

BAWATR

Blackburn Area News And Reports

Vol. 40 No. 5

June 2007

Hamlet celebrates 40 years

With lots of fun from Friday, June 1st to Sunday, June 3rd



Photo provided by Family Fun Fair

There has been a lot of changes since Blackburn Corners became Blackburn Hamlet in 1967. Change is in the air again at this year's Fun Fair as we celebrate the last 40 years!

Classic Amusements will be providing a midway for the Fun Fair with all kinds of rides starting Friday at 3 pm through to Sunday at 6 pm. See the Fun Fair schedule on page 3 for the complete schedule of times and activities.

Start off your Saturday with the traditional pancake breakfast held at the Community Hall. Starting at 10 am the Fun Fair parade will cruise down

Bearbrook to launch an extraordinary day of activities and festivities. Parade marshals are Eldon (born in Blackburn in 1921) and Lois Kemp (came to Blackburn as his young bride in 1948). There are now five generations of Kemps living in the Blackburn area.

There will be lots to see and do at the Candy Shack, Wall for Memories, silent auction, basketball tournament, dunk tank, character drawings, face painting, book sale and hair and nail stand. Audiences will be delighted at the Community Stage featuring: Circus Delight, Mad Science and Tonya Karkache, Amelie Coderre, Jérémie Merrick from Ottawa Idol. **We know Blackburn has talent and you are invited to register to perform on the Community Stage by emailing Jenn Cloutier at jacc@rogers.com.** At 6 pm the Money Shot Band will be playing followed by more music by DJ Hawley from 8 to 9 pm. At 9 pm the Beer Garden opens with the Money Shot and the Road House bands playing great music until 1 am.

There will be a "bonus day" of fun on Sunday from 10 am to 6 pm with carnival rides, midway games and the Candy Shack for all to enjoy.

Volunteers are valued! Call Jenn Cloutier at 613-841-9848 or e-mail jacc@rogers.com.

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Come enjoy the 2007 Blackburn Fun Fair where we will be celebrating the 40th anniversary of Blackburn Hamlet. Great fun for the whole family with carnival rides, midway games, silent auction, live music entertainment, **FIREWORKS** and much more!

Fun Fair 2007 Schedule

Friday, June 1, 2007

3pm - 10pm Carnival Rides
8pm - 12am Kidz Dance (youth under 15 years old) - Community Hall

Saturday, June 2, 2007

8am - 10am Pancake Breakfast - Community Hall
10am - 11am Fun Fair Parade - Bearbrook Rd.
10am - 11pm Carnival Rides (familyfunfair.ca), Midway Games, Candy Shack

Starting at 11am Activities including:

Silent Auction	Showcase
Basketball Tournament	Dunk Tank
Character Drawings	Face Painting
Book Sale	Hair & Nail stand
Wall for Memories	Blackburn History

Community Stage Line Up:

11:00 a.m. - 12:00 p.m. Circus Delight
12:00 p.m. - 1:00 p.m. Welcome and Cake cutting
1:00 p.m. - 2:00 p.m. Mad Science
2:00 p.m. - 3:00 p.m. Ottawa Idols —
6:00 p.m. - 8:00 p.m. The **Money Shot** band
8:00 p.m. - 9:00 p.m. D.J. Hawley
9:00 p.m. - 1:00 a.m. Beer Garden with the **Road House** and **Money Shot** bands

* Fire Works at Dark *

Sunday, June 3, 2007

10am - 6pm: The Fun continues with Carnival Rides, Midway Games, Candy Shack

Volunteers are always welcome and always needed. If you would like to volunteer to help the event run smoother, please email us at: webmaster@blackburnhamlet.ca

Check www.blackburnhamlet.ca/funfair for updates

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BANAR

DEADLINE/DELIVERY DATES

Aug 15–Sept 7/07 • Oct 24–Nov 9/07

Jan 16–Feb 1/08 • Mar 19–Apr 4/08

May 14–May 30/08 (tentative date)

www.blackburnhamlet.ca

The Banar is posted on the website during the week before delivery.

Blackburn Community Association

Mailing address: P.O. Box 47062, Ottawa K1B 5B0
BCA website: www.blackburnhamlet.ca

2006-2007 BCA DIRECTORS/REPS

President	Roger Smiley	837-4293
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Secretary	Annick Laporte	834-4030
Treasurer	Al Ross	837-1504
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Fun Fair, Chair	Jenn Cloutier	841-9848
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The BANAR is published and distributed by the Blackburn Community Association five times a year to all residents and businesses in Blackburn Hamlet and Chapel Hill South.

Articles (in 3rd person format) can be sent in the body of an e-mail or in Microsoft Word to ev@buddgraphics.com. Illustrations and pictures must be high resolution (300dpi). The editor reserves the right to make changes.

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Ads are to be camera ready or in Photoshop (300 dpi), Illustrator, Quarkxpress, PDF or eps. Additional cost for changes or if the ad needs to be designed or files created. Please call 613-824-9707 or e-mail ev@buddgraphics.com for more information. **Cheques are payable to the BCA and must be mailed or delivered to: 5729 Kemplane Court, Ottawa K1W 1B8 by the deadline date.**

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president's message

Hard to believe spring is halfway done and a new summer around the corner.

Spring Clean-up

The spring clean-up day was a great success and many thanks to all the participants with special thanks to all the volunteers who regularly make this one of the more successful such campaigns across the city.

Garage Sale

The Garage Sale day was also a great success with Mother Nature contributing in a spectacular manner for a change. I trust everyone is happy with the goods moving from household to household and look forward to seeing many of the same items available at next year's event!

Fun Fair

As you will see elsewhere in the Banar, Fun Fair is fast approaching. We need as many participants as possible this year if we want to keep this event going. Please remember we are also looking for volunteers to help both this year and next.

I look forward to seeing everyone there!

Roger Smiley

Your group can earn \$300 by delivering the BANAR

This would involve delivering to approximately 4,000 homes and businesses in the Blackburn and Chapel Hill South area as well as several drops of larger quantities, ie. Loeb's, Arena, Library. Please email evbudd@rogers.com or call 824-9707.

BCA Memberships will be available for purchase at the Fun Fair

Blackburn Hamlet is known across the region for being a friendly, active and progressive community. Please show your support for the Blackburn Community Association by purchasing your \$10 family membership. The membership fee helps pay for the BANAR and many of the other exciting projects. You may purchase your BCA membership at the Fun Fair or by mailing in this form.

Please call me with more information on helping to co-ordinate the membership drive.

I would be available to help canvas my street.

I would like to support the BCA by buying a membership. Included is a \$10 cheque made out to "BCA".

Mail to: Blackburn Community Association, P.O. Box 47062, Ottawa, ON, K1B 5B0.

Name: _____

Address: _____

Phone number: _____

It was a Clean Sweep!

By Barb Sweazey

It was our biggest year yet! More than 260 people joined in the 7th annual Blackburn Hamlet Spring Clean-up, held on Saturday, April 21st. Each year, this event grows and the impact on our community grows with it. More and more, we see people picking up litter throughout the year, a great way to help the community stay cleaner all year long.

A big thank you goes out to each person and family that took the time out of busy schedules to pitch into this community effort. Many thanks also to all those who helped out in other ways such as transporting waste back to the Community Hall, organizing the BBQ, flipping the burgers, and providing City of Ottawa door prizes. Thanks to the BCA for their generous support of this community event.

We look forward to seeing you again next year!

Pictured top right are the Blackburn Guides, pictured right are the Scouts and below are some of the volunteers who came out to help. To see more photos go to the Blackburn website at www.blackburnhamlet.ca. The photos were taken by Helen Rousseau.



"Give Away Day" — June 23rd

The City of Ottawa's "Give Away Day" will be held on Saturday, June 23rd with a rain date of Sunday, June 24th. Residents are asked to place items they would like to give away at the curb after 9 a.m. and retrieve the items if they have not been collected by 4 p.m. that same day.

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Volunteering always a Win-Win Proposition

by Rainer Bloess

The volunteer spirit is still alive and well in Blackburn Hamlet! Local volunteers turned out by the dozen this year to support the **City of Ottawa's 2007 Spring Cleaning the Capital** campaign. The fourteenth edition of this increasingly popular campaign saw well over 50,000 participants across the City donate a few hours of their time from April 15 through May 15 to clean up public property and help keep Ottawa clean, green and litter-free. In this era of heightened environmental awareness, it is encouraging to see families, schools, businesses, neighbourhood organizations and associations all take up the Spring Cleaning challenge and it is especially heartening to see more and more of our young people taking part. *Thanks to Barb Sweazey and her enthusiastic team!*

Kudos and thanks as well to the dedicated organizers of the upcoming **Annual Blackburn Fun Fair**. Well over fifty sponsors have contributed to make this anniversary edition of the fair a truly special one. This popular event is not only a local tradition but also a major fundraiser for local community groups. In supporting the Fun Fair local residents help to ensure the survival of many of the organizations and activities that enrich and enliven our community. Be sure to join your neighbours and friends at this important Hamlet event on June 2.

Volunteers were front and centre as well on May 7 when it was my pleasure to attend the **City of Ottawa's Sixth Civic Appreciation Awards night**. This annual event officially recognizes those who have made a real difference in their communities by generously donating

I am proud to report that our own Innes ward counted Leonora Crowe, Gord Gray and John Carrière among the seventeen outstanding individuals honoured this year.

their time and talents to local organizations and causes. I am proud to report that our own Innes ward counted Leonora Crowe, Gord Gray and John Carrière among the seventeen outstanding individuals honoured this year.

While these individuals have all made exceptional contributions to our community, there are thousands more who selflessly give of themselves to a wide variety of local causes who merit our thanks as well. Not surprisingly, the most dedicated volunteers, many of whom serve the community in a number of ways, unfailingly insist that the satisfaction and emotional rewards they reap in serving their neighbours and friends make their efforts and personal sacrifices more than worthwhile. I encourage those of you who have not yet tried volunteering to seriously consider donating a little of your time to our community in an area of particular interest to you. The possibilities are endless and the benefits are many. Your involvement, to any degree, will contribute significantly to the preservation of the quality of life and diversity of opportunity in our great City.

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Joseph's Storehouse Food Bank celebrates anniversary

by Evelyn Budd

Bob and Pauline Giroux are thankful to the many people, churches and businesses in Blackburn who have embraced the Joseph's Storehouse Food Bank since it opened in Blackburn in March 2005. The Giroux couple with several volunteers operate out of 11-2336 Orient Park Drive. They open the doors to donors on Tuesday and Thursday from 10 am to noon so they will be ready for the approximately 275 people per month, mostly single Moms, who depend on them for help. Besides providing nutritious food including juice boxes and snacks for school lunches, the food bank gave away 127 hampers with turkeys and a twenty dollar voucher for produce as



well as a new gift for 225 children last Christmas. They were also able to provide the necessary ten dollars for snowsuits at the Snowsuit Foundation. One very caring neighbour baked gingerbread cookies for the children. Others were generous with gifts, food

and much needed money donations.

Bob and Pauline want to thank the community for embracing the need to fight hunger and feed hope.

Favourites at the food bank? Pauline says that peanut butter, beans and canned fruit are always appreciated.

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Fifth Annual Run/Walk for the Cure in Blackburn

The fifth annual 5k Run/Walk for the Cure for Breast Cancer will be held on Sunday, September 30th starting from our Blackburn Community Center. It's a pleasant trip through our beautiful parks. September is a summer away, but we are starting to plan our fifth event—so please mark your calendar now.

We all know someone close to us who has been touched by breast cancer. The money we raise will help

prevent, treat and support those fighting this disease. Twenty years ago only 25% of those diagnosed would survive five years. Two decades later, 75% will survive five years, a powerful testament to what fundraising can help make happen.

In the past four years we have raised in excess of \$45,000. Last year we welcomed Freedom 55 Financial as a corporate sponsor and the Freedom

55 team's participation resulted in \$12,000! We also welcome and appreciate the great support of our community businesses with their donations of service, gifts and money.

Please join the Run/Walk on September 30th. For more info call Lynn Sewell at 613.837.4792 or email lynnstravel@rogers.com

See you in the Fun Fair parade and on September 30.

Relay for Life on June 15

This year, Relay for Life, a 12-hour overnight walk which helps raise funds for the Canadian Cancer Society, will be hosting its fourth annual walk at the Millenium Park in Orléans on June 15. Deborah Kressler says this year, they are hoping to have more than 120 teams—consisting of eight to 12 participants of any age—sign up for the event. The goal for Orléans is to raise more than \$300,000.

One of the ways they plan on increasing donations, says committee co-chair Anne-Marie Bourgeois, is by selling luminaries. Whether or not you participate in the event, she explains members of the public are invited to buy these candles, which are always very symbolic.

If you would like to register online for the event or to get more information, visit the website at www.cancer.ca.



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Thank-you Blackburn Hamlet!

From the people of St. Mary the Virgin Anglican Church

In the last Banar we announced that the Anglican Parish of St. Mary the Virgin had struck a partnership with THINKGREEN to recycle ink cartridges and telephones. The community responded to that news by bringing more than 100 used ink cartridges as well as a multitude of phones to our Parish House. The ink cartridges are bulky and not easily recycled elsewhere. This means that not only have these items been diverted from landfill sites but that trees will be planted as a direct result of the actions of members of this community.

We also want to report that 100 computer towers, 120 monitors and a

multitude of boxes of peripherals from Blackburn Hamlet and the greater Ottawa area have been diverted through the World Computer Exchange program.

More thanks are deserved for the support of the bake sale hosted by the local Anglican Church Women on May 5th as part of the Blackburn Community Garage Sale. The funds raised will go towards supporting programs in the Hamlet as well as the transportation cost for the bales of collected new items that we send to isolated communities in the North. These articles are not given away free. They are sold at a very reasonable price and the money raised goes towards the upkeep of the parishes scattered across a wide area. It is hard

to describe or imagine the excitement and appreciation that fills a community at the arrival of a bale from the Anglicans in the South!

Margaret Mead once wrote to "Never doubt that a small group of thoughtful committed citizens can change the world, indeed it's the only thing that ever has". She could have been writing about Blackburn Hamlet. You show us time and again that there is nothing small about your commitment to the world in which you live.

We are proud that the community we have been a part of for the last 130 years continues to be so caring and giving. Congratulations!



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Blackburn Stingers Pee Wee A+ win GHA Championship in double overtime

Once again the Pee Wee A Stingers have repeated their winning ways, and their habit of making it dramatic and heart-stopping for their fans on the way to victory.

In front of a crowd of hundreds of family, friends, and fellow Stingers at the Armstrong arena, the Pee Wee A+ team claimed a 2-1 victory, including two dramatic overtime periods against a fast and hard-working Leitrim Hawks team.

The Stingers started off the scoring with a first period "go to the net" goal by Mathieu Way. The Hawks tied it up in the second period with a quick screened shot from the

high slot. From then on it continued with exciting end to end hockey with both teams determined to resolve the match in their favour. A particularly dramatic moment was a breakaway for a Leitrim player, which had the Stingers fans on the edge of their seats. Fortunately, the Stingers goalie, Ryan Corkery, made a last second poke check to steal the puck away, and kept his team in the game. Then, more end-to-end hockey leading up to the game winning goal in the second overtime period; a timely pass by Ryan VanBruinessen from behind the Leitrim net, driven home by Brady Irvine, thanks to his habit of going to the net to be ready. At that moment, the crowd erupted, and seconds later there was a "dog pile" of Stingers at center ice on their goalie, surrounded by 15 sets of gloves and sticks scattered on the ice.

In the victory, the Stingers showed great maturity, smart decision making and patience with the puck to set up scoring opportunities. A solid Stinger defence core made

Continued on page 15



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Blackburn Stingers (continued from page 14)

it difficult for the Hawks to get to the Stingers net. The maturity of all four defencemen showed through with their consistent angling of attackers, well-placed passes on break out and heads up work in the offensive zone, including NHL-like D to D passing. The Stinger forwards showed their commitment to the team concept with hard forechecking, moving the puck to their team mates who had a better scoring opportunity, and skating hard to help with backchecking. The forwards, as usual, put on a great show of passing in the offensive zone leading to many scoring opportunities. Congratulations to the Stingers for an exceptional play-off series played as a true team, and thanks to the fans for your support through the season.



The winning team: Ryan Corkery, Alex Martel, Alex Roussel, Braden Duvall, Sophie Curtis, Jeffrey Graham, Tristan Sabourin, Ryan Stewart, Randy Rheau-Ducharme, Ryan Vanbruinessen, Kurtis O'Brien,

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7/23-27	Art Adventure
7/30-8/03	African Safari
8/07-10	Mighty Machines
8/13-17	Once Upon a Time...
8/20-24	Journey to Space
8/27-31	Fun on the Farm

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Summer is a great time for young children to grow—testing their social, mental and physical limits each and every day. Summer camps for preschoolers can provide a wonderful way for your child to blossom in many different ways. This summer, perhaps your child will be ready to attend such a camp, but before you register, consider the following questions and factor them into your decision:

- Is the day camp accredited by the Canadian Camping Association? Are there certain standards that must be upheld by the camp to ensure a fun, safe environment for your child?
- What training does the staff receive prior to the start of camp? It is essential to choose a place where all staff are certified in CPR and first aid training.

- Is the price all-inclusive or will there be a charge for food, transportation, field trips, etc? Does the day camp offer before and/or after care if you work?

- Are campers with one counselor or group all day or are they free to move from activity to activity at will?

These questions and others can be asked through a simple call placed to the organization sponsoring the camp. Plan a visit to the camp site or office to meet with staff in order to gain a greater appreciation for the camp being offered, including group size and staff/child ratios. With a little bit of careful planning, your child's first summer camp encounter will no doubt be one of many subsequent successful experiences.



The Blackburn Hamlet Preschool offers a wide selection of summer camps with weekly themes geared specifically toward preschoolers. This year's themes cover everything from dinosaurs through to rain forests. Call the Preschool at 613-824-3251 to inquire about registration dates for these camps.



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Stress Reducers for the Summer

1. Get up fifteen minutes earlier in the morning. The inevitable morning mishaps will be less stressful.
2. Prepare for the morning the evening before. Set the breakfast table. Make lunches. Put out the clothes you plan to wear, etc.
3. Don't rely on your memory. Write down appointment times, when to pick up the laundry, when library books are due, etc. ("The palest ink is better than the most retentive memory." - Old Chinese Proverb)
4. Do nothing you have to lie about later.
5. Make copies of all keys. Bury a house key in a secret spot in the garden. Carry a duplicate car key in your wallet, apart from your key ring.
6. Practice preventive maintenance. Your car, appliances, home and relationships will be less likely to break down "at the worst possible moment."
7. Be prepared to wait. A paperback book can make a wait in a post office line almost pleasant
8. Procrastination is stressful. Whatever you want to do tomorrow, do today; whatever you want to do today, do it now.
9. Plan ahead. Don't let the gas tank get below one quarter full, keep a well-stocked "emergency shelf" of home staples, don't wait until you're down to your last bus token or postage stamp to buy more, etc.
10. Don't put up with something that doesn't work right. If your alarm clock, wallet, shoe laces, windshield wipers-whatever-are a constant aggravation, get them fixed or get new ones.
11. Allow 15 minutes of extra time to get to appointments. Plan to arrive at an airport one hour before domestic departures.
12. Eliminate (or restrict) the amount of caffeine in your diet.
13. Always set up contingency plans, "just in case." ("If for some reason either of us is delayed, here's what we'll do..." Or, "If we get split up in the shopping center, here's where we'll meet.")
14. Relax your standards. The world will not end if the grass doesn't get mowed this weekend.
15. Pollyanna-Power! For every one thing that goes wrong, there are probably 10 or 50 or 100 blessings. Count 'em!
16. Ask questions. Taking a few moments to repeat back the directions that someone expects of you, etc., can save hours. (The old "the hurrier I go, the behinder I get" idea.)
17. Say "No!" Saying no to extra projects, social activities and invitations you know you don't have the time or energy for takes practice, self-respect and a belief that everyone, everyday, needs quiet time to relax and to be alone.
18. Unplug your phone. Want to take a long bath, meditate, sleep or read without interruption? Drum up the courage to temporarily disconnect. (The possibility of there being a terrible emergency in the next hour or so is almost nil.)
19. Turn "needs" into preferences. Our basic physical needs translate into food, water, and keeping warm. Everything else is a preference. Don't get attached to preferences.
20. Simplify, simplify, simplify.
21. Make friends with non-worriers. Chronic worrywarts are contagious.
22. Take many stretch breaks when you sit a lot.
23. If you can't find quiet at home, wear earplugs.
24. Get enough sleep. Set your alarm for bedtime.
25. Organize! A place for everything and everything in its place. Losing things is stressful.
26. Monitor your body for stress signs. If your stomach muscles are knotted and your breathing is shallow, relax your muscles and take some deep, slow breaths.
27. Write your thoughts and feelings down on paper. It can help you clarify and give you a renewed perspective.
28. Do this yoga exercise when you need to relax: Inhale through your nose to the count of eight. Pucker your lips and exhale slowly to the count of 16. Concentrate on the long sighing sound and feel the tension dissolve. Repeat 10 times.
29. Visualize success before any experience you fear. Take time to go over every part of the event in your mind. Imagine how great you will look, and how well you will present yourself.
30. If the stress of deadlines gets in the way of doing a job, use diversion. Take your mind off the task and you will focus better when you're on task.
31. Talk out your problems with a friend. It helps to relieve confusion.
32. Avoid people and places that don't fit your personal needs and desires. If you hate politics, don't spend time with politically excited people.
33. Learn to live one day at a time.
34. Everyday, do something you really enjoy.
35. Add an ounce of love to everything you do.
36. Take a bath or shower to relieve tension.
37. Do a favor for someone every day.
38. Focus on understanding rather than on being understood, on loving rather than on being loved.
39. Looking good makes you feel better.
40. Take more time between tasks to relax. Schedule a realistic day.
41. Be flexible. Some things are not worth perfection.
42. Stop negative self-talk: "I'm too fat, too old, etc..."
43. Change pace on weekends. If your week was slow, be active. If you felt nothing was accomplished during the week, do a weekend project.
44. "Worry about the pennies, and the dollars will take care of themselves." Pay attention to the details in front of you.
45. Do one thing at a time. When you are working on one thing, don't think about everything else you have to do.
46. Allow time every day for privacy, quiet and thinking.
47. Do unpleasant tasks early and enjoy the rest of the day.
48. Delegate responsibility to capable people.
49. Take lunch breaks. Get away from your work in body and in mind.
50. Count to 1,000, not 10, before you say something that could make matters worse.
51. Forgive people and events. Accept that we live in an imperfect world.
52. Have an optimistic view of the world. Most people do the best they can.

Have a wonderful summer!

When do I divide my hostas?

by Don Budd, Budd Gardens Perennials

This is a question that is often asked of me and which there is much misinformation published in various magazine articles.

You divide hostas to get more plants but not because your hosta is too large.

Hostas come in various sizes from dwarf to giant and each is genetically programmed to achieve its maximum size given ideal growing conditions. Hostas love water and a good supply of fertilizer in the form of compost. If you feel your hosta is too large for the space it takes up, you have not allowed enough room for it to grow. Moving the hosta or plants around it will solve the problem. Hostas take five to eight years to mature. A mature leaf will show its full size, colour and corrugation,

and the entire clump will also show maturity in its arching, vase-shaped or spreading nature. When you divide a hosta you lose the leaf and clump maturity and must wait another five to eight years.



If your clump is large enough, carefully removing one or two divisions is possible without disturbing the maturity of the hosta.

A mature hosta garden with many different hostas of colour, size and shape is a beautiful sight. It's okay if hosta leaves are pushing up against the plants beside them; this creates a lovely lush look to your garden.

Do hostas ever need dividing?

My hosta garden of over 400 varieties is nine years old and I haven't seen one that needs it yet.

Celebrating 20 years

The **Blackburn Hamlet Chiropractic Office** is pleased to announce **20 years** of providing chiropractic care to residents of Blackburn Hamlet and the surrounding communities. Many thanks to staff and massage therapists who have contributed to the success of Blackburn Hamlet's own chiropractic office.

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The Blackburn Community Club Badge

The following story and drawing is from the BANAR, Edition # 7, March 1968. It was submitted by the designer of the badge, Alan B. Beddoe.

The meaning of the devices in this design is as follows:

The black wavy diagonal stripe edged with white is a symbol for a stream of running water, the word "Burn" being an Old Country term for a brook or stream. Naturally, this "Burn" is black in colour, for Blackburn.

The hornets or wasps (bees) as well as the black wavy stripe are derived from the Arms of Blackburn, Lancashire, England.



The Bees are an emblem of skill, perseverance and industriousness and may, in our badge, be regarded as an indication of the ambition of the members of the

Blackburn community Club to express these qualities not only as participants in sports but as spectator-supporters.

The name "Hornets" seems appropriate for the senior team, while the junior or midget group might be called the Blackburn Wasps—a smaller but equally effective counterpart of the bigger "Hornets".

Colours: red, white and black

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www.jansworkout.ca

Interesting excerpts from early BANARS

Check out the history display at the Fun Fair inside the arena and the "Wall for Memories" for all Blackburnites (past and present) to "sign in". Bring your stories and copies of your pictures and post them on the Wall.

There will be a display of a collection of BANARs published over the last forty years at the Fun Fair. We are missing just a few. Here are a some excerpts from the Blackburn Community Club Newsletter and BANARS from 1967 to 1968:

September 1967: "It is my pleasure at this time to address each and every one of you and to welcome the new residents of the community." Joe McGovern, President, Blackburn Community Club (BCC)

October 1967: "Now is a good time to become a member of the Blackburn Community Club as there will be many planned events for children, teens and adults over the winter months. Membership tickets are only \$3 per family and may be obtained from our Membership Convenor, Rod Neufeld..."

November 1967: "Our Budget this year allows \$2143 for Sports events; \$640 for Capital Purchases; \$3025 for Building. We have over 50% of the money, so let's get out and support this Raffle." "The Publicity Committee—Lois Kemp, Clare O'Connor, Janice Tanguay and Terry Dooner, has accepted Terry's idea of naming the Newsletter 'BANAR' Blackburn Area News And Reports." Editors note: Terry Dooner was a 17 year old student at the time.

December 1967: "The Blackburn Community Club is having a Christmas

Party for Club members and their friends. There will be door prizes, spot dances, light refreshments as well as round and square dancing to the music of the "Blue Rhythm Boys".

February 1968: "Since we canvassed Blackburn Hamlet for membership in our Association the population has increased by over 200. This means 45 new families. Costain Estates advises that another 20 families will be moving in by the end of March. Terrific! By the looks of sales since November 1966 (200 houses sold) things are really happening."

March 1968: "The Blackburn Community Club is interested in the action the township is taking to provide recreation facilities."... "We further recommend that all public facilities be located on the basis of current and projected population density." Michael Budd, President, BCC

September 1968: "The functions of the Blackburn Community Association are: 1) To sponsor sports in the community; 2) Community activities; 3) Civic affairs and local improvements; 4) Scouting and Guiding.

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March 1968: Blackburn Community



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Michelle La Pierre B.A., LL.B.

iSisters Annual Hike and Picnic in the Park

Feel free to doddle, walk, hike and go at your own pace. The course is about 5 km. You will have a great time and be supporting a very worthwhile charitable organization—the iSisters.

The Annual Hike and Picnic in the Park will be held on Saturday, June 9 at the Relais Plein Air chalet in Hull, a five minute drive from downtown Ottawa. Directions are on the website or available by calling 819-595-9001.

Cost is \$10 for adults, \$5 for children and includes breakfast, drinks, lunch and all activities!

Schedule for the hike:

10:30 Registration and breakfast

11:00 Hike in Gatineau Park

12:00–1:30 Lunch, games for kids, silent auction

Event sponsors include Scotiabank (Gold Sponsor), Suncor Energy Foundation (Community Sponsor), Rideau Carleton Raceway (Breakfast sponsor) and The Table Vegetarian Restaurant (Lunch sponsor).

For more information on iSisters or the Hike and Picnic visit the iSisters website at www.isisters.org.

About iSisters

iSisters Technology Mentoring Inc. is a Canadian charitable organization that was founded in 2001 by a group of teachers who wanted to contribute to the community. They are passionate about education, technology and community.

iSisters connects women in need with technology through mentoring.

The programs are designed to provide learning opportunities for those who would be unable to access or afford them. They reach their target audience through strategic community-based partnerships. All of their programs are designed and delivered collaboratively with the community partner who serves the target group.

iSisters have created five unique learning programs and built three learning centres since 2001. They have worked with pregnant teenage girls at St. Mary's Home, Big Sisters and Little Sisters through Big Brother Big Sisters Ottawa, Inuit women with Tungasuvvingat Intuit, young mothers with Youville Centre and new Canadian women in collaboration with Immigrant Women services Ottawa.

Learners in their programs typically have little or no experience using technology. Most of the learners have not completed high school and are often intimidated at being in an academic classroom setting. They work with the partner to recruit, maintain and graduate learners from the programs. Their participation completion rate is over 95%.

www.isisters.org

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Looking for work? Need help?

Looking for work can be a very daunting task. How do I write the perfect resume? What style should I use? What are the skills employers look for? What is the hidden job market? How do I prepare for job interviews? Work Place Ottawa can assist you with all of these questions.

The skills used to gain employment are in constant change and it is necessary to update and refresh this knowledge. Whether you have been downsized after 15 years of employment or it is your first time looking for full-time work, learn how to market yourself effectively. Perhaps you are seeking an entry level position or you are looking for a career-focused opportunity, understand the importance of targeting your resume and matching your abilities to meet the needs of the employer. Work Place Ottawa can guide you through the process.

Work Place Ottawa, funded through Employment Ontario, focuses on teaching both traditional and electronic approaches to job searching. They offer 14 unique workshops presented on a rotating basis so you can select sessions according to your needs and your schedule. Best of all, its FREE!

Located close-by in the heart of Orléans at 3013 St. Joseph Blvd, Work Place Ottawa delivers informative, interactive workshops in both a classroom and computer-lab setting. The workshops cover all aspects of preparing for, searching out and gaining meaningful employment.

Topics include; resume writing, interview techniques, networking, labour market information, applying for government jobs, online employment research and many others.

Work Place Ottawa believes that "what you don't know about job searching may be what is keeping you from being employed." Talk

with the knowledgeable, experienced facilitators and gain the knowledge required to be competitive in the job search market.

For more information on services available call 613-590-1142 or go directly to the website at www.workplaceottawa.com.




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TD Summer Reading Club 2007 Launch – Lost Worlds / Lancement du Club de lecture d'été TD 2007 – Civilisations disparues

Sign up for the Club and see the Mad Science Show. Bilingual. Thursday, June 28, 2 p.m. (1 hr.)*
Inscivez-vous au Club et venez voir Sciences en folie. Bilingue. Jeudi 28 juin, 14 h (1 h)*

Storytime (Ages 3–6 years)

Tuesdays, July 3-17, August 7-21, 10:30 a.m. (30 min.)

Aztec Crafts (Ages 6–12)

Decorate a two-headed serpent and make an Aztec maraca. Thursday, July 5, 2 p.m. (1 hr.)*

Mysteries of Egypt (Ages 8–12)

Explore Ancient Egypt with Canadian Museum of Civilization staff. Wednesday, July 11, 2 p.m. (1.5 hr.)*

Babytime (0-18 months)

For babies and parent or caregiver with stories, rhymes, songs and games. Thursday, July 12, 10:30 a.m. (30 min.)*

Felicity Falls (ages 4 and up)

Rag and Bone Puppet Theatre presents a puppet show. Wednesday, July 18, 1:30 p.m. (45 min.)*

Toddler time (Ages 18-35 months)

For toddlers and parent or caregiver with stories, rhymes, songs and games. Thursday, July 19, 10:30 a.m. (30 min.)*

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Blackburn Library (Continued from page 24)

St. John Ambulance Babysitting Course (Ages 11-14)
Basics of childcare, first aid and CPR. Bring lunch and doll or teddy bear. Cost: \$44. To register call Ginette at 613-722-2202 x204. Wednesday, July 25, 10:30 a.m. (6.5hr.)*

Sous le soleil des Incas (Ages 5-12 / 5-12 ans)
Interactive storytelling presentation. Fun-filled adventure in Peru. Thursday, August 9, 2 p.m. (45 min.)*
Présentation interactive d'un conte. Aventure rocambolesque au Pérou. Jeudi 9 août, 14 h (45 min.)*

Medieval Combat/Combat médiéval (Ages 6 and up/6 ans et plus)

Les Maîtres d'Armes present a martial art used by knights and men of armor of the 14th century.
Bilingual. Saturday, August 11, 10:30 a.m. (45 min.)*
Les Maîtres d'Armes présentent une technique d'arts martiaux utilisée par les chevaliers au 14^e siècle.
Bilingue. Samedi 11 août, 10 h 30 (45 min.)*

Pirate Treasure Craft (Ages 6-12)
Create a treasure chest and pirate treasure. .
Wednesday, August 15, 2 p.m. (1 hr.)*

Music Together (age 4 and their parents or caregivers)
A music demo for children up to age 4 with parents or caregivers. Thursday, August 16, 10:15 a.m. (45 min.)*

**Registration begins June 20.*

**L'inscription commence le 20 juin.*




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Community Contacts

Blackburn Arena	824-5197
Blackburn Library	824-6926
Blackburn Art Group	Joseph Fletcher 834 4772
Blackburn Chorus	Bob Bowes 744-6807
Blackburn Community Hall	841-7396
Bookings	Jan Whitehouse 830-8644
Blackburn Duplicate Bridge	Bill Durning 824-9593
Blackburn Hamlet Preschool	824-3251
Blackburn Guides/Brownies	Brenda Sowden 523-4003
Blackburn Scouting Group	Fiona Daigle 834-7119
Child Care Drop-In	Myrian Pepin 742-5500
Child Care No School Days	580-2400
Childrens Welcome Centre	
Conseil de Gestion	Lyse Goneau 837-3941
Fifty Plus Group	Sarah Cloutier 841-4114
Jeannettes	Nicole Andrecheck 824-9972
Les Guides	Viviane Côté-Maxwell 837-1839
Le Club Optimiste	Dominique Dufour-Jacques 837-4645
Les Chansonniers	Germain Asselin 837-3883
Neighbourhood Watch	236-1222 ext 5054
Quilting Groups	J. Maxwell 841-6084
	Joanne Bushel 824-6524
	Louise Bertrand 841-5610
St. John Ambulance	
SPORTS	
Badminton	Dale Bembem 734-7291
Fastball (Mens)	Steve Bovey 824-1435
Football	Ray Hartley 769-0458
Hockey (Girls)	Charles Chamberlain 745-9927
Hockey (Mens)	Roy Van Koughnett 824-3921
Junior Badminton	Anne Switzer 837-4756
Little League Baseball	Gerry Ferguson 745-9303
Ringette (Ladies)	Jane Ross 837-1504
Softball (Ladies)	Candis Emery 834-2983
Tennis	Nabil Oudeh 590-7922
Ottawa Councillor	Rainer Bloess 580-2472
Provincial MPP	Phil McNeely 834-8679
Federal MP	Royal Galipeau 590-0999

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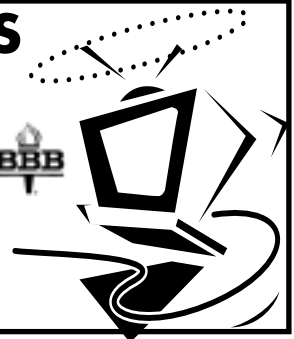
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Blackburn and Area Community Event Calendar

Sponsored by the Anglican Parish of St. Mary the Virgin

Check Out St. Mary's

Visit us at the Book Table at the
Blackburn Fun Fair!

Parish House Drop-In

2627B Innes Road (beside Mac's)
Monday - Thursday 9:30 am - noon

Contact

613.590.0677
info@stmarysblackburn.ca
www.stmarysblackburn.ca

Programs

- Computer, Cell Phone and Ink Cartridge Recycling
- Fair Trade Coffee, Tea and Chocolate
- Heavenly Honey
- Knitting and Craft Club
- Drop-in Christian Resources and Discussion

Worship Services

Sunday

8 am (spoken) Navan Road Church
2750 Navan Rd.
10 am (sung) Louis Riel High School
1655 Bearbrook Rd.

Mid-Week (1st and 2nd Tuesday of the Month)

1st Tues. at 2pm.....Blackburn Lodge
2412 Cleroux Cresc.
2nd Tues. at 2pm.....Bearbrook Court
2645 Innes Rd.

Summer Events

- June 1-3 Blackburn Fun Fair
 June 9 iSisters annual Hike and Picnic in the Park, pg 22
 June 12 Healthy Living Workshop at St. Mary's Parish House; 7:30-9
 June 15 Relay for Life, pg 11
 June 21 Blackburn Community Association meeting, Library; 7:30
 June 23 "Give Away Day", pg 5
 June 26 Knitting Night at St. Mary the Virgin Parish House; 7:30-9
 June 28 Children's Reading Club, pg 24
 July 3-17 Storytime, pg 24
 July 5 Aztec Crafts, pg 24
 July 10 Knitting Night at St. Mary the Virgin Parish House; 7:30-9
 July 11 Mysteries of Egypt, pg 24
 July 11 Felicity Falls Puppet Show, pg 24
 July 12 Library Babytime, pg 24
 July 19 Library Toddlertime, pg 24
 July 24 Knitting Night at St. Mary the Virgin Parish House; 7:30-9
 July 25 St. John ambulance Babysitting Course, pg 25
 Aug 7-21 Library Storytime, pg 24
 9 août Sous le soleil des Incas, pg 25
 Aug 11 août Medieval Combat/Combat médiéval, pg 25
 Aug 15 Pirate Treasure Craft, pg 25
 Aug 15 BANAR deadline for articles/ads, pgs 3 and 4
 Aug 16 Music Together, pg 25

Upcoming Fall Events

- Sept 7-9 Delivery of BANAR, also available at Blackburn Library, Arena and LOEBs
 Sept 20 Blackburn Community Association meeting, Blackburn Library; 7:30
 Sept 30 Fifth Annual Run/Walk for the Cure, pg 11
 Sept (TBD) St. Mary's Open House
 Oct 24 BANAR deadline for articles/ads, Delivery Nov 9, pgs 3 and 4

Blackburn Hamlet's #1 Real Estate Team!



Chris & Anita Hoare

FREE MARKET EVALUATION

Call Chris & Anita to discuss the real estate market & find out what the real value of your home is. Chris & Anita are always happy to meet with you. There is no obligation, and your discussions are always confidential.

Call 613-794-3415

If you are going to hire a Realtor, shouldn't it be Blackburn Hamlet's #1 Team?

More homes sold...period.

JUST LISTED



BLACKBURN: Backing on Park!

Tons of renovations and upgrades including refinished hardwood, newer roof, windows, furnace, kitchen, bathroom & interlock. Large fenced backyard, oversized bedrooms, gas fireplace, all freshly painted. Just move in.

JUST LISTED



BLACKBURN: Large 4 bed model.

This home has it all including a double garage, full ensuite, main floor fam, large rooms, hardwood, main floor laundry and a huge finished basement. Lots of upgrades and a large private yard round out this home.



BLACKBURN: 4 Bed—renovated.

The list of renovations to this amazing house is way too long so we'll just list what isn't done yet: hmmm original foundation and original address. Pretty much everything else is renovated.

JUST LISTED



BLACKBURN: 4 Bd, walk-out bsmt

Priced to sell, this 3 bedroom garden home is in good shape. Older renovated kitchen, good carpeting, finished basement, 4 bathrooms, private yard, appliances included. Great value for first-time investors.



ORLEANS: \$259,900 for a single?

OK, OK...How much would you expect to save if you agreed to live in a home backing on the Queensway? How about \$20,000! This is a nice 4 bed, finished bsmt home with "no back neighbours". Seeing is believing ... really.



SANDY HILL: Ultra-cool downtown

The kids are out and now it is your time, move into this stunning and elegant townhouse. Huge rooms, hardwood, marble, crown molding. Gourmet kitchen with Jennair & double wall oven. 2 fireplaces, 4 pc ensuite.

ROYAL LEPAGE

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