

Blackburn Hamlet “matriarch” will be sadly missed, but her mark on the community will never be forgotten



by Laura Dudas, President, BCA

Lois Kemp has been described as Blackburn Hamlet’s “matriarch”; an original resident who dedicated her life to her family, her friends and her community.

Lois passed away peacefully in her home on July 16 after suffering from a stroke.

“She was forward-thinking and always looking to the betterment of her community. That was her nature,” said Eleanor MacQuarrie, Lois’ friend of 50 years. “She always believed that if people live in a community, they should contribute to the quality and value of the things around them.”

Mrs. MacQuarrie is no stranger to giving back to the community. Also, considered to be one of the Hamlet’s leading ladies when it comes to being a community advocate and volunteer. She is also the widow of former Gloucester Reeve and Ottawa-Carleton Councillor Bob MacQuarrie.

“Lois was dependable, straightforward and always full of ideas,” said Mrs. MacQuarrie. Lois didn’t just come up with ideas for improving her community, she brought them to life—even if it meant having to go to bat for them.

“Lois was an inspiration in community involvement. She was always ready to lend a hand or provide advice, but was not shy to criticize, when warranted,” recalled former City Councillor Rainer Bloess. “Lois frequently showed her feisty side, putting Gloucester City Council in its place when she disagreed with decisions at city hall.”

Her volunteering and pioneering spirit knew no bounds. She was involved in bringing ringette to Gloucester in the early 1970s, she founded the BANAR, the Fun Fair, and

Continued on page 4

Jan's Workout

Our classes are designed to embrace all levels of ability and style!



- ❖ **Aerostrength:** a choreographed cardio class followed by a muscle strength and stretch segment:
Mondays, Wednesdays and Fridays (9:35-10:35 a.m.)
- ❖ **Light Workout:** a 'light' choreographed cardio class with controlled impact, followed by a muscle strength and stretch segment:
Mondays, Wednesdays and Fridays (10:35-11:35 am)
- ❖ **Chair Fitness:** a fun-filled class, incorporating strength, balance and agility:
Wednesdays (11:35-12:35 p.m.)
- ❖ **Chair Yoga:** a Yoga class for those whose mobility is limited:
Mondays (11:35-12:35 p.m.)
- ❖ **TMC: Total Muscle Conditioning** using your own body weight and a variety of equipment, such as small balls, stability balls, hand weights and resistance bands:
Fridays (11:35-12:35 p.m.)
- ❖ **Zumba:** a fun filled class, featuring exotic Latin and international rhythms:
Monday Evenings (5:45-6:45 p.m.)
- ❖ **Yoga:** reduce stress, develop inner awareness, build flexibility, strength and balance through yoga poses and movement:
Tuesday Evenings (7:30-8:30 p.m.)
- ❖ **Pilates:** incorporate proper form and technique of classical Pilates:
Wednesday Evenings (6:30-7:30 p.m.)

\$\$\$ SAVE \$\$\$

when you register for

BOTH Chair Yoga and Chair Fitness

OR

MULTIPLE evening classes

FALL REGISTRATION 2015

Blackburn Community Centre,

190 Glenpark Drive

Wednesday, September 9, 2015

11:00 am - 1:00 pm AND 6:30 p.m. - 7:30 p.m.

For information and continuing registration:

Call us (613-794-9858)

or

Visit our website (www.jansworkout.ca)

President's message



The three Blackburn entranceway signs have been repaired and updated thanks to the BCA. Pictured left to right: François Trépanier, Jodie Mitic, Evelyn Budd, Kaitlyn Demasi, Laura Dudas and Jeff Miller.

The Blackburn Community Association has been busy this past summer.

I very much enjoyed organizing, with a wonderful team of volunteers, the fireworks event on Canada Day. It was such a smash that I pledge to bring it back next year. The theatre in the park event on July 15 was also a hit and our parks were being kept in tip top shape by the young man the BCA hires to tidy up.

But the fall is upon us and there is plenty more coming up with a volunteer appreciation event in September, a community tree planting, and our first ever seniors information session being organized by the BCA's Seniors Action Committee.

Our website and Facebook pages (*see* url addresses to the right) are great ways to stay up to date. And now you can also follow us on Twitter at @BlackburnOttawa for all the latest.

The federal election is coming October 19th and there will be debates and events to attend where the BCA and as residents, you can tell the candidates what's important to you and our community.

As always, I encourage you to get involved in your community. Trust me, it's rewarding and it makes this community a better place for everyone.

Laura Dudas



CONTENTS

- 5 Fun Fair 2015
- 7 Councillor's Message
- 7 BCA Membership
- 9 4th Annual Cancer Chase
- 11 Planting a TREE Comeback
- 12 Nurturing Passion for Hockey
- 13 DUNA European Bistro
- 14 Blackburn Preschool
- 15 Blackburn Preschool Survey
- 17 Les Guides
- 19 Just Food Events
- 20 Vous aimez chanter?
- 21 Blackburn Library
- 22 Blackburn Tennis
- 23 Fashion Show
- 24 L'essentiel du RCR
- 24 Women's Study & Interest Group
- 24 Bugs That Visit Your Backyard
- 24 Gloucester Senior Centre's 28th
- 25 Child Care Connection
- 25 The Village Squares
- 26 Contact List Update

Websites

www.BlackburnHamlet.ca
www.BlackburnFunFair.ca
www.Banar.ca

Facebook

www.Facebook.com

Type one of the following in search box:

- Blackburn Hamlet Community
- BlackburnHamletBusiness
- BlackburnHamletRealEstate

Twitter

[@BlackburnOttawa](https://twitter.com/BlackburnOttawa)

Blackburn Community Association

Mailing address: P.O. Box 47062, Ottawa K1B 5B0
www.BlackburnHamlet.ca / www.BANAR.ca / www.BlackburnFunFair.ca

2015 BCA BOARD OF DIRECTORS

| | | |
|-------------------|--------------------------|--------------------|
| President | 613-282-4139 | Laura Dudas |
| Vice-President | 613-720-7653 | Jeff Miller |
| Environment | 613-263-8105 | Justine Payne |
| Communications | 613-884-4544 | Norman Robillard |
| Membership | 613-853-9610 | François Trépanier |
| Parks and Rinks | 613-866-3126 | Ali Yassine |
| Secretary | 613-858-4124 | Sheryl Tracy |
| Treasurer/Banking | 613-837-1504 | Alan Ross |
| Web Page | kaitlyn.demasi@gmail.com | Kaitlyn Demasi |

STANDING COMMITTEES/REPRESENTATIVES

| | | |
|-------------------------|---------------------|------------------|
| Fun Fair Co-chairperson | 613-830-4824 | Brent Lawrie |
| Fun Fair Co-chairperson | 613-424-1602 | Laurie Trépanier |
| Banar Chairperson | 613-824-9707 | Evelyn Budd |
| Councillor | 613-580-2472 | Jody Mitic |
| Community Hall Bookings | 613-837-4819 | Diane Charlebois |
| City Liaison | 613-580-2424 x29316 | Suzanne Sanford |

THE BANAR is published and distributed by the Blackburn Community Association five times a year to all residents and businesses in Blackburn Hamlet.

ARTICLES to be sent in the body of an e-mail or in MS Word to the editor at ev@buddgraphics.com. Pictures must be high resolution (300 dpi). The editor reserves the right to make changes.

BOXED ADS: (Dimensions are shown in inches, wide x high)

PRICE FOR INDIVIDUAL ADS AND 10% DISCOUNT PACKAGE FOR 5 ADS (NO TAXES)

BC • 2.4 w x 2.75 h / 3.65 w x 1.75 h: \$40/issue (\$180 package)

1/6 page • 3.65 w x 2.75 h / 4.95 w x 2 h: \$60/issue (\$270 package)

1/4 page • 4.95 w x 2.75 h / 3.65 w x 4.25 h: \$80/issue (\$360 package)

1/3 page • 3.65 w x 5.25 h / 4.95 w x 4 h: \$100/issue (\$450 package)

1/2 page • 7.5 w x 4.25 h / 4.95 w x 6.25 h: \$140/issue (\$630 package)

2/3 page • 4.95 w x 9.272 h: \$200/issue (\$900 package)

Full page • 7.5 x 10 h: \$300/issue (\$1350 package)

ADS ARE TO BE THE CORRECT SIZE AND HIGH RESOLUTION JPEGs OR PDFs. Do not use 72 dpi photos from internet. Poor quality photos will not be used. There is an additional cost for ads to be created or corrected.

BUSINESS PROFILE: Free profile for 1st time ANNUAL subscribers of 1/4 page and up size ads. Please send in a rough draft written in the 3rd person. The edited article will be approximately 300 words plus a high resolution photo. Value \$175.

PAYMENT OF ADS/BUSINESS PROFILE: By cheque or cash. Payment must be in by the deadline date (see dates below). Cheques are payable to "BCA". Mail/hand delivery address to Evelyn Budd, 5729 Kemplane Court, Ottawa K1W 1B8. More info at www.banar.ca or e-mail ev@buddpublishing.com.

The Blackburn Community Association/Budd Graphics Inc. does not endorse or guarantee products or services advertised in the Banar or take responsibility for the print or web quality or legalities of photos and artwork provided by advertisers for the Banar or the BCA website.

DISTRIBUTION: Circulation 4,000. Delivered to Blackburn homes and businesses by community youth groups. Extra copies are available at the Blackburn Library (best location), Shoppers Drug Mart, Tim Hortons and Metro while quantities last.

BANAR DEADLINE & DELIVERY DATES

DEADLINE Oct 21/ DELIVERY BY Nov 9

DEADLINE Jan 13/ DELIVERY BY Feb 1

DEADLINE Mar 23/ DELIVERY BY Apr 11

DEADLINE May 11/ DELIVERY BY May 28

To verify dates or for more information go to www.banar.ca

Blackburn Hamlet "matriarch"

(continued from page 1)

helped establish Girl Guides in the community. She was a Sunday school teacher, a school trustee, and a mom of seven children, who have grown up to be just as invested in their community as she was.

Lois was proud of the community's roots and she was an active member of the Gloucester Historical Society. She was honoured by the Blackburn Community Association in 2007 when she was asked to be the Parade Marshal for the 40th edition of the Fun Fair.

Lois was an inspiration. She took her ideas and ran with them and, so doing, inspired those around her to do the same. The result is this wonderful community of Blackburn Hamlet we all know today.

"Somehow she could take that drive she had in her and instill that drive in you," said her friend of 60 years Bob Presland. "She did so much for the community and for all those who live here. She was the driving force behind getting the community going and she never stopped trying to make it better."

Blackburn Community Association BCA Membership Renewal Form

Blackburn Hamlet is known across the region for being a friendly, active and progressive community. Please show your support for the Blackburn Community Association by purchasing your \$10 family membership. The membership fee helps pay for the BANAR and many of the other exciting projects.

Please contact me as I am interested in volunteering in the community.

Included is a \$10 cheque made out to "BCA" for a BCA Membership.

Mail to: Blackburn Community Association, P.O. Box 47062, Ottawa, ON, K1B 5B0 or contact François Trépanier at rftrepanier@gmail.com or call 613085309610 for more information.

Name: _____

Address: _____

Tel: _____

Email address: _____

Fun Fair succeeds in creating a FUN Day for all



Photos by Evelyn Budd

The FUNFAIR team would like to thank all who were involved and a part of the 2015 amazing Funfair. We had a terrific team, great weather, amazing sponsors and the best community of residents anywhere! There will be a full report coming in the next Banar. Thank you all so very much! ~ Fun Fair co-chairs Brent Lawrie and Laurie Trépanier. P.S. These photos plus more are in colour and larger at www.blackburnhamlet.ca..

2575, Innes Road
Ottawa, Ontario



Blackburn

Dental Centre Dentaire
Family • Cosmetic • Implants

Welcome to your family dental clinic



Bienvenue dans votre clinique dentaire

Our team of dedicated dental professionals have the expertise and experience to respond to all your dental needs. Be it family dentistry, cosmetic or implants, you will find the right solution explained to you in **French or in English**. **Dr Stéphanie Malette** and **Dr Rémi Morin** are two passionate dentists who always treat patients with care and respect.

Come meet our team, give us a call at (613) 824-3478
Referrals and new patients are always welcome

www.blackburndental.ca

Councillor's Message:

by Councillor Jody Mitic

As we welcome the change of season from summer to fall, it's always great to look back on successful community efforts and events, as well as get ready for the many more to come.

The Blackburn Fun Fair was exceptional. My family and I enjoyed the great rides, food, and meeting with constituents. It's a great event, hugely enjoyed by the community every year. Its organizers put a great deal of time and effort into pulling off a family-friendly weekend, capped off by a well-attended 3rd Annual Blackburn Fun Run. It was a pleasure to hand out water bottles to deserving participants.

I'm also excited about the Hamlet's other events, such as Dapo Fun Day August 22nd and the 4th Annual Blackburn Hamlet Cancer Chase September 27th. It's always great to see the community come together for important causes such as combating youth violence and raising money for cancer research at the Ottawa Hospital.

Finally, I am pleased to announce Meet the Councillor sessions to meet and discuss residents' issues in the

Hamlet. While I continue to take meetings with residents at City Hall, these office hours will provide opportunities for more residents to share their concerns and learn more about what is going on in both Blackburn Hamlet and the greater Innes Ward. The Blackburn Hamlet branch of the Ottawa Public Library has generously allowed the use of a meeting place. These meeting hours will serve the community until I am able to fulfill my campaign pledge to get an office in Innes Ward.

Sessions will begin in the fall, with meeting times from 2–4 p.m. every other Friday. Meeting places will further alternate between the Blackburn Hamlet and Orléans branches of the Ottawa Public Library. Exact dates will be announced later this fall on Twitter and jodymitic.ca.

As always, my City Hall office is accessible by phone and e-mail. Should you have any concerns or City issues, please feel free to contact my office at 613-580-2472 and Jody.Mitic@ottawa.ca. My staff of Jeremy, Tammy, Mike, and Kayli or I will be sure to address your concern and take whatever necessary action we can.

Why get a BCA Membership Card?

The Blackburn Community Association is always moving forward. We meet on a monthly basis, take care of community business and listen to anyone who has ideas on how to make our community a better place—whether it be organizing an activity or supporting a local organization.

As a committed organization we are able to host a variety of activities such as Hockey Day in the Hamlet, Spring Cleaning, Canada Day Fireworks (new this year), theatre in the Park and Santa's Breakfast. We also provide financial support to local groups who bring value to the community.

One of our sources of revenue is the BCA Membership—only \$10 per family and good for an entire year.

Having a BCA Membership is not like having a “privileged club” membership with benefits. I like to think of it as a \$10 contribution to our community. The next time you attend or read about a community-building activity in the Hamlet, you can tell yourself that your contribution helped make that activity happen.

If you don't have a membership yet, please call, email or send your \$10 cheque to the address below. I will gladly deliver your membership card to your home. Thank you.



François Trépanier, BCA Membership Director
BCA, P.O. Box 47062, Ottawa, ON K1B 5B0.
rftrepanier@gmail.com 613-853-9610

Buying or Selling?

Put our 5 star service
to work for you.



HOMELIFE CAPITAL REALTY INC., BROKERAGE

BROKERAGE INDEPENDENTLY OWNED AND OPERATED. NOT INTENDED TO SOLICIT PROPERTIES CURRENTLY FOR SALE.

613-627-4141 www.homelifecapital.com

Homelife Capital Realty is a proud sponsor of Crime Stoppers. Helping keep our community safe.



Chase Cancer out of our lives!

by Bill Horne

The 2015 Cancer Chase team is hard at work to make the September 27 5km walk/run Cancer Chase a huge success. Get involved! Register online at the Running Room at this address: <https://www.events.runningroom.com/site/?raceId=11838#contact>

The Running Room is one of our partners and has set up a sponsorship page in conjunction with the registration so you can easily recruit friends and family to sponsor you. Advance registration costs just \$25, plus a small admin fee. Also includes a great locally produced t-shirt signifying the Greenbelt where we will walk and run. Remember, you do not have to run a step. Many people are very happy to get out into nature and enjoy the walk—this year featuring the beautiful NCC trails around the Hornets Nest area. No worrying about cars as you walk or run.

If you do not have time to register in advance, you can just show up after 8:15 a.m. on the 27th at the Eric Danis Clubhouse, 1660 Bearbrook, beside the SuperDome. Contribute what you can. T-shirts will be available for sale, depending on supply, with priority to Running Room registrants.

There is still time to come out to the Running Room Orleans store on Wednesday evenings at 6:30 and Sunday mornings at 8:30 and take part with the running or walking groups for your “training”. Go to <http://www.runningroom.com/hm/inside.php?id=2347> to see details.

If you cannot make it to the event, or sponsor a participant, you can still support the cause by going to the Ottawa Hospital Foundation at <http://ohfoundation.ca/our-events/community-events>. All donations over \$20 will receive a tax receipt. Over the years we have raised almost \$200,000.

If you have a business in Blackburn or vicinity, you can email Eileen Lindsay at er11945@gmail.com to let her know you want to make a donation to the silent auction or raffle prizes. Your business will receive plenty of recognition. Eileen or a team member will ensure you get involved.



We are always looking for volunteers to help before and during the event, so if interested contact Shirley Shea at shirley.shea@bell.net.

There will be free refreshments thanks to the hard working Doris Budd and her team.

Keep up with developments at the BCA website or the BCA Facebook page (*see* page 3). You will also find a current list of corporate sponsors and donors on that page. Please show your appreciation to them.

This year, we are pleased to have Axis Registered Massage Therapy on scene to ease those tired muscles afterwards.

And if all else fails, you can always email the Event Director, Bill Horne, wghorne@rogers.com or the Cancer Chase Chair, Laura Dudas, lldudas3@gmail.com. See you on September 27!

Bunning & Farnand LLP

Barristers, Solicitors, Notaries

Located in Blackburn Hamlet since 1982

- Real Estate (residential & commercial)
 - Wills • Estates
- Corporate Law • Business Law
- Family Law (uncontested) • Slip and Falls

bunningfarnand@rogers.com
T 613.824.0000 F 613.824.9164
#204-110 Bearbrook Road, Ottawa, ON K1B 5R2
www.BunningFarnand.com

BEARBROOK D E N T A L

2559 Innes Road, Suite 5 (Blackburn Hamlet) Ottawa, ON K1B 3K1
Serving your Community for Over 20 YEARS!

*Call Today to
Book your Appointment
(613) 824-6048*

OPEN
Evenings!



Dr. David Danic & Dr. Vinh Dao

office@bearbrookdental.ca

office@bearbrookdental.ca

office@bearbrookdental.ca

“Planting a TREE Comeback” Continues!

by Justine Payne

Planting a tree comeback against the Emerald Ash Borer Invasion continues this fall. In the fall of 2014, we had a successful tree planting at Harold Diceman Park. More than 20 volunteers from around the community came out and got their hands dirty planting native trees and shrubs. We planted various native tree species such as the Eastern White Pine, Sugar Maple and Button Bush. One of the biggest challenges that newly planted trees face is access to enough water. Caring families ‘adopted’ the trees that were planted. In doing so, they agreed to look after the new trees by watering them at least once a week in order give them a better chance at survival, especially in the

hot summer months! We are excited to be having another community tree planting again with more opportunities for families to ‘adopt’ trees!

The third phase of the Blackburn Hamlet tree planting initiative will be Saturday October 24th, at 11 a.m. at Angus Purdy Park. This small tree planting project will be held rain or shine! The City of Ottawa will be providing the small trees and shovels; all we need are eager volunteers of all ages!

Mark this date on your calendar and plan to join us as we work with the City to plant new trees in Angus Purdy Park. Email any comments or suggestions to Justine Payne (justine.payne7@gmail.com). Looking to seeing you there!

For additional details on the October 24th planting, please go to www.blackburnhamlet.ca/new_event.s.php for updates. For details contact Justine Payne (613-263-8105).

Next Community Tree Planting

October 24th, 11:00am

Angus Purdy Park
(formerly South Park)

Bring your friends and family!

All planting materials are provided by the City.



BUSSIERES · GAGNIER · MILLER
REAL ESTATE TEAM

Christine
Bussières
Broker

Laurie J.
Gagnier
Broker

Jeff
Miller
Sales Representative



Office. 613.837.0000 | www.MyOttawaTeam.com

- KIDS -

Your chance to win a movie pass for 4 with goodies. Be the 1st one to call the BGM Real Estate Team at 613-837-0000 and identify a Blackburn Hamlet landmark from this video to win! <https://tinyurl.com/myottawateam>

Nurturing the Passion for Hockey

by George Thwaites, President,
Blackburn Minor Hockey Association

Hockey—a Canadian passion.

For thousands of children over the past few decades, children in the Blackburn Hamlet, Chapel Hill South and Bradley Estates area pursued this passion by being a “Stinger” with the Blackburn Minor Hockey Association (BMHA). I continue to meet neighbours and others in our community who speak to their memories of playing with their friends and developing their hockey skills and now have their own children playing hockey.

Today there are over 400 players between the ages of 4 and 20 years who sign up annually to play either house league or competitive level hockey with the BMHA. The reasons are many—fun, being part of a team, keeping active, love of the sport and even dreams of playing in the NHL.

We must be doing something right along the way to retain and attract so many youth in the face of so

many alternatives. We also recognize that there is a ongoing need to improve the hockey experience and the value it holds for children and families. As we nurture the passion, we contribute to the development of our youth and they become an integral part of our community.

As a community-based organization, we are fortunate to have so many volunteers who contribute and support our teams. They include coaches, trainers, team managers, timekeepers and the Board of Directors. Some of these volunteers even hold more than one position. Regardless of individual motivation, at the heart of their volunteering is to enable their children and others to benefit from the hockey experience.

The Board of Directors’ primary focus is to make sure that participants have a healthy and safe environment in which to develop and have fun. Over the summer, we have been working to ensure that we are ready for the 2015-2016

season, and that we will continue to pursue means to further improve our performance through:

- Enhancing our hockey program particularly at the Initiation level and also in our approach to coaching;
- Improving how we sort players and assign them to teams;
- Establishing a partnership with two other local associations for our Representative B level hockey program;
- Increasing the emphasis on protection of physical well-being and on injury management;
- Reinforcing the importance of “respect” amongst all participants;
- Building stronger relationships with community associations;
- Reviewing and updating our governance mechanisms; and
- Revitalizing communications (e.g. new web site located at www.blackburnstingers.com).

We are not standing still in our commitment to improve. That would not be the model our youth need to see in the face of us asking them to work hard and to improve their hockey and life skills. To do otherwise would also negate efforts to realize our full potential.

We are proud to be a contributing partner to our community’s well-being; a focal point for the development of our youth; and the organization tasked to nurture the passion for hockey through a healthy, safe and fun environment.



La Pierre
LAW OFFICE
PROFESSIONAL CORPORATION

www.lapierrelaw.ca



Michelle LaPiere B.A., LL.B.
m.lapier@lapierrelaw.ca

Cecilia Paradigao B.A., LL.B.
c.paradigao@lapierrelaw.ca

Alyson Duggan B.Sc. Soc., LL.B.
a.duggan@lapierrelaw.ca

Real Estate
Wills & Estates
Business Law
Family Law

T (613) 830-1112 2663 Innes Road, Ottawa, ON K1B 3J7 F (613) 830-7998

Business Profile: DUNA European Bistro

A new restaurant has opened in Blackburn Hamlet. DUNA European Bistro features homemade comfort foods from Central and Eastern Europe including long standing favorites such as Viennese style schnitzel, eight varieties of pierogies, Hungarian beef goulash and chicken paprikash, cabbage rolls and spaetzle.

“Our mothers and grandmothers cooked this food for us on a regular basis” says owner Paul, “and all of our friends absolutely loved it. We thought that members of our community would appreciate having access to reasonably priced, tasty and wholesome homemade meals right here in Blackburn Hamlet”.

The owners have been absolutely delighted by the positive response from the community thus far. “As residents of Blackburn Hamlet, we realized that there would be a strong demand for home-cooked European cooking, but since opening a month ago the response has far exceeded our expectations” says Paul. “Our neighbors Shane and Lesley Silva from HomeLife Capital Realty posted us on the Blackburn Facebook page and within days, we got amazing feedback from the community.

Paul credits his grandmother for inspiring his dream of opening a European style restaurant in Blackburn Hamlet. “I grew up very close to my grandmother who owned a restaurant alongside Highway 17 between Sudbury and Sault Ste Marie in Northern Ontario. Her cooking was always the highlight of my day. We wanted the décor, atmosphere and especially the quality of the food to be a reflection of her”.

DUNA European Bistro is open Tuesday through Sunday from 11am to 8pm. Take-out orders can be placed by calling 613-808-8346.



Hey you!

Yeah it's me, the little voice inside your head. Listen, I know our mortgage is up for renewal this year, and let's be honest, our credits not what it used to be. And we did promise the kids that trip this winter. But look down there, at the bottom of the page. Dominion Lending, they will take care of us. And they work for us not the banks so we know their opinions are unbiased. Oh and they only charge for the most challenging credit solutions, and if were in that boat then they can do what our bank can't. So what are you doing? Put down this magazine and pick up the phone, their numbers down there.



Marie-France Lavigne
Mortgage Broker
Tel: (613) 913-3861



Michèle Quinn
Mortgage Agent
Tel: (613)-286-5161



www.facebook.com/mortgageottawa

www.mortgagecompaniesottawa.ca

Trustee Lending Ontario Tel: 800-969-5600 Fax: (613) 913-3861 | Individual Only Owner & Operator | DUNS # 10449

Community Support Saves Blackburn Preschool

by Valancy Reynolds

The September start of the 2015-16 school year is particularly momentous for the Blackburn Hamlet Preschool. Earlier this year it looked as though the co-operative non-profit preschool would be closing when the City of Ottawa decided not to renew the lease of the school building. However, thanks to the assistance of East-end Councillors, the ceaseless efforts of the Preschool's Board of Directors, staff and volunteers, and the tremendous show of support from families and members of the community who wrote dozens of letters to the City and Mayor Jim Watson, the Preschool was able to negotiate a two-year extension on the building.

The lease extension required certain repairs to the building. The summer months saw a flurry of activity at the preschool as the staff, Board, and volunteers rushed to get the necessary repairs completed in time for September.

C&L Construction Ottawa Ltd. was hired to undertake the primary repairs. Parents and members of the community volunteered to assist with the extra work of packing, painting, cleaning and unpacking that was necessary to enable the preschool to open this September. The Board is incredibly grateful to all who contributed to reopen the preschool. The surge of community support and volunteerism that we've received has demonstrated what many have



known for years: Blackburn Hamlet Preschool is an incredibly special place that is deeply rooted within the community. In order to ensure that the Preschool is able to survive beyond the two-year extension, work is underway to secure a new long-term home for the school. The Preschool has recently made changes to allow community members who share our vision to become members of the Preschool Cooperative. We are accepting new memberships and volunteer offers to help secure our new home. Visit the Preschool's website, www.bhps.ca, for more information on how you can get involved.

This period of transition also provides an opportunity for renewal, as the Preschool's Board hopes to establish a new location that would permit the organization to provide a broader range of early learning, child-care, and family programming to better meet the evolving needs of the community. To this end, the Preschool is conducting a survey to assess needs and interests. You can help us by completing the survey on pages 15 and 16 and returning it by mail or by hand to the Preschool (202 Glen Park Drive, Ottawa, K1B 5A3). You can also complete the survey online on the Preschool's website, www.bhps.ca.

Spaces Available

The Preschool has spaces available in all programs and is calling on its supporters to help spread the word to all families with young children in Blackburn Hamlet and surrounding areas. The Preschool currently offers a preschool program for children aged 2.5 to 4 years (available two, three, or five mornings per week or two afternoons per week) and a toddler program for children aged 1.5 to 2.5 years (available two mornings per week). Extended hours are available for the morning preschool programs, providing greater flexibility to parents. Further details on programming and fees can be found on the Preschool's website.

If you are considering whether the Preschool might be the right fit for your child, please call us at 613-824-3251 to arrange a visit and see what makes our school so special.



Mail or drop off by hand to the Blackburn Hamlet Preschool behind the arena at 202 Glen Park Drive, Ottawa, K1B 5A3

BLACKBURN HAMLET PRESCHOOL SURVEY

BHPS is a volunteer-driven, not-for-profit community group that operates a cooperative preschool program for residents of Blackburn Hamlet and surrounding area. Our mission is to offer high-quality, innovative, and accessible early learning programs that support children and families and contribute to a strong community. We value the expertise and involvement of parents and community members as key partners in fulfilling our mission. By completing this short survey you can help us to better meet the needs of the community in the years to come.

Please return the survey to the Preschool mailbox at 202 Glen Park Drive (behind Blackburn Arena) or at the Blackburn Hamlet Library. This survey may also be completed online at www.bhsp.ca.

Please provide your postal code _____

1. How many children are in your household and what are their ages?

Child 1 _____ Child 2 _____ Child 3 _____ Child 4 _____ Child 5 _____ Child 6 _____
No children _____ (please skip to question 7)

2. Have any of your children attended a preschool?

- Yes If so, which one (select all that apply)?
 - Blackburn Hamlet Preschool
 - Beacon Hill Preschool
 - Orleans Preschool
 - Orchard Montessori
 - Navan Montessori
 - Other: _____
- No If not, what are the primary reasons you chose not to send child to a preschool?
 - Cost
 - Location
 - Hours
 - Type of program
 - Language
 - Not suitable for my child
 - Prefer to have children learn at home

3. What are your current childcare arrangements?

| | |
|--|--|
| No additional childcare required: | <input type="radio"/> There is a parent at home full time <input type="radio"/> Children attend public school full time <input type="radio"/> No children/Children no longer require supervised care |
| Part Time care required: | <input type="radio"/> Children are cared for in the family home by a friend/family member <input type="radio"/> Home day care <input type="radio"/> Daycare (institutional) |
| Fulltime care required: | <input type="radio"/> Home daycare <input type="radio"/> Daycare (institutional) <input type="radio"/> Before and after school care <input type="radio"/> Other: _____ |

4. Do you hope to send your child to the Blackburn Hamlet Preschool in the future?

- Yes
- No
- N/A

Continued on page 16

BLACKBURN HAMLET PRESCHOOL SURVEY *Cont'd from page 15*

5. The Blackburn Hamlet Preschool would like to know what type of programming is most needed by the community. Please indicate your level of interest for the following programming options:

| | Not Interested | Moderately Interested | Interested | Highly Interested | N/A |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Part-time preschool (AM and PM) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Full-day preschool (Day Care Option) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Afterschool care 4-5 yr. olds, 6-12 Yr. olds | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Parent and tot programming | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Drop-in play group 18m-4 yrs. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Drop-in or registered baby time 0-18months | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Family-centered programming | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Bilingual or francophone programming | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Part-time JK/SK programming | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Summer camps | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| March break camps | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Outdoor and nature oriented programs | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Arts and recreational classes for children (3 – 12) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

6. The Blackburn Hamlet Preschool is looking at different options for their new location. Please rate your preference for the following location from 1 to 3.

_____ Move to a location inside a local elementary school

_____ Remain near the community hall

_____ Move to the Just Food Farm (off of Tauvette Rd)

Other suggestion: _____

7. What is your level of satisfaction with the following community services in Blackburn Hamlet.

| | Not Satisfied | Moderately Satisfied | Satisfied | Highly Satisfied | N/A |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| The variety of childcare options available (including full- and part-time daycare, after school care) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The variety of extracurricular activities available for children (i.e. sports, arts, outdoors and nature) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The variety of family programs and activities | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The availability of francophone programming for children and families | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| The available community-based events and activities (recreational, arts, and culture) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Thank you for your time. We would appreciate any additional comments.

Dernières nouvelles de la 4e Cie St-Claude

par Viviane Côté-Maxwell,

Des 9 guides, 7 quitteront cette année et ce sera la fin de la 4e Cie St-Claude. Depuis notre camp aux cavernes Laflèche en mai nous avons eu une sortie 'sautante' au Skyzone puis maquillé plus de 122 enfants à la fête foraine sous un beau soleil. Notre dernier camp du 8-14 août fut un

camp Jamorse au Lac Viceroy avec des guides du Manitoba, du Québec, 144 en tout. En ce moment, j'aimerais vous remercier tous pour votre soutien lors de nos activités surtout lors de notre voyage au Pérou en 2014. Un gros merci particulier au BCA et à la Chapelle St-Claude (notre paroisse pendant plus de 25 ans). La livraison du BANAR en

novembre et avril est maintenant libre, c'est une belle activité santé familiale.

Many thanks for your support throughout these 29 years particularly during our fundraisers. Now another group can look into doing a BANAR delivery which is a superb outdoor family activity and fundraiser.



cuisson de banique



4e Cie



totemisation



abri pour la nuit



Merci Viviane Côté-Maxwell



animatrices aux chutes

Pat Durant Ottawa Real Estate

Make all the best moves with, Pat...

~ 10 years
of helping people
Buy & Sell,
at the right time,
at the right price! ~

"Pat listened, and took care of all the details. She made it seem so simple!" - Cindy R.

www.patdurant.ca



Pat Durant, M.Ed.

Sales Representative: **613.899.5651**

kw KELLERWILLIAMS
OTTAWA REALTY
BROKERAGE, INDEPENDENTLY OWNED AND OPERATED

Vegetable Stand • Garlic Festival • Harvest Festival

Every Sunday, local farmers turn a sleepy Blackburn lawn into a buzzing market stand of fresh, organic vegetables, honey, herbs, preserves and more!

The Just Food Farm Stand is open every Sunday from 10 am-3pm at the corner of Pepin Court and Innes Road, across from Tauvette Park.

“It is a real asset to people in the community to have a market right here that they can walk to and get fresh produce,” said Blackburn Hamlet resident Kim.

At the Garlic Festival on September 13th farmers will be offering a variety of garlic. “Each variety differs slightly in flavour. Some are hotter, some mild, and some sweeter,” says Sarah from Beat Greens Garden. Radical Homestead will have garlic honey available. “It is tastier than people think,” says beekeeper Ron.

Winter squashes, beets, kale, onions, potatoes are just some of the fall vegetables that will be offered at the Farm Stand’s Harvest Festival on October 4th. It is also a great time to pick up some herbal remedies from The Wild Garden for cold and flu season and stock up on preserves from Nanabush Food Forests.

The farm stand will run as late as weather permits.

Just Food Farm Stand

**Local, Organic, Farm Fresh
Vegetables, Herbs, Honey, and Preserves!**

Sundays, 10 am - 3 pm
Corner of Innes and Pepin Ct.

September 13th - Garlic Festival
October 4th - Harvest Festival

LIKE US ON
facebook

facebook/justfoodfarmstand

“Expertise & caring means better results for you!”

service bilingue

Lysanne Brault, BROKER
Direct: 613.794.8890

107-250 Centrum Blvd.
Ottawa, ON K1E 3J1
613.830.3350

Listing and selling properties in Blackburn Hamlet.
Yours could be next! Call us today!

PERFORMANCE REALTY
PROFESSIONAL REALTOR® BY OWNERSHIP AND OPERATIONS

Recrutement chez Les Chansonniers



Vous aimez chanter? La troupe Les Chansonniers d'Ottawa est en période de recrutement pour la saison. Les auditions auront lieu les mercredis 9 et 16 septembre.

Le répertoire riche et diversifié s'étend de la musique traditionnelle, folklorique, classique et populaire. Il y a aussi une équipe de danseurs.

Notre dernier spectacle fut à Québec en mai dernier. Vous pouvez avoir un aperçu de nos activités sur le site web:

LesChansonniersOttawa.com

Si ceci vous intéresse veuillez communiquer avec Ghislain au 613-744-3910 ou contact@LesChansonniersOttawa.com

Le chœur Pleinchant d'Ottawa

Le chœur Pleinchant d'Ottawa est à la recherche d'amateurs du chant choral. Le répertoire s'étend du classique au rock, du contemporain à la chanson francophone. Les répétitions ont lieu les mercredis de 19 h à 21 h et un samedi matin par mois. Nous présentons deux concerts par année, soit à Noël et au début du mois de mai. Bien que la lecture de la musique est souhaitée, elle n'est pas strictement nécessaire. La cotisation est de 125\$ par année. Contactez le directeur de la chorale à michel.rochon@cepeo.on.ca.

September 2015

ST. MARY THE VIRGIN ANGLICAN CHURCH

2750 Navan Rd. (2 minutes South of Innes Rd.)

613-216-2200

Sunday Service 8:30 am

All are invited to join us in faith and fellowship

Messy Church October 3rd 2015

4:30pm - 6:30pm at our Church

Children Oriented: Snacks, Crafts, Songs, Hot Food



smtvblackburn@gmail.com www.stmarysblackburn.ca



**Blackburn Hamlet
Community Church**

ANGLICAN NETWORK IN CANADA

*Inviting our neighbours
into the fellowship of
God's love made known in
Jesus*

Worship Times: Sunday @ 10am: Holy Communion
Tues-Fri @ 9am: Morning Prayer
Thursday @ 10am: Holy Communion



DISCOVERY CAFÉ

**6th season begins Friday,
September 25, 7:30pm**

Discovery Café is a series of public lectures on a wide range of topics given by experts in their fields, followed by Q & A. Tea/coffee and desserts are provided

The complete 2015/2016 schedule of topics/speakers will be available soon. Check online for upcoming talks.

MORNING BIBLE STUDY

Beginning Wednesday, September 16 at 9:45am for 8 weeks.

KNIT CAFÉ

For beginners or experts
Wednesdays, 1:30-3pm



7th Anniversary Party!

Sunday, September 20
10am

You are invited to join us as BHCC celebrates 7 years of ministry in Blackburn Hamlet with a Guest Service & lunch.

"For all have sinned and fall short of the glory of God" (Romans 3:23)

THIRD THURSDAYS

Soup/Supper & Song

5:30-7pm, Sept 17 & Oct 15



An opportunity to meet people in a relaxed setting around the supper table. Just show up!

2598 Innes Road

bhccchurch@gmail.com

www.blackburnhamletcommunitychurch.ca

(between the TD Bank & the Pub)

613-837-BHCC (2422)

The fall season is in full swing at the Library

The children are back in school and people have settled back into their daily routines. It's a great time to visit the Blackburn Hamlet Library and check out all that we have to offer. We not only have books, but also magazines, DVDs, eBooks, museum passes, programs and more for adults, teens and children of all ages!

We'd like to welcome our new children's programmer, Jennifer. She, as well as Cathie, will continue to give programs throughout the school year for children ages 6 and under. We will be hosting Babytime for children from ages 0 to 18 months on Wednesday mornings and Toddlertime for ages 18 to 36 months. For the school age children, as always, we encourage parents and their kids to visit the information desk and ask about our wonderful databases and resources for homework, projects, book reports and more!

For adults, the Round Table Book Chat will resume meeting in September on the 3rd Monday of the month at 2:00 pm. Please join us as we discuss exciting titles as chosen by our members. New members are always welcome! No registration necessary!

CHILDREN'S PROGRAMS - Please register.

Babytime (bilingual) Ages 0 to 18 months.

Session 1 - Wednesdays, September 16, 23, 30; October 7, 14, 21, 28.

Session 2 - Wednesdays, November 18, 25; December 2, 9. 30 minutes.

Toddlertime (bilingual) Ages 18 to 35 months.

Session 1 - Thursdays, September 17, 24; October 1, 8, 15, 22, 29. 30 minutes.

Session 2 - Thursdays, November 12, 19, 26; December 3, 10. Please register. 30 minutes.

Halloween Party

Come and join us for a spooky adventure. Bring your costume! Friday, October 30 4:30 PM. 60 minutes

BLACKBURN HAMLET BRANCH HOURS

Monday–Thursday – 10 am to 8:30 pm • Friday – 1 pm to 6 pm

Saturday – 10 am to 5 pm • Sunday – Closed

Closed: Thanksgiving Day – Monday, October 12th
& Remembrance Day – Wednesday, November 11th

Book drop: 24 hours a day • 7 days/week • Tel: 613-824-6926

Blackburn Hamlet Massage Therapy



Ease your pain.
Reduce your stress.
Learn to relax.

- Registered massage therapists
- Thai hot stem massage
- Hot stone massage

Gift certificates for all occasions
Covered by Insurance & Extended Health Plans

2559 Innes Road, Suite # 8 • 613-841-2382

Health Solutions Santé

ENHANCE your quality of life by living pain-free and enjoying daily activities.

IMAGINE doing the sports and activities you love for the rest of your life!



Linda Platt, R.M.T.

Registered massage therapist with over 15 years experience working with clients of all ages and lifestyles.

- ✓ CERTIFIED: Postural Alignment Specialist (PAS)
- ✓ CERTIFIED: Graston Technique (GT)
- ✓ TRAINED IN: Myofascial Release Technique
- ✓ TRAINED IN: Active Release Technique (ART)

613-830-1767 • linda@painfreesolutions.ca

Blackburn Library Programs and Services

ADULT PROGRAMS

Basic Internet/Email, Computer, eReader and Catalogue Tutorials

By appointment only. Limited spaces are available. Please visit or contact the branch to set up an appointment. 60 minutes

Round Table and Book Chat— No registration

Monday, Sept. 21st – *419* by Will Ferguson

Monday, Oct. 19th – *The Book Thief* by Markus Zusak

Monday, Nov. 16th – *Half Blood Blues* by Esi Edugyan
(A CBC Canada Reads 2013 finalist)

Monday, Dec. 21st – *Road Ends* by Mary Lawson

Computer and Tablet Tutorials

Basic computer, Internet, Email, eBook or Library Catalogue Tutorials. Learn on one of our public PCs or bring your own laptop or tablet. Please call the branch to book a one-on-one appointment.

New Eyes for Public Art

Wednesday, October 21st at 2 PM. Please visit or contact the branch in September for more details. Registration required. 60 minutes

For more information or to register for a program, visit our website at www.biblioottawalibrary.ca or call 613-824-6926 x 224 or visit the Information Desk. Registration can also be done online at www.biblioottawalibrary.ca. A valid library card is required

A MESSAGE FROM ARTEAST

We would like to remind our customers of the artwork on our walls courtesy of the local art organization, Arteast. New artworks are hung every two months. During August and September, local artist Jessie Parker's Urban Jazz exhibit, will be on display.

MILLE FEUILLES USED BOOKSTORE


Check out the **LOW PRICES** on books for all ages and interests. Donations in good condition accepted. The bookstore is located in the Blackburn Hamlet Branch near the reading area and is run by the Friends of the Ottawa Public Library.

HOOPLA— New Digital Media Service

Hoopla provides customers access to motion picture films, television shows and complete music albums. There are more than 230,000 titles in this collection, which includes current and past hits, as well as classics. There is a variety of genres to choose from, with something for all ages.

- Customers can stream or temporarily download up to eight titles per month. The download feature is available exclusively on mobile devices, through the app.
- The borrowing period for movie and TV content is between 48-72 hours (2-3 days) and music albums (considered as one item) are borrowed for 7 days.
- Titles are available instantly with no holds, waitlists, or late fees.
- Borrowed titles are automatically returned following the borrowing period.
- Hoopla is accessible from your computer, laptop or wireless device.
- Customers must register for an account with an email address and a valid OPL card number, in order to access the service.

"Get down before you hurt yourself."



Chiropractor: Denis Cyr, M.Sc., D.C.
Registered Massage Therapists:
Madeleine Grondin, Cindy Rivard, Marcel Farhat, Laurie Suggitt

Blackburn Hamlet Chiropractic Office
110 Bearbrook Road • 613-837-6690

Blackburn Junior Badminton

The Blackburn Junior Badminton program continues on Saturday this year at Glen Ogilvie Public School from September 26, 2015 to May 7, 2016 (except school holidays). Ages 9 to 12 will play from 1:00 to 2:30 p.m. Ages 13 to 18 will play from 3:30 to 5:00 p.m. Registration is \$75 for the season

During family hour from 2:30 to 3:30 p.m. parents are invited to participate with their kids who are enrolled in either junior session.

We need to limit each session to about 16 players but we try to accommodate everyone.

The program aims to provide basic skills training and games in a group setting. We have found that improving skills increases confidence and enjoyment of this engaging sport and helps develop lifelong fitness habits.

Participants are required to provide their own racquet and protective eyewear (or prescription eyeglasses with a signed waiver).

To register or for more information, please email blackburnbc@yahoo.com.

DUNA European Bistro

NOW OPEN

2518 Innes Road in Blackburn Hamlet

Join us for authentic homemade Central European comfort food

Homemade schnitzel, 8 varieties of pierogies, Hungarian beef goulash, chicken paprikas, cabbage rolls and much more!

Call 613-808-8346 to place your take-out order

30+ YEARS IN BLACKBURN HAMLET!

Jan's Workout

Quality Aerobics • Strength Training
Pilates • Chair Fitness • Zumba
Yoga Programs • Chair Yoga

All classes held at the
Blackburn Community Hall
Registration is ongoing

Bring your friends and neighbours for a fun workout.

For information, contact Jan Quinn 613-794-9858
www.jansworkout.ca

BLACKBURN LODGE

Where quality retirement living is still affordable!



- ✓ Full retirement home service package and still surprisingly well priced
- ✓ Permanent and temporary stays in apartments, large and small suites
- ✓ Owner on-site
- ✓ Terrific staff!

2412 Cleroux Crescent (near Innes)
Call 837-7467

Blackburn Adult Badminton

The Blackburn Badminton Club continues its tradition of fair play and friendly competition at Glen Ogilvie Public School.

Register now! **Only \$145 for more than eight months of fun and fitness.

Spaces are limited but there are still a few available.

The adult program offers doubles play in a hardwood floor gym.

It operates from 8:00 pm to 10:00 pm on Monday, Wednesday and Friday from September 21, 2015 to June 3, 2016 (except school holidays). Level of play is mostly intermediate and there is a refresher skills clinic early in the season. Membership is limited to forty to ensure adequate playing time on our three courts. A waiting list will be established if necessary.

If there are still spaces available, public registration for adult and junior badminton will be held on Monday, September 21 at Glen Ogilvie Public School, 46 Centrepark Dr., from 7:00 pm to 9:00 pm.

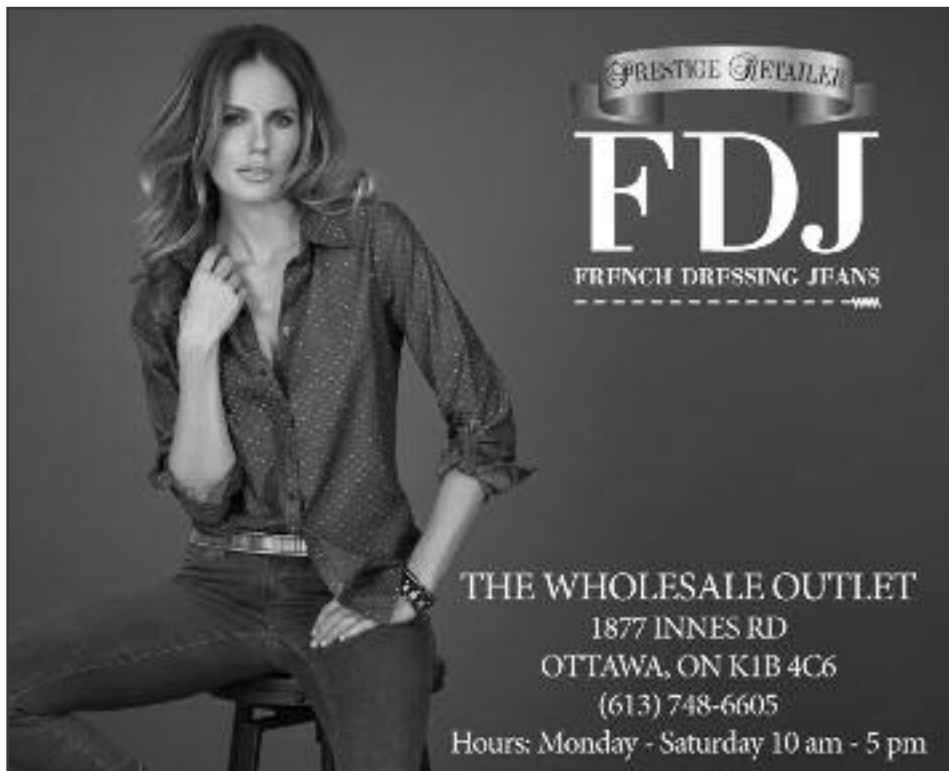
To secure a spot now, or for more information, please email blackburnbc@yahoo.com.

Club information and registration forms are available at blackburn.odba.ca

Good friends are like stars ...
You don't always see them,
But you know they are
always there.

Fashion Show for Breast Cancer Awareness

Plan on attending a free fashion show in support of Cancer Research at the Ottawa Hospital on Saturday, October 3rd at 10 am where 25% of all sales that day go to support cancer research. Models are not professionals—they are our customers and they are cancer survivors. The Wholesale Outlet is located at 1877 Innes Road, near Blair Road. Tel: 613-748-6605.



PRESTIGE COUTURE
FDJ
FRENCH DRESSING JEANS

THE WHOLESALE OUTLET
1877 INNES RD
OTTAWA, ON K1B 4C6
(613) 748-6605
Hours: Monday - Saturday 10 am - 5 pm



Did You Know? It takes the average person seven years before they do something about their hearing loss.

Don't Wait!

NEW TO BLACKBURN HAMLET - NEXT TO TD BANK

 **KOWALSKI HEARING SOLUTIONS** 613-424-8600
Hear the Difference! 2600 INNES ROAD

 www.hearthedifference.ca

Agnes Kowalski HIS

Cours gratuits sur l'essentiel du RCR et utilisation du défibrillateur

Le Rendez-vous des aînés francophones d'Ottawa (3349 chemin Navan) offre des cours gratuits: 15 octobre, 19 novembre et 10 décembre. Vous pouvez vous inscrire en ligne au www.rafo.ca/rcr ou par téléphone au 613-834-6808.

Jumbo

Restaurant

珍寶

www.jumbochinesefoods.com

**CANTONESE, SZECHUAN
& THAI CUISINE**

Take Out & Delivery

613.837.3650

2672B Innes Rd
Blackburn Hamlet, Gloucester

Pick Up Special

Free Chicken Fried Rice
with food orders over \$46.00 before taxes

Free Chicken Fried Rice & 3 Egg Rolls
with food orders over \$65.00 before taxes

Free Chicken Fried Rice & 6 Egg Rolls
with food orders over \$95.00 before taxes
(Specials can not be combined)

\$1.00 Delivery charge per delivery

Minimum Delivery Order \$10.75 before tax



No MSG on request

Business Hours

Monday to Wednesday..... 2:00pm - 9:00pm

Thursday to Friday..... 2:00pm - 10:00pm

Saturday..... 2:00pm - 10:00pm

Sunday & Holiday..... 2:00pm - 9:00pm



Study and Interest Groups for Women

Season Opener on Monday September 21, Ottawa City Hall, 110 Laurier Avenue West. 7:00 p.m. to 8:30 p.m. Women of Ottawa come join us. We offer over 40 study and interest groups, many during the day. Membership is not exclusive to university graduates. For more information call 819-778-3438.

Bugs That Visit Your Backyard

On September 21st, 7:30 pm to 9:30 pm the Gloucester Horticultural Society will be presenting speaker, Diane Lepage. Diane will be speaking about the insects that often visit gardens, like true bugs, wasps, bees, some beetles and caterpillars. She will also talk about the benefits of having native plants and some that attract insects.

Meeting held at the Top Generation Club Hall, 4373 Generation Court off the Ramseyville Road. Refreshments. Contact gloucester@gardenontario.org.

Gloucester Senior Centre's 28th Anniversary

Join us at Amica at Bearbrook to celebrate. Wednesday, September 16th 2-4 p.m. Register by contacting Geraldine at g.dixon@amica.ca or 837-8720.

GEORGE TAUVERTE MAINTENANCE

- Repair and Replace Roofs
- Repair and Replace Siding
- Clean and Install Seamless Eavestroughs
- Sell Quality Aluminum Eavestrough Products
(for homeowners who wish to do it themselves)
- Pick-up & Take Waste to the Dump
- Ask about our other Services!

FREE Estimates

Fully Insured

Satisfaction Guaranteed

We leave your yard tidy and clean!

TauvetteMaintenance@hotmail.com • 613-883-2814

Child Care Connection

Are you a parent looking for home daycare? A caregiver with space in your daycare? Come to a Child Care Connection meeting on Tuesday, September 8, October 13 and November 10 at the Ottawa Public Library North Gloucester Branch (2036 Ogilvie Rd) from 7-8 p.m. The Child Care Providers Resource Network coordinates Child Care Connection meetings throughout the City of Ottawa to help caregivers and parents to connect and establish quality home based childcare arrangements. Information and resources are presented to all attending to help them create and maintain their partnerships. Please arrive 5-10 minutes early to complete the paperwork. Should no one arrive 20 minutes after the start time, the facilitator will leave. No registration required.

The Village Squares

The Village Square Dance Club teaches basic square dance. They already have some members from Blackburn and would like to get the word out for others. Contact Sharon Morrow at s.morrow@live.ca or visit <http://villagesquares.ca> to learn more. Keep your body and mind fit!

Are you looking to create a charitable legacy but aren't sure how?

Contact us to obtain information on how to create a legacy solution at a fraction of the cost and upkeep associated with operating a private foundation on your own. We can help you support charities that you believe in, while reducing your own tax liabilities and improve your overall estate plan.

Garry W. Beckman, First Vice-President, Investment Advisor

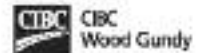
Jonathan Beckman, Associate Investment Advisor

Performance Court, 150 Elgin Street, Suite 2100, Ottawa ON K2P 1L4

www.garrybeckman.ca • jon.beckman@cibc.ca

613 783-6877

Providing sound investment advice since 1987.



CIBC Wood Gundy is a division of CIBC World Markets Inc., a subsidiary of CIBC and a Member of the Canadian Investor Protection Fund and Investment Industry Regulatory Organization of Canada. If you are currently a CIBC Wood Gundy client, please contact your Investment Advisor. \$25,000 minimum investment.

BLACKBURN ANIMAL HOSPITAL

Dr. SABAH MOBARAK



General Small Animal Practice for Dogs, Cats, Birds and Pocket Pets
Medical, Surgical and Dental Care Available
CVO Accredited • Bilingual Service

Call: 613-590-0466 • Located at 110 Bearbrook Rd, Unit 5 (Blackburn Hamlet)
Monday-Friday: 8:00 am-7:00 p.m. • Saturday: 10:00 am-2:00 p.m.

Community Contacts

| | | |
|--|--|---|
| 5 PIN Bowling | Roy Hoban |613-731-6526 |
| Capital District Tenpin Bowling | Melanie Cater |613-720-2485 |
| Badminton | Dale Bemben |blackburnbc@yahoo.com |
| Baseball (Little League) | Gerry Ferguson |613-745-9303 |
| Blackburn Art Group | Margarete Froelich |613-824-6503 |
| Blackburn Arena | |613-824-5197 |
| Blackburn Hamlet Preschool | |613-824-3251 |
| Blackburn Library | |613-824-6926 |
| Blackburn Community Hall | |613-841-7396 |
| - Bookings | Diane Charlebois |613-837-4819 |
| Girls Hockey | |www.gcgh.ca |
| Girls Ringette | www.gloucester-cumberland-ringette.ca/830-9124 | |
| Gloucester Horticultural Society | |613-746-9564 |
| Gloucester Youth Theatre | |613-741-4883 |
| Eastern Ottawa Resource Ctr | |www.eorc-gloucester.ca |
| Guides/Brownies/Sparks | Sarah Dawson |613-834-0978 |
| Les Guides | Viviane Côté-Maxwell |613-837-1839 |
| Scouting | |613-822-8232/613-841-3033 |
| Ladies Softball League | |613-443-1525/www.blackburnladiessoftball.com |
| Le Club Optimiste | Dominique Dufour-Jacques |613-837-4645 |
| Les Chansonniers | Germain Asselin |613-837-3883 |
| Men's Fastball | |bergeronderek@gmail.com/http://www.bmfl.ca |
| Minor Hockey | |www.blackburnstingers.com |
| Newcomer's Cub | Carol Hopkey |613-841-6904 |
| Quilters Club | Joanne Bushell |613-824-6524 |
| Gloucester & Area Adult Ringette | Stephanie Thuemen |president@gaara.ca |
| Ringette Scrimmage | Jane Ross - Tue. mornings 9am |613-837-1504 |
| Ringette Scrimmage | Sue French - Wed. mornings 9am |613-830-0684 |
| Tennis Club | |www.blackburntennis.ca/613-824-0002 |
| Toastmasters | Chris Fraser |613-956-7361 |
| Life threatening emergency or crime in progress | |911 |
| Police emergencies but not life threatening | |613-230-6211 |
| Crimestoppers | |613-233-8477 |
| City of Ottawa | |311 |
| More information on organizations & teams available on the BCA website | | |
| <i>Please email updates to Community Contacts to ev@buddpublishing.com. Thanks!</i> | | |



QUEENSWOOD STABLES

- English horseback riding lessons
- Horse boarding
- March-break & summer daycamps

Call: (613) 835 2085 • Email: qws@queenswoodstables.com



Established Since 1964

Gaëtan Chrétien

613.824.0268

Fax: 613.824.2151

bhiexterior@gmail.com

www.BHIexterior.com

Siding • Windows • Soffit & Fascia • Roofing
100% Financing

J.A.N. PLUMBING INC

Residential & Commercial

Joseph A. Nehme

2551 Gravelle Cres.
Gloucester, ON
K1B 3A4

Tel: 613-834-7007

Cell: 613-720-9392

janplumbing@sympatico.ca

JOE'S
AUTO REPAIR &
CAR SALES

JOE KAADI
613 824 6550
joes.auto@hotmail.com

2526 Innes Road
Ottawa, ON K1B 3J9

Servicing All Makes & Models
Specializing in European Cars

YOUR WAY SNOW & LAWN

Desmond Pigeon

Residential Snow Removal
Lawn Mowing and Aeration

Blackburn Resident For Over 25 Years

613.837.5011

desmondpigeon@rogers.com



(613) 841-6715

J & S SERVICE STATION

Licensed Mechanic, Tune-Up & Repairs
Tires, Batteries & Accessories

2506 Innes Rd.
Blackburn Hamlet, Ont.
K1B 3J9

Prop.: Jeff Bussière
Stéphane Crête

GUY TV REPAIRS

TV -- MICROWAVE OVENS

Home Service Available

2384 Page Road

Guy Doré CALL: 837-3843



More information on local organizations & businesses at <http://www.blackburnhamlet.ca>



Pharmacie
BLACKBURN
Pharmacy

&PharmaChoice

*Advice
for Life*

**EVERY DAY
LOW PRICES!**

**10% SENIOR'S
DISCOUNT**

Hours:

Monday-Thursday 9 a.m.-7 p.m.

Friday 9 a.m.-6 p.m.

Saturday 9 a.m.-3 p.m.

WE OFFER:

- ✓ Personal Medication Reviews (Meds Check)
- ✓ FREE Blood Glucose Tests
- ✓ FREE Blood Pressure Monitoring
- ✓ FREE Prescription Pick-up/Delivery
- ✓ ALL Drug Plans Honoured
- ✓ Canes, Walkers, Etc. (Rent and Sell)
- ✓ Bilingual Service

2559 Innes Road, Ottawa, ON K1B 3K1

Located just west of Southpark Drive on Innes Road



Serving the Blackburn Community since 1992

613-830-1212

pch589@pharmachoice.com

Lou Frangian
Pharmacist/Owner

Welcoming New Patients

Whether you're young, or just young at heart.

Bienvenue aux nouveaux patients

Que vous soyez jeune ou jeune de coeur,
il nous fait plaisir de vous accueillir.

Dr. Chantal Plant DDS



laser dentistry, bilingual services, 1 hour whitening, nitrous oxide sedation, cosmetic dentistry

Blackburn Shoppes
DENTAL CENTRE

2668 A Innes Rd.,
Blackburn Hamlet

Call to make
an appointment

613-834-5959
www.ottawafamilydentist.com