

BANAR

Blackburn Area News And Reports

Vol. 40 No. 4

April 2007

Spring Cleaning Time Again!

Saturday, April 21 at 9:30 a.m.

by Barb Sweazey

It is that time of year again — spring clean-up! Every year this community event gets a little bit bigger, thanks to the participation of so many Blackburn Hamlet residents.



One of the best kept secrets in Blackburn: Conrad Laplante is not only a dedicated volunteer each year at the Blackburn Spring Clean-up but continues to pick-up throughout the year. Photo by Helen Rousseau.

Join us on **Saturday, April 21** at 9:30 a.m. in front of the Blackburn Community Centre, 200 Glenpark Drive. Following the clean up, enjoy a complimentary BBQ (and group photo!) for all volunteers at 11:30 a.m. Please note, the **rain date is Saturday, April 28** at 9:30 am. This year residents of Chapel Hill South are invited as well.

The City of Ottawa provides our clean-up supplies such as garbage bags, vinyl gloves, and leaf and yard waste bags. All we need is YOU! Bring along your family, friends and neighbours in our effort to clean up public property in the Hamlet and Chapel Hill South.

If you care to, you can also bring along your own more sturdy gloves for the clean-up, and a coffee mug to enjoy a warm beverage at the BBQ.

For more information, Blackburn Hamlet residents can call Barb Sweazey 613-845-0861 and Chapel Hill South residents can call David Cameron 613-830-4455. Let's get our community looking good (... especially in time for the annual community Garage Sale!).

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president's message

With winter now behind us (hopefully) a few acknowledgements are necessary. First and foremost, a hearty thanks to Paul Van Bruinessen and his team of volunteers and rink monitors for a job well done. There were some days early in the winter where there was some doubt we would ever be able to skate outdoors but — in the end — we had a long freeze and a great season.

Also thanks to the volunteers who helped with the third edition of the Winter Fun Day held in mid-February. We are hoping to expand the activities on this day for next year as we have now addressed some contingency planning in the event of bad weather (thanks to the Dome), which had been a concern to date.

We have several upcoming events as outlined elsewhere in the BANAR. This year, with a view to widening our participation area, we are including Chapel Hill South in the notices for the Spring Clean-up on April 21st and the community garage sale on May 5th. Please note that the City advises us that our Clean-up day is one of the more successful events of its kind. Let's keep it up!

We are also far along in our plans for this year's edition of the Fun Fair in early June. It promises to be a very busy event with a multitude of attractions. We are still in need of many volunteers for this event and anybody who is able to help is encouraged to call Jennifer Cloutier.

On this note:

One of the main attractions of the area in which we live is the type of community it is. Ours is changing as a new generation is gradually replacing

the original residents. The character of a community is based on the participation of the people who live in it. If we choose to be a "bedroom community" where our lives are in Ottawa and all that we do is sleep here, any sense of a real community will disappear.

The summer Fun Fair is our big opportunity for all to participate and renew this sense of belonging to something worthwhile. Unfortunately, last year's edition was only made possible by the heroics of a few and the support of our City Councillor and MPP's offices. This year's Fair will be largely an imported edition with less actual participation by our local groups. It is again being driven by a very small group of volunteers led by Jennifer Cloutier.

With the generous support of Loeb and other local businesses as well as your memberships in the BCA, funding is not an issue. But volunteers are. In the past, many groups have participated and were also able to generate some small amounts of income for their efforts. This was nice but it was always the participation that was the more important factor.

We urge you all to think about this and be ready to step up and help. The volunteers at this year's event will all be recognizable and would be thrilled to have help on the spot and to take names and numbers of those willing to help for next year. Unless we have a marked increase in volunteers for this year and who will show interest in next year's event, the Fun Fair will not be on our calendar for 2008. And that folks—would be a real loss for our community!

Roger Smiley

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BANAR

DEADLINE/DELIVERY DATES

May 9–May 25/07 • Aug 15–Sept 7/07

www.blackburnhamlet.ca

The Banar is posted on the website during the week before delivery.

Blackburn Community Association

Mailing address: P.O. Box 47062, Ottawa K1B 5B0
BCA website: www.blackburnhamlet.ca

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The BANAR is published and distributed by the Blackburn Community Association five times a year to all residents and businesses in Blackburn Hamlet and Chapel Hill South.

Articles (in 3rd person format) can be sent in the body of an e-mail or in Microsoft Word to ev@buddgraphics.com. Illustrations and pictures must be high resolution (300dpi). The editor reserves the right to make changes.

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DISTRIBUTION: BLACKBURN HAMLET AND CHAPEL HILL SOUTH
Circulation 5,400. Available at the Blackburn Library, Arena and Loeb's while quantities last.

Community Yard Sale

Saturday, May 5th, 9 am. to 3 pm.

Rain date: Sun. May 6th

Place "giveaways" on your curb after 4 pm.

OK, we know you have some incredible curios, an unbelievable collection of hot hippy retro fashions, and what about that art deco lamp with the black plexi-glass base that goes so well with your orange and turquoise bead curtain, and don't forget your-never-ever-got-out-of-the-box kitchen appliances.

Cough 'em up, dust them off and let them shine at the

Annual Community Yard Sale.

by Paula Rosenquist

A little pre-sale preparation will go a long way in making your sale successful.

- Set aside an area to collect your sale items before the day, so that you are not running around at the last minute
- Clean, dust, polish, repair — you'll get higher prices for your merchandise
- Sticker price your items between 20% or 30% of the retail price (even this may be too high)
- You might consider signs such as "All sales cash" or "Early bird prices are double"
- Carry cold hard cash — maybe in a fanny pack with change, small bills, and a pen and notepad, or a calculator to tally up totals
- Have an electrical outlet or extension cord handy for testing electronics or electrical appliances
- Separate items such as books into categories i.e., paperback, hardcover, children's, etc.
- Arrange or group like items together — kitchen utensils, with cookbooks and blenders
- Have plastic bags, newspaper or tissue for fragile items, and even small or medium size boxes on hand for easy carry away
- Set up a comfy chair and refreshments for yourself. Have some background music playing to relax your shoppers

Just a few ideas to consider to improve your sales, as well as your experience. See you on Saturday, May 5th!

BCA MEMBERSHIP RENEWALS

Blackburn Hamlet is known across the region for being a friendly, active and progressive community. Please show your support for the Blackburn Community Association by purchasing your \$10 family membership. The membership fee helps pay for the BANAR and many of the other exciting projects. You may purchase your BCA membership at the Fun Fair or by mailing in this form.

Please call me with more information on helping to co-ordinate the membership drive.

I would be available to help canvas my street.

I would like to support the BCA by buying a membership. Included is a \$10 cheque made out to "BCA".

Mail to: Blackburn Community Association, P.O. Box 47062, Ottawa, ON, K1B 5B0.

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Blackburn Fun Fair 2007

40th Anniversary of Blackburn Hamlet

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For more information visit: www.blackburnhamlet.ca/funfair

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Budget compromise buys time for spending shakedown

by Rainer Bloess

City Council has unanimously agreed to buy into newcomer Mayor Larry O'Brien's budget compromise. On February 26, \$23.5 million from the 2006 budget surplus, plus \$8.3 million from the City's reserve funds, were tapped to bring in a 2007 budget with only a slight 0.3% increase (to cover a hike in the police services budget) with the understanding that, in the months ahead, Council will work together to cut expenditures and administrative costs at City Hall.

Despite the virtual property tax freeze, the operating budget of \$2.2 billion includes new funding for arts, museums, festivals (including the Orléans arts centre project) and day care, and a reduction in the proposed 7.5% transit fare increase to only 2%. The \$651 million capital budget will maintain existing infrastructure, provide new roads, sports fields and community facilities and fund a number of public works projects in newer communities across the City.

Council must now focus on revising and updating its corporate plan and long-range financial plan to set objectives and spending priorities for the next four years and, in the words of the Mayor, "embrace new and innovative" systems and ideas. Ultimately, some difficult decisions will have to be made if we are to significantly streamline city spending and shape a leaner and more efficient administration. The Mayor himself no doubt realizes by now that the transition from big business to municipal business is not an easy one

and the demands on tax dollars are enormously varied and complex. Fortunately, at this writing, all of City Council appears ready, willing and able to work with Mayor O'Brien to "rethink" our somewhat bloated bureaucracy and our traditional methods of service delivery.

As a long-time conservative voice on Council, I certainly support the Mayor and share his goals and his enthusiasm

for working to find ways to do more with less expenditure of our tax dollars. Working with him and my Council colleagues in the months ahead to lay the groundwork for the next four years will be a difficult but welcome challenge. As always, my first priority is our east-end community. Rest assured that I remain, first and foremost, committed to its growth and development and to meeting the needs of its residents.



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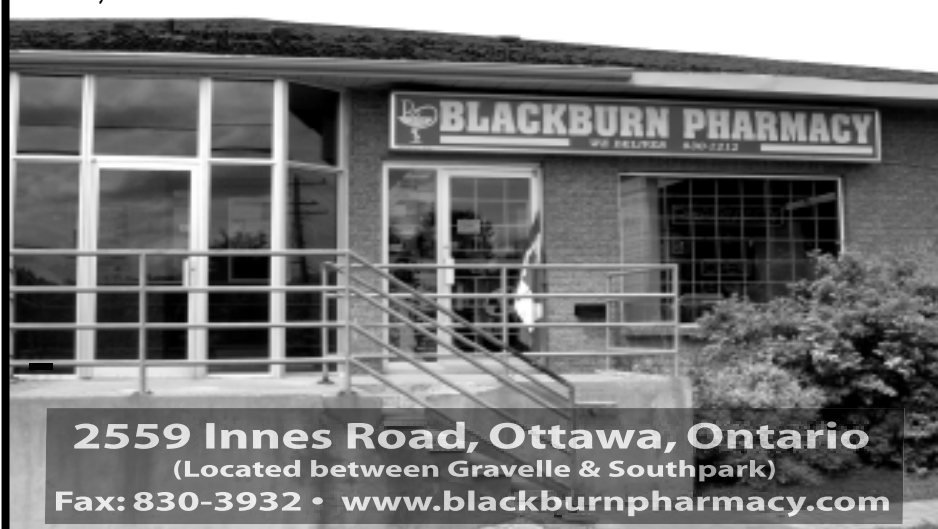
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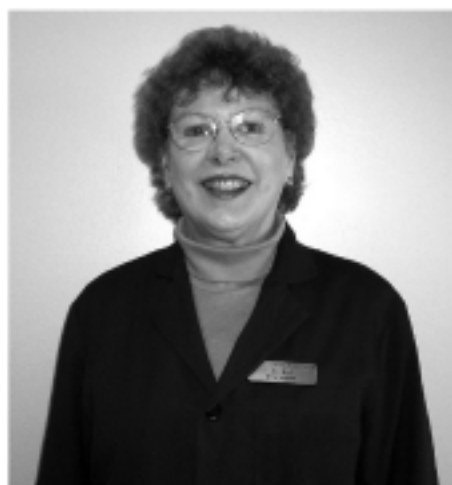
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The other reason I like working here is because it is in the Hamlet, and I can walk to work. I have lived in Blackburn Hamlet for 27 years and like the people who live here, I first got involved in the community with my children. In addition to participating at Glen

Ogilvie and Emily Carr, I have been a Brownie and a Beaver leader and I was involved with Ringette when my daughter played that sport. My husband was a coach with Blackburn Minor Hockey Association as well. The nice thing about all these activities is you get to know many people whose kids are friends with your kids.

At Queens Pharmacy, I work with an excellent team that includes two other pharmacists, Med Hanna and Martha Budgell, and our pharmacy assistants, Iman, Joanne and Yara. I have worked with Med for 15 years at different pharmacies. He is a fine person, and a wonderful boss.

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Blackburn Winter Fun Day — great food and fun

The Blackburn Winter Fun Day's 3rd Annual Chili Contest was once again a crowd-pleasing success. Contestants vied for the 1st place trophy provided by The Blackburn Arms as well as several other generous prizes donated by local businesses. Portions of chili



Congratulations to this year's winners: Pictured l to r: Scott Phillips, Blackburn Arms; Rainer Bloess, City Councillor; Tim Steele, 2nd place; Royal Galipeau MP; Helen Rosseau, 1st place and Lynn Morris, 3rd place. See page 24 for the Helen's winning recipe.

were sold to Fun Day participants raising \$112.00 for the Blackburn Hamlet Food Cupboard.

Big thanks to this year's sponsors: Cloutier & Miller Real Estate Services, Lafarge, LaPierre Law Office, Blackburn

Arms, Budd Graphics, Budd Gardens, Blackburn Physiotherapy Clinic, Cora's Diner and Mexicali Rosa's. Thanks also to the judges: Royal Galipeau, Federal MP; Phil McNeely, Provincial MPP and Rainer Bloess, City Councillor.

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- Orleans: 2 Bedroom townhouse with new furnace, a/c, appliances. Hardwood, backs on ravine...for rent.



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Navan Landfill Expansion Concerns

by David Cameron

The fourth and final Open House for the Navan Landfill Expansion Project was held on February 15. The purpose of the Open House was to provide an opportunity to review the evaluation of the four alternatives for the expansion and would lead to the selection of the preferred plan.

A number of the people present, including three members of the BCA Executive, Councillor Rainer Bloess, a number of Blackburn Hamlet residents, the Notre Dame des Champ Community Association and the Friends of Mer Bleue expressed dismay that the closing of the Navan Landfill in 2011 as currently approved was not being considered.

By not closing the landfill as currently approved, the landfill will remain open until after 2020. Blackburn residents and surrounding communities are concerned that the landfill will grow bigger and higher and affect the health of the local community as well as increase airborne irritants and smells. Visual pollution of the areas adjacent to the dump expansion will also likely be significant.

The Friends of Mer Bleue are hosting another Open Community Meeting for concerned residents on April 20th at 7:00 pm at the Notre-Dames-Des-Champs Community Centre, 3659 Navan Road (north side, west of Mer Bleue).

Residents are encouraged to contact provincial, local and federal representatives and make their views known.

More Info on Websites:

- WSI: www.wsinavan.ca
- The Friends of Mer Bleue: www.nonavanroaddumpexpansion.org
- City of Ottawa and Landfill Designated Land Use can be found in section 3.8 http://ottawa.ca/city_hall/ottawa2020/official_plan/vol_1/pdf_files/03_designations_land_use_en.pdf

Contact information for elected officials related to this issue:

The Honourable Laurel C. Broten,
Minister of the Environment
12th Floor, 135 St. Clair Avenue West, Toronto M4V
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Championship Blackburn Teams

Congratulations to the Blackburn Rockers Ringette Team and the Glen Ogilvie Girls Basketball Team. The Glen Ogilvie Girls Basketball Team won the Ottawa Carleton Elementary Athletic Association Regional Junior Girls Championships on March 7. Coach Caron Parsons said that both she and assistant coach Susie Anderson were extremely proud of the girls. "They were in third place going into the semi-final match and managed to defeat second place Orleans Woods team by a mere two points. This is the first time Glen Ogilvie has fielded a basketball team and the girls worked really hard!" Team members included Naomi Solomon, Emily Lynn Traynor-Mayrand, Sydney Harford, Molly Witton, Puneet Deol, Amandeep Litt, Kindree Woznow, Taylor Wells, Erin Mitchell, Parisa Yazdani, Andrea Bowie, Teeghan Rambo and Sydney Smith.



The Blackburn Rockers won the Ringette Championship in the Master's Recreation 1B playoffs beating the Metcalfe Falcons in an exciting shoot-out. In season play the Blackburn Rockers and the Blackburn Goldiggers tied for first place in their division. The Rockers then captured the Recreation Division Championship at the 30th Anniversary Silverspoon Tournament on March 25th. Well done! Front row L to R: Goalie Lois Kemp, Monica Connolly, Sharon Hlady, Jane Ross, Joanne Cavers. Back row L to R: Lucie Durning, Carol VanKoughnett, Bev Williamson, Pam Naylor and Evelyn Budd.



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More Than a Belt

Blackburn Taekwon-do students show they've got the right stuff

By Sharon Benson

It took seven grueling hours. There were bumps, bruises, broken bones and tears. At the end of it all, five individuals, ranging in age from 11 to 52, walked out of Blackburn Taekwon-Do clutching a simple piece of black cloth that anyone can purchase for around ten dollars. So was it worth all the effort? "One look at the elation on the faces of the students who completed today's challenge is all the answer you need," says Steven LeGrow, owner of Blackburn Taekwon-Do.

The students in question had just finished testing for their Taekwon-Do blacks belts—four for their first-degree belts and one for his second. Obtaining those belts was no easy feat: Each candidate spent years practicing patterns, memorizing information and facing challenges that tax the spirit and body. On March 3rd, they were asked to demonstrate what they've learned and put their skills to use during 12 rounds of one-on-one sparring, three rounds of two-on-one sparring, and self-defence and board-breaking exercises. "In addition to proficiency in physical



Front row: Leslie Hodgins (1st degree), Ki Benson (1st degree), Brigitte Jobin (1st degree), Andrew Godmere (1st degree), Phil Benson (2nd degree). Back row: Examiners David Lim (4th Degree) and Steven LeGrow (5th Degree)

technique and mental discipline, each student demonstrated tremendous focus and determination," says LeGrow. When all is said and done, it's that ability—to stay with a task no

matter how difficult—that these students can wear proudly both in the Taekwon-Do Dojang and out. And you can't buy that for 10 dollars.

Resources for Schools

If you have resources you no longer need, such as books, board games in boxes with instructions, DVDs, and CDs that are of interest to children of elementary and middle school age please contact Paula Rosenquist at 613-824-5062.

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Celebrating Spring with your Preschooler

by Barb Sweazy, Blackburn Hamlet Preschool

Spring is in the air! It's a great time to let your children explore the newness of nature. Here are some suggestions you and your preschooler might enjoy this spring.

Spring Picnic in the Park and a Photo Scrapbook

While you are enjoying your picnic, help your child to become aware of what's going on around them. Look at the trees and notice how the buds are beginning to grow leaves. Explain that spring is the "wake-up" season for nature. As you walk around, look for little critters and help your child to identify them. Taking time to explore nature helps everyone feel as alive as the season! Take a

camera along with you to take pictures; your child can start a seasonal scrapbook of their own.

If you want to venture further than the parks in the Hamlet, consider a field trip to see the turtles at Petrie Island, or the bog at the Mer Bleue boardwalk.

Bird Watching Activities

While you're out, listen to the birds and try to identify them. Take along a bird guidebook and binoculars so you can get a better look. Even better, why not encourage birds to come to you? You'll need a pinecone or thick stick, string, peanut butter and birdseed. Tie the string around a pinecone or thick stick. Coat with peanut butter and roll in birdseed. Hang it from a tree branch.

Maple Syrup Bushes

And lastly, don't forget to enjoy the tasty side of spring by visiting a maple syrup bush. Your children can learn about tapping and the process that brings syrup to your family's table.

Happy Spring!



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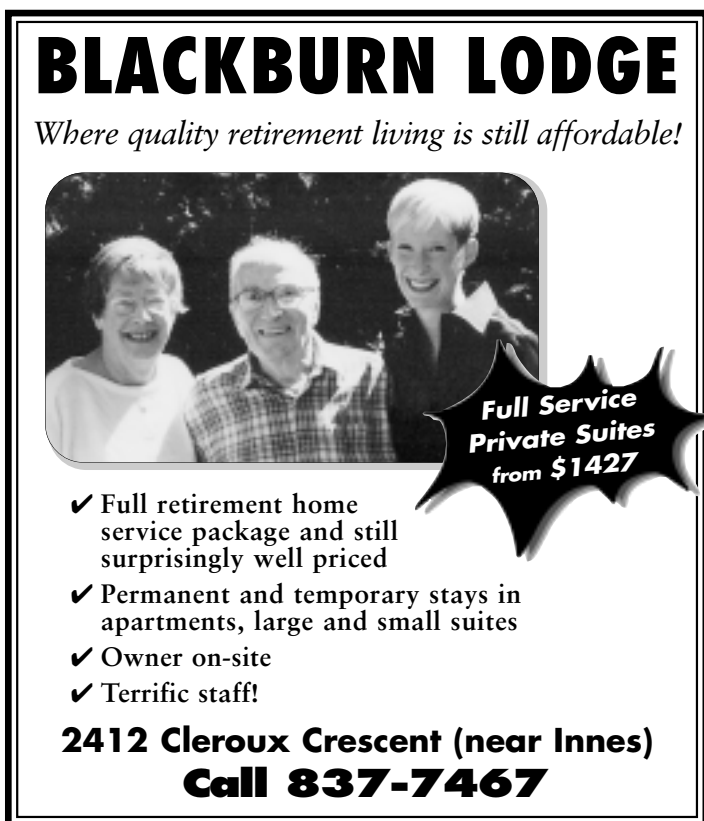
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Transportation and bridges in Blackburn's past

by Evelyn Budd

In the early 1800's, a timber limit for the area extending several miles along the Ottawa River and as far south as the Mer Bleue was bought from the government by Mr. Erskine. When the timber was exhausted the land was sold in lots of two hundred acres for farms at 50 cents an acre.

The epic feat of the middle Victorian years was the building a new road to Bytown (now Ottawa). It skirted just north of where the Hamlet is now and included a bridge at Green's Creek near the Montreal Road. There were miles of deep muck, blue clay, swamp and dense bush. The farmers east of the two creeks gave their service free and worked for months in mud. Others unable to work paid into a fund from which labourers were hired.

The shortest distance to Bytown from Blackburn was a path that crossed two deep ravines, Mud Creek and Green's Creek. (Look for the creeks as you travel on Innes Road between Anderson and Blair Road.) A story I have heard is that my ancestor, John Kemp would carry an axe to mark his trail to Bytown to ensure finding his way home.



Greens Creek Bridge, circa 1930, located on the Cyrville Road (now called Innes Road near Blair Road). Before the present bridges were built over Mud Creek and Green's Creek the road dangerously dipped down to the bottom of the ravines. Only one vehicle was allowed to cross at Mud Creek at a time.

The census of 1834 shows that there was a thriving community established in the area. In the course of the area's existence there were various names — Green's Creek, Daggville, Blackburn Corners and in 1967 Blackburn Hamlet. Blackburn derives its name from Robert Blackburn, M.P. for Russell, who in the 1880's went to the Post Office Department to request the establishment of a post office for the settlement.

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Local Athlete Goes To Russia

Justin Gaudreault, who played hockey for Blackburn Stingers, Gloucester Blackhawks, Gloucester Rangers, South Grenville Jr B and Marathon Renegades Jr A, has been invited by Athletes in Action (a sports ministry branch of Campus Crusade for Christ, focusing on sharing about Jesus locally and around the world through the platform of sport) to be part of the tour to Russia from April 20 through to May 5, 2007.

They will compete against Russia minor pro and university teams, run some clinics, visit some local schools and orphanages and help a student ministry on campus.

Each participant is responsible for raising \$3750. This goes to cover travel, ministry supplies and living expenses.

If you feel you would like to be part of Justin's support team, you may send your tax-deductible donation to Athletes in Action c/o 106 Northpark Drive, Gloucester, ON K1B 4V3

Blackburn Hamlet Preschool

Blackburn Hamlet Preschool, located behind the arena, offers a safe, friendly environment for children aged 2-5. A range of programs is offered at this cooperative school, for toddlers and preschoolers, including morning and afternoon sessions. An after-school program for junior and senior kindergarten children is also offered. Experience a superb student-teacher ratio, and enjoy the excitement of being involved in your child's education. For more information or to register your child for next fall, call 613-824-3251.

Fundraising event will be fun for the whole family

by Julie Babcock

A Silent Auction is being held on Friday, April 20th from 5:30 p.m. to 8:00 p.m. to help raise money to replace the aging wooden playstructure at Glen Ogilvie Public School.

The excitement of this event includes a Pizza Party and Family Movie Night. All proceeds from the evening will go to the Playstructure Replacement Fund. Cash or cheques, with proper photo identification, from successful bidders will be accepted for the auction.

The movie, called "Arthur and The Invisibles" is based on the Arthur Books by Luc Besson. It is an adventure story about a boy who journeys to the magical land of The Invisibles in search of the treasure that can save his family home. Of course, he meets lots of interesting individuals and has many great adventures along the way. The movie is rated PG. For more information go to www.arthur-movie.com. Please note that children must be accompanied by an adult.

Blackburn Hamlet Area businesses, as well as many businesses across Ottawa, and community members have been very generous. Take a look at the Glen Ogilvie Public School website www.glenogilvie.ca (under the GOSC tab) to preview the items for auction and to see a list of the donors who have generously provided them.

Pizza, available by Pre-Order, will be served from 5:30 p.m. and the Silent Auction will commence at that time as well. To pre-order your pizza dinner,

please go to www.glenogilvie.ca and look for the form under the GOSC tab.

Those adults not wanting the evening to end can wander down to the Blackburn Arms where a Live Auction, again benefiting the Playstructure Replacement Fund, will commence at 8:30 p.m. Scott Philips, host of this auction and publican of the Blackburn

Arms has also generously offered to donate \$1 to the Playstructure Fundraising Effort for every Fish and Chips Dinner sold during the months of March and April 2007.


Please come, join in the fun and support Glen Ogilvie School's efforts to update one of the area's favourite playgrounds.



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Gloucester Allotment Garden Plots

Garden plots are still available at Orient Park and Anderson Road sites for growing your own vegetables and flowers. Plots are 7x14 meters and service includes tillage, water supply and a buckey of compost. To register, call the registrar at 613-824-8479. For more information you may visit the web site at <http://gaga.ncf.ca>.

BCA Rain Barrels

Rain barrels are still available through the BCA for \$50.00 each. You will be able to collect natural soft rainwater for healthier plants, lawns and gardens, protect the environment by conserving water and save money on your water bill. Call Caroline at 837-3818, or Paula Rosenquist at 824-5062.

Trees on City-owned Property

by Iris Philips

If you are thinking about trimming or removing a tree near a roadway, call 311 and ask for a visit from the Forestry Inspector from the City of Ottawa. They will come to your address and verify the location of the property line and the condition of the tree. Although the exact dimensions of the City's road allowance varies, the front portion of most lawns is actually city-owned. If the tree is on city property the City will take the appropriate action such as trimming or removing the tree if it constitutes a safety hazard.

Trees on the road allowance (regardless of who planted them) are protected by the City's Municipal Trees and Natural Areas Protection By-law (2006-279). Fines can be imposed if you remove or damage a city tree. If the City removes the tree, the City will work with the resident on species selection and placement.

Inform your neighbors if you see or hear of someone who is thinking of removing a tree. Together we can ensure the preservation of our trees.

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Recycling cell phones, computers and print cartridges

Every year, over 130 million cell phones are retired from use. Over 300 million laser and inkjet print cartridges are consumed. Additionally, the average computer becomes obsolete in 3-4 years. Together, this is a source of millions of pounds of waste heading to landfills annually.

St. Mary the Virgin Anglican Church has recently partnered with ThinkGreen to bring cell phone and ink cartridge recycling to Blackburn Hamlet and surrounding area. Individuals and organizations can now drop off their used cell phones and printer cartridges at the St. Mary's Parish House (2672B Innes Rd beside MAC'S Milk) from where they will be sent for environmentally friendly disposal and recycling.

For every 12 cartridges or cell phones that are recycled through this program, ThinkGreen donates one tree to the Tree Canada Foundation. The Thinkgreen program has been responsible for the planting of over 19,000 trees to date, removing 3000 tonnes of carbon from the atmosphere.

"ThinkGreen has been successfully implemented in over 10,000 schools in North America, and we are pleased that St. Mary the Virgin Anglican Church is now a part of our environmental family," said Tony Perrotta, President of Greentec.

The program will also help raise funds for St. Mary the Virgin to provide community outreach programs such as the drop-in facilities at the parish house and the Saturday Morning KidsToons program.

ThinkGreen is a perfect complement to the existing computer recycling program that St. Mary's provides in partnership with the World Computer Exchange. Computers that meet the specifications of the program are collected and sent to developing countries. There are some restrictions, so please either call us at 613-590-0677 or visit our website at www.stmarysblackburn.ca before dropping anything off.

For more information about the different programs, visit: www.thinkgreen.com or www.worldcomputerexchange.org.

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Find all your favourite hobby books at the Blackburn Hamlet Branch. Don't forget to check out the display table behind the information desk. Every month a new theme is chosen and a selection of books showcased as well as a selection of staff favorites located nearby. Heard about a good book? Reserve it by going to www.biblioottawalibrary.ca.

Book Chats — Drop in and share your thoughts and opinions in a casual, friendly atmosphere every 3rd Monday of each month at 2 pm. Get your books at the information desk.

Books to be discussed include:

April 16: *Where the Heart is* by Billie Letts

May 14: *Snow Flower and the Secret Fan* by Lisa See

June 18: *One Good Turn* by Kate Atkinson

Get fit for Spring! It's time to shed the winter pounds! Join Jan for a mini workout and fitness session where she'll give you great ideas on how to maximize your energy, have fun and get fit for a new season. Tuesday, April 3, 7-8 pm. Register at 824-6926.

The most important choice you make is what you choose to make important.

Mr Fix-it Workshop — Come meet John from CAM Home Improvements for an informative evening of tool talk and repair ideas and where you'll find out what best fits your home needs and your budget. Tuesday, May 8, 7-8pm. Register at 824-6926.

Teen Resume Workshop — Searching for a part-time job? Make it easier and less stressful by having someone show you tricks and proper ways to present a resume to a prospective employer. Contact Elle to book a session 824-6926 ext. 224.

Dig in! — Ritchie Feed n' Seed's resident garden expert shares secrets on starting and preserving your spring veggie or flower garden, tips on raking and fertilizing and anything thing else dirt related! Thursday, April 26, 7pm. Register at 824-6926.

Boat PRO Course — Provides the opportunity to prepare for the Pleasure Craft Operator Card (PCOC) exam and is an excellent introduction for your family on boating safety, operation and navigation. Fees: Adults \$55, Students \$45. Fees include course materials, Pleasure Craft Operators Certificate (PCOC) examination, and the PCOC card. May 17, 24, 31, 6:30-8:30 pm. Register at www.cps-ottawa.com.

Homework Club — Free bilingual tutoring and homework help for students ages 7-18. Every Monday and Wednesday until June 20.

Storytime with Marg (registration required) — An imaginative, colourful and interactive journey through books, music and sing-alongs.

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Hamlet Geocachers or Wannabes

Do you know what geocaching is? Do you want to know what geocaching is? Have you tried geocaching with limited or no results? Do you want to meet others in the Hamlet that are interested in geocaching? Two enthusiasts of this sport are looking at meeting up with others from Blackburn Hamlet to swap stories, events and share information on some of the local caches. If you are new to this game or are interested in learning more about geocaching, come on along on Sunday, April 15th at 1 pm at the Blackburn Arms.

Geocaching is an entertaining adventure game for GPS users. Participating in a cache hunt is a good way to take advantage of the features and capability of a GPS unit. The basic idea is to have individuals and organizations set up caches all over the world and share the locations of these caches on the internet. GPS users can then use the location coordinates to find the caches. Once found, a cache may provide the visitor with a wide variety of rewards. All the visitor is asked to do, if he or she gets something is to leave something for the cache. [Source: Geocaching.com FAQ]

Contacts: Bill Smallman williamsmallman@rogers.com, 834-2209 or Tom Scott tscott56@rogers.com, 834-8661.

Blackburn Fifty Plus Group

The Blackburn Hamlet 50+ Group has more events planned. Mark your calendars!

Saturday April 21st: Pot Luck Dinner, 6 p.m. at the Blackburn Community Hall.

Wednesday May 23rd: Canadian Museum of Nature. Meet at 9:30 a.m. at the Community Hall. There is a new exhibit called The Bird Gallery. At this exhibit you will be able to explore many aspects of the birds such as physical characteristics, feeding, bird songs geographic distribution, habitat, migration and conservation, bird watching tips, techniques and tools. Please call Irene Beazley at 613-834-2743 for details.

Blackburn Ladies Softball and Blackburn Men's Fastball

Registration is ongoing through April for both leagues with the season starting in early May. For more information contact Lauri Pelletier at 613-824-3217, Steve Bovey at 613-824-1435 or visit www.bmfl.ca and/or www.blackburnladiessoftball.com.

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Food, Weight and Lifestyle Challenges

Changes for Women invites women who want to hear a no-nonsense way to overcome their food, weight and lifestyle challenges to a free one hour seminar on Saturday, April 14, 2 pm at the Changes for Women Centre, 2602 Innes Road, next to the Blackburn TD Bank.

The presenter will be Roslyn Franken, MA HSI, author of *The A List: 9 Guiding Principles for Healthy Eating and Positive Living* and owner of Health and Weight Loss Central. Along with loads of practical tools and information, Roslyn will share many personal insights from her own struggles with food, weight, lifestyle and self-image plus real life examples from her health and weight loss counseling clients.

Call 613-590-0867 to reserve as space is limited.

Helen Rosseau's 1st place Chili Recipe

- 4 fresh firecracker peppers
- 1/2 bulb garlic
- 1 kg lean ground beef
- 1/2 industrial size can kidney beans
- 1 industrial size can plum tomatoes
- 3 medium sized yellow onions (cooking)
- 2 green bell peppers
- 2 red bell peppers
- 3 stalks celery
- 3 tablespoons of black pepper
- 2 tablespoons salt
- 2 teaspoons cumin
- 3 tablespoons chile powder
- 1 12 oz can tomato paste
- 2 tablespoons sugar
- 1 tablespoon dried oregano

In a large stock pot combine meat, kidney beans, tomato paste and dry ingredients. Pour off the liquid from the kidney beans before adding them. Cut the canned tomatoes into chunks or purchase diced canned tomatoes and add them with the juice to the pot. Crush the garlic and finely mince the firecracker peppers before adding to the stock pot. Start all the ingredients simmering. Dice the fresh green and red bell peppers, onions and celery and add to the stock pot.

When all the ingredients are combined in the stock pot and they have been simmering for approximately 1/2 hour you may transfer to a slow cooker and leave for 12 to 18 hours. This allows all the flavours to combine.

Home Transition Seminar

A seminar being held at the Blackburn Library on Thursday, April 5, 10:30 a.m. is for seniors and their families who may be thinking of downsizing, worried about safety, looking to reduce home maintenance issues or wondering what to do with all the possessions collected over a lifetime.

Catherine Thurlow, a consultant for the aging, will discuss developing social, psychological, medical and spiritual strategies that will enable the elderly to enjoy the riches of old age.

Information will also be available on how to make changes that will allow seniors to stay in their homes as well as alternatives for those who feel that they cannot.

Real estate sales representatives, Sarah Cloutier and Jeff Miller, with many years of experience helping seniors reduce the stress of moving, will discuss the best options for the sale of a family home if that is what is deemed necessary.

This seminar is a community service sponsored by Catherine Thurlow, Sarah Cloutier & Jeff Miller. Please RSVP by calling Catherine Thurlow at 613-371-4487.

Blackburn Tennis Club

Tennis season fast approaching. Registration this year will be held on Saturday April 28 and Saturday May 12, from 10 am to 3 pm at the club house, 2669 Innes Road.

This is a good time to sign up for the Junior Program as well, to be sure the dates you want are available. There will be four two-week sessions, commencing July 2 and ending on August 24. Adult group and private instruction is also available.

Adult round robins are held Monday to Thursday, both during daytime and evenings. Newcomers are welcome. The annual general meeting will be held on Thursday June 21 at 7:30 pm. Please attend and let the "board" know what improvements you would like to see, or ideas you have to make this an even better tennis season than last.

For further information go to the website at www.blackburntennis.ca or call the tennis club at 824-0002, John Benfield at 824-5083 (both after April 28), or Barbara Nolen at 824-3524.

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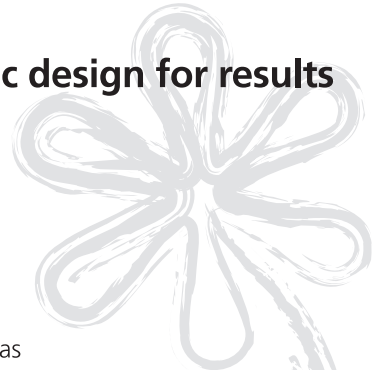
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Community Contacts

Blackburn Arena	824-5197
Blackburn Library	824-6926
Blackburn Art Group	Joseph Fletcher 834-4772
Blackburn Chorus	Bob Bowes 744-6807
Blackburn Community Hall	841-7396
Bookings	Jan Whitehouse 830-8644
Blackburn Duplicate Bridge	Bill Durning 824-9593
Blackburn Hamlet Preschool	824-3251
Blackburn Guides/Brownies	Brenda Sowden 523-4003
Blackburn Scouting Group	Fiona Daigle 834-7119
Child Care Drop-In	Myrian Pepin 742-5500
Child Care No School Days	580-2400
Childrens Welcome Centre	
Conseil de Gestion	Lyse Goneau 837-3941
Fifty Plus Group	Sarah Cloutier 841-4114
Jeannettes	Nicole Andrecheck 824-9972
Les Guides	Viviane Côté-Maxwell 837-1839
Le Club Optimiste	Dominique Dufour-Jacques 837-4645
Les Chansonniers	Germain Asselin 837-3883
Neighbourhood Watch	Volunteer Chadala .236-1222 ext 3571
Quilting Groups	J. Maxwell 841-6084
	Joanne Bushel 824-6524
	Louise Bertrand 841-5610
St. John Ambulance	
SPORTS	
Badminton	Dale Bembem 734-7291
Fastball (Mens)	Steve Bovey 824-1435
Football	Ray Hartley 769-0458
Hockey (Girls)	Charles Chamberlain 745-9927
Hockey (Mens)	Roy Van Koughnett 824-3921
Junior Badminton	Anne Switzer 837-4756
Little League Baseball	Gerry Ferguson 745-9303
Ringette (Ladies)	Jane Ross 837-1504
Softball (Ladies)	Candis Emery 834-2983
Tennis	Nabil Oudeh 590-7922
Ottawa Councillor	Rainer Bloess 580-2472
Provincial MPP	Phil McNeely 834-8679
Federal MP	Royal Galipeau 590-0999
Life threatening emergency or crime in progress	911
Police emergencies but not life threatening	613-230-621

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Community Calendar

Sponsored by the Anglican Parish of St. Mary the Virgin

April

- 1-31 Ladies Softball and Men's Fastball Registration, pg 23
- 3 Jan's Workout Mini Workout/Fitness Session, pg 22
- 5 Home Transition Seminar, pg 25
- 5 Community Garage Sale, pg 4,
- 14 Nutrition Seminar at Changes for Women, pg 26
- 15 Hamlet Geocachers, pg 23
- 16 Blackburn Library Book Chat, pg 22
- 19 BCA Board meeting, 7:30 pm, Blackburn Library
- 20 Open Community Meeting: Navan Landfill, pg 11
- 20 Playground Fundraising Silent Auction, pg 19
- 21 Fifty+ Plus Group Pot Luck Dinner, pg 23
- 25 Community Spring Clean-up, pg 1
- 26 Ritchie Feed and Seed's Garden Workshop, pg 22
- 28 Blackburn Tennis Club Registration, pg 25

May

- 8 CAM Home Improvement Workshop, pg 22
- 10 BCA Board meeting, 7:30 pm, Blackburn Library
- 12 Blackburn Tennis Club Registration, pg 25
- 14 Blackburn Library Book Chat, pg 22
- 17 Boat PRO Course starts, pg 22
- 23 Fifty+ Plus Group Cdn Museum of Nature trip, pg 23
- 10 BCA Board meeting, 7:30 pm, Blackburn Library

April-May

Mondays, 8 pm, April through May at the Blackburn Arms
—Blackburn Fun Fair planning meetings, pg 5. Call
Jennifer Cloutier, 613-841-9848.

Upcoming events...

June 1 and 2nd It's a Reunion, it's a Celebration! Meet up with old friends and neighbours at the Blackburn Fun Fair from Friday evening to Saturday midnight. It's going to be a super time! Make it even better by getting involved. Call 613-841-9848. See page 5.

Check out St. Mary's...

Programs

- Homemade Chocolate Eggs
- Computer, Cell Phone and Ink Cartridge Recycling
- Fair Trade Coffee and Chocolate
- Saturday AM Kids Toons
- Heavenly Honey
- Craft Club
- Drop-in Christian Resources and Discussion

Programs are run through the Parish House located at 2672B Innes Road.



stmarysblackburn.ca
613.590.0677

Worship Services

Sunday

8 am (spoken) Navan Road Church
2750 Navan Rd.

10 am (sung) Louis Riel High School
1655 Bearbrook Rd.

Mid-Week (1st and 2nd Tuesday of the Month)

1st Tues. at 2pm Blackburn Lodge
2412 Cleroux Cresc.

2nd Tues. at 2pm Bearbrook Court
2645 Innes Rd.

Easter Services

Palm Sunday 8am at Navan Rd Church
10am at Louis Riel

Maundy Thursday 7pm at Louis Riel

Good Friday 10am at Louis Riel

Easter Vigil 8pm at Louis Riel

Easter Sunday 8am at Navan Rd Church
10am at Louis Riel



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