you will answer the call. Consider not only the potential burden of taking something on, but also the potential delight.

Gloucester Allotment Garden Annual Meeting and Spring Registration

The Association will hold its 2010 Spring Registration meeting on Tuesday, March 9th at 7:30pm in the cafeteria at Louis Riel High School, 1655 Bearbrook Road, Blackburn Hamlet.

Gardeners registering for a plot at the meeting will receive an Early Bird

discount of \$5 on a full size plot and \$3 on a half size plot. Full-size plots are available at both the Orient Park and Anderson Road sites and measure 14m x 7m.

For more information, please call the registrar at 613-824-8479 or visit the website at <http://gaga.ncf.ca>.



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Worship Times: Sunday @ 9:30am (with Sunday School)
 Tuesday Friday @ 9-9:30am: Morning Prayer
 Thursday @ 10am: Holy Communion

Easter Services: Ash Wednesday (Feb. 17) @ 7 pm
 Maundy Thursday (Apr 1) @ 7pm
 Good Friday (Apr 2) @ 10am
 Easter Sunday (Apr 4) @ 9:30am

The Marriage Course
 Helping married couples strengthen their relationships. Begins Wed, Mar 10 & runs for 8 weeks, 7-9pm (www.themarriagecourse.ca)

Moms & Tots
 Tuesdays, 10:30am
 Drop in for refreshments and some adult conversation

"Time Apart"
 Tues Feb 2, Mar 2, Apr 6
 7-8:30pm
 Drop in for a time of quiet prayer/reading/reflection

5-week Lenten Study
 Begins Ash Wed (Feb 17), 9:45am
 "Why did Christ have to die?"

2598 Innes Road
 (between the TD Bank & the Pub)
www.blackburnhamletcommunitychurch.ca 613-837-BHCC (2422)

Travelling with small children

by Julie Babcock

Heading south to warmer climates? Here are some tips for travelling with small children:

- Front row/bulkhead airplane seats are usually roomier for families with small children. The back rows, (seats usually don't recline), are close to washrooms and airline attendants.
- To shorten the wait at the airport, try checking-in online and printing your boarding passes at home. Tag all your bags, strollers and car seats (include your cell number). Have your passports ready with your tickets.
- Folding strollers are great at the airport (Theme Parks too!). You must fold up your stroller for security and just before boarding for under cabin baggage.
- Wear slip-on shoes for going through security and read the MORE restrictive carry-on rules.
- To keep hands free, pack everything you are "carrying-on" in your purse/diaper bag. Infants can be carried through security scanners but toddlers walk through on their own. Send one parent first to meet the toddler at the other side.

- Some airports have play areas and kids can watch their very own Mighty Machines from the terminal window. Escalators can also be very exciting!
- Passengers with small children can usually pre-board the plane. Consider boarding later, it decreases the amount of time in a confined area.
- Take a compact DVD player and your favourite DVDs (good for hotels with limited TV channels).
- Check the height and weight requirements for child safety car seats at your destination.
- In your luggage, pack "back-up" favourite stuffies, sippy cups and soothers. Dollar-store lanyards are great for attaching these to strollers or high chairs.
- In North America, Google the nearest Wal-Mart and stock up on supplies once you arrive. For expensive resorts, pack disposal diapers for your child. Once used, you will have space for souvenirs.
- Take Ziploc baggies for sealing in the mess of dirty diapers and soiled clothes.
- At restaurants, be specific when ordering, especially for kid's meals. You want to know exactly what you are getting. Buffets are great.
- Check out these websites:

www.tsa.gov/travelers/airtravel/children/index.shtm

www.experienceplaytime.com

<http://travelwithkids.about.com>

Have a safe and wonderful trip!!

If you need time to pack, don't forget the Blackburn Hamlet Preschool's Friday P.M. drop-in program for 3-year olds and JK/SK aged children. If interested please contact Nancy at 613-834-5281.

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2010 programs at the Blackburn Library

We are pleased to announce the return of The Homework Club, with bilingual staff member Darlynn. We encourage students (ages 7-18) to come Mondays and Wednesdays from 6-8pm to take advantage of this great free service.

A growing new collection of Teen Non-fiction has just arrived. Topics include cooking, music, relationships/dating, high school life and much more. We welcome you to check it out and pass the word.

We continue to provide the following programs:

Children's Programs

- Babytime: 10:15am Wednesdays/Jan 20th-Feb-24th
- Babytime: 10:30am Tuesdays/Apr. 13, 27 and May 4, 18
- Toddlertime: 10:15am Mondays/Jan 18th-Feb 22nd (except Feb 15)
- Family Storytime: 10:15am Tuesdays/Jan. 19th-Feb 23rd
- Contes en Famille : 11h mardis/19 janvier, 23 fevrier

March Break/Conge de mars

Registration/inscription Feb.10/10

- Art From Above/ Art celeste : (ages 6-12)/Monday, March 15, 10:30am
- Face the Music kids / Karaoke: (ages 7-12)/Tuesday, March 16th, 10:30am
- Once Upon a Puppet: (ages 8-12)/Wednesday, March 17th, 10:30am
- Gocks: (ages 13-17)/Wednesday March 17, 2pm
- Intro to Theatre Games/Initiation au jeu scenique : (ages 6-8)/Thursday March 18th, 1030am
- Face the Music Teens/Karaoke: (ages 13-17)/Thursday March 18th, 2pm
- Woodworking Workshop: (9-12)/Friday March 19th, 1:30pm


Adult Programs

- Computer/Internet/Email Tutorials: by appointment. Please call the branch at 613-824-6926 x 224 to schedule.
- Round Table and Tea Bookchat: A whole new list for 2010 is here. Visit the information desk to get your copy. Mondays, February 22, March 22 at 2pm. No registration required.

- Steamy Romance Bookchat: A new bookchat to start off the year. Join us as we discuss steamy romance titles. Every 2nd Saturday beginning January 23rd.
- BoatPro: Get your Pleasure Craft Operator Card in this 3-session course. Cost is \$45. Please register online at www.cps-ottawa.ca. Thursdays at 6:30pm, March 11, 18 and 25/Tuesday, April 13, 20, 27/Tuesday, May 11, 18, 25
- Genealogy Resources at OPL: An introduction to the Library's Genealogy Resources with Genealogy Librarian Diana Hall. Saturday, February 6 at 1pm.
- Booking Your Vacation Online: Learn how to plan and book your vacation online. By appointment. Please call the branch at 613-824-6926 x 224 to schedule.
- Spring Gardening with Ritchie Feed and Seed: Wednesday, April 14th at 7pm. Please call the branch to register or register online.

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Volunteers needed for Welcome Centre Board

The Children's Welcome Centre needs help to fill positions on the Board of Directors in order to continue to be a great asset to young families and childcare providers within our community. Volunteering on the board consists of a maximum of three hours of time per month for meetings. A board member may spend an additional few hours of time depending on the specific role that the member has committed to. The current members are welcoming and willing to help new members find their niche or support them while learning how things work.

Volunteering to help with a \$60,000-a-year community-based, non-profit, charitable organization would look good on any resume as well as a great opportunity to build social connections with other young parents. The opportunity to make decisions on how the Centre is managed is an important part of being on the Board. At this time we need a President, Vice-President and a Volunteer Coordinator to help with fundraising.

If you are interested in helping or if you have any questions feel free to call Kerry at the Children's Welcome Centre at 613-834-7075.

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Children's Welcome Centre holds Fundraisers

The Children's Welcome Centre (CWC) is a non-profit, charitable organization offering high quality programming and short term hourly childcare. This safe and inviting facility located at 2415 Innes Road in Blackburn Hamlet offers the following services to parents, caregivers and children: short-term hourly childcare, playgroups, birthday parties, parenting/caregiver courses, March break camps and summer camps.

Please help the Centre reach their fundraising goal of \$3500 by June 2010 by marking the upcoming dates on your calendar!

Used Children's Clothing Sale

Saturday, February 27, 9am to 1pm at the Blackburn Community Hall.

Vendors, volunteers, and donations for this event would be welcomed. Tables are available for rent for a cost of \$5/table with 25% of the sales going to the CWC. Pre-tagged and priced items can be sold on your behalf with 40% of the sales going back to the CWC. The Centre would

most appreciate donations of gently used items from size newborn to size 12 directly to the Children's Welcome Centre. There will also be a coffee and baked goods table, and hopefully a hotdog BBQ.

Reserve a table by calling Kerry at the Children's Welcome Centre at 613-834-7075. Volunteers are needed to help during the event and the Friday night "sorting and tagging party". For more information email Lisa at lburton_westside@hotmail.com.

Usborne Children's Book Fair and Fundraiser

Friday March 5, 6:30 to 9:30pm at The Children's Welcome Centre.

A local Usborne book representative, Lori Lapp, has graciously agreed to help the Centre with their fundraising efforts by holding a Book Fair. Door prizes, baked goods table, coffee or tea will also be available while you browse Lori's book display.

Usborne Children's Books are an amazing teaching resource for children. Books are available in

French, English, or Spanish. Look online and make a list of the books that you might be interested in purchasing, or pick up a flyer or catalogue at the Centre.

If unable to attend the Book Fair please be aware that books can be ordered in advance and all book sales will be a valuable part of the fundraiser.

All orders must be placed by March 9th. Thank you for your continued support!

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Coming Events

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Alzheimer's Walk for Memories

Ottawa's premier indoor fundraising walk—Manulife Walk for Memories on Sunday, January 31st from 10:30 a.m. – 12:30 p.m. at the new indoor location of Carleton University Fieldhouse.

Join in for fun, exercise, and a great opportunity to support people with Alzheimer's disease and related dementia, as well as their families. Enter a team or try one of our Walking Challenges of 1 km, 3 km, 5 km, 8 km, or 10 km. For more information, call 613-523-4004 or visit www.alzheimer-ottawa-rc.org.

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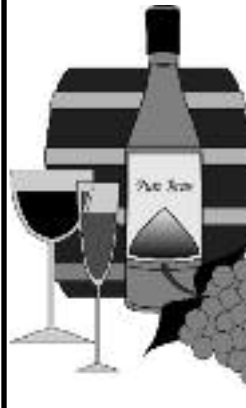
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Blackburn 50 Plus Group

The Blackburn Fifty Plus Group is a loosely organized group working to promote activities for Blackburn Hamlet citizens 50+ years of age. Planning meetings are held the third Wednesday of every month (except July, August and December) at 2 pm at the Community Hall. We encourage anyone who might be interested to join us. The group enjoys the fellowship and events that happen regularly.

POT LUCK DINNER—Sunday, April 11th at the Blackburn Community Hall. Coffee and tea will be provided as usual. Bring one of your favorite dishes to share. Reservations are appreciated. R.S.V.P. to Gladys Kilpatrick 613-824-5096

PUB NIGHT—The Blackburn Hamlet Fifty Plus Group meets on the fourth Sunday of every month at the Barley Mow Pub on Tenth Line Road on the west side of Tenth Line just

south of Innes Road). Time: 6 pm. RSVP PLEASE to Valerie White at 613-837-1083 if you wish to attend or require further information.

The group regularly schedules other events such as day trips and special intresent events. For more information visit the BCA website at www.blackburnhamlet.ca or contact Sarah Cloutier, Coordinator at 613-841-4114. All are welcome and there is no membership fee.

The Art Group

Interested in painting, sketching? The Art Group meets every second Monday afternoon from 1 pm to 4 pm at the Blackburn Community Hall.

An opportunity to draw, sketch or paint in the medium of your choice with fellow artists. Oil painters are requested to use odourless products.

This is a relaxing afternoon for adults who want to improve their artistic skills. There is no instruction, just a fun group who learn from each other and share ideas. The group has been together for over four years and new participants are welcome.

No instruction! Bring your own art supplies! No costs! Bring your own tea supplies!

For more information please call Margarete Froelich at 613-824-6503. Scheduled dates are: February 4, 18; March 4, 25; April 8, 22; May 6, 20.

A paraphrase of artist Bryan Atyeo's advice with respect to painting (and perhaps life): "If you're looking at your paper or canvas and wondering whether you should try 'X' in your painting, the answer is always yes. At the very least you'll learn what doesn't work!"



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Community Contacts

Badminton	Dale Bembenblackburnbc@yahoo.com
Baseball (Little League)	Gerry Ferguson613-745-9303
Blackburn Arena613-824-5197
Blackburn Library613-824-6926
Blackburn Art Group	Margarete Froelich613-824-6503
Blackburn Chorus	Bob Bowes613-744-6807
Blackburn Community Hall613-841-7396
Bookings	Jan Whitehouse613-830-8644
Blackburn Duplicate Bridge	Bill Durning613-824-9593
Blackburn Hamlet Preschool613-824-3251
Blackburn Guides/Brownies	Brenda Sowden613-523-4003
Blackburn Scouting Group	Yola Tannous613-841-3033
Child Care Drop-In	Myrian Pepin613-742-5500
Child Care No School Days613-580-2400
Conseil de Gestion	Lyse Goneau613-837-3941
Fastball (Mens)	Steve Bovey613-824-1435
Fifty Plus Group	Sarah Cloutier613-841-4114
Football	Ray Hartley613-769-0458
Hockey (Girls)	Charles Chamberlain613-745-9927
Hockey (Blackburn Minor)	Wally Montpetit613-227-1122
Hockey (Mens)	Roy Van Koughnett613-824-3921
Jeannettes	Nicole Andrecheck613-824-9972
Les Guides	Viviane Côté-Maxwell613-837-1839
Le Club Optimiste	Dominique Dufour-Jacques613-837-4645
Les Chansonniers	Germain Asselin613-837-3883
Neighbourhood Watch613-236-1222 ext 5054
Quilting Groups	J. Maxwell841-6084
	Joanne Bushel613-824-6524
Ringette Rockers (Ladies)	Jane Ross613-837-1504
Ringette Scrimmage-Mon/Wed	Sue French613-830-0684
St. John Ambulance	Louise Bertrand613-841-5610
St. Joseph Food Bank	Bob & Pauline Giroux, 11-2336 Orient Park
Softball (Ladies)	Leanne Hunter613-830-3808
Tennis	Nabil Oudeh613-590-7922
Volleyball (Women-Competitive)	Marg Walters613-830-8887
Life threatening emergency or crime in progress911
Police emergencies but not life threatening613-230-6211
Crimestoppers613-233-8477
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Blackburn and Area Community Event Calendar

Sponsored by the Anglican Parish of St. Mary the Virgin

Check out
St. Mary's!

Please take some time to
remember those
suffering in Haiti

www.cbc.ca/haitirelieff
and
www.google.com/relief/haitiearthquake/

are portals to a variety of
charities and relief
organizations helping
Haitians to survive, clean up
and rebuild after the
devastating earthquake of
January 12, 2010.

Search your heart and give
as generously as you can.

Parish House (Office)

2672 Innes Road, beside Mac's
613.590.0677
stmarys@rogers.com
www.stmarysblackburn.ca

Member of the
Anglican Diocese of Ottawa
Programs

- Knitting and Craft Club, 7:30 pm, 2nd & 4th Tuesdays
- Drop-in Christian Resources and Discussion

Worship Services

Sunday

Navan Road Church
2750 Navan Rd.
8:30 or 10 am

Sunday January 31

10:30 am to 12:30 pm Alzheimer's Walk for Memories (See page 24)

February (See page 21 for events at the Library)

Wednesdays, 6 pm	Trivia Night, Blackburn Arms (See page 24)
Mon. 8, 1 to 4 pm	The Art Group – Blackburn Community Hall (See page 25)
Tues. 9, 7:30 pm	Knit & Craft Night at St. Mary's Parish House. All welcome
Wed. 10, 9:30 am	Meeting of the Anglican Church Women (Contact Parish House for location – 613.590.0677)
Thurs. 11, 8 pm	Community Hall Expansion Workgroup (See page 4)
Wed. 17, 2:00 pm	Blackburn 50 Plus Group, Planning Meeting (See page 25)
Wed. 17, 7:00 pm	Ash Wednesday - Imposition of Ashes and Holy Eucharist (see below)
Thurs. 18, 7:30 pm	Annual Meeting of the Blackburn Community Association (See page 3)
Mon. 22, 1 to 4 pm	The Art Group – Blackburn Community Hall (See page 25)
Tues. 23, 7:30 pm	Knit & Craft Night at St. Mary's Parish House. All welcome
Friday 21	Last date to return Community Survey (See page 5)
Sat., 27, 9am to 1 pm	Sale of Children's used clothing (See page 23)
Sun. 28, 6:00 pm	Blackburn Hamlet 50 Plus Group Pub Night, (See page 25)

March (See page 21 for events at the Library)

Wednesdays, 6 pm	Trivia Night, Blackburn Arms (See page 24)
Fri. 6, 6:30 to 9:30 pm	Usborne Children's Book Fair and Fundraiser (See page 23)
Mon. 8, 1 to 4 pm	The Art Group – Blackburn Community Hall (See page 25)
Tues. 9, 7:30 pm	Glochester Allotment Gardens Association AGM & registration (See page 19)
Tues. 9, 7:30	Knit & Craft Night at St. Mary's Parish House. All welcome
Thurs. 11, 8 pm	Community Hall Expansion Workgroup (See page 4)
Wed. 17, 2:00 pm	Blackburn 50 Plus Group, Planning Meeting (See page 25)
Mon. 22, 1 to 4 pm	The Art Group – Blackburn Community Hall (See page 25)
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Upcoming

Sunday, April 11 – Blackburn 50 plus group – Pot luck dinner (See p.25)
Saturday, May 1 – ACW Bake and Craft Sale – Details will be in the next BANAR.

Easter at St. Mary the Virgin

Ash Wednesday - Feb 17, 7:00pm - Imposition of Ashes and Holy Eucharist
Maundy Thursday - Apr 1, 7:00pm - Holy Eucharist
Good Friday - Fri, Apr 2, 10:00am - Celebration of the Lord's Passion
Easter Sunday - Apr 4, 08:30am - Holy Eucharist
 10:00am - Holy Baptism and Eucharist.

All are welcome to join us in worship at the church at 2750 Navan Rd.



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