

# Blackburn Area News And Reports

# BANAR

Vol. 54 No. 1

September 2020

## Neighbourhood Watch

*by Don Kelly*

The Blackburn Hamlet Community Association is reaching out once again to the community to get involved with community safety through the Neighborhood Watch (NW) program. Recent events suggest that all of us in the community must enhance our security awareness to our surroundings and the NW program is one of the proven means to accomplish this goal.

The NW program is designed to help neighbors help neighbors. Who best to know your community than you? When we as a community work together we can combat crime in a most effective manner—before it starts. By your involvement we can discourage and prevent crime at the local level. However, our success depends largely on a commitment by the area residents and the police.



**With the NW program here are some of the goals we can achieve:**

- (1) Make our homes less inviting as a target for thieves when we are at home or away;
- (2) Recognize and report suspicious activity in the neighborhood;
- (3) Help to ensure your fellow citizen feels “safe” in a secure neighborhood.

The NW program is a group of volunteers who take pride in their community. You become the “eyes” on the streets and backyards of our community by gathering information about possible criminal activity, suspicious individuals and suspected damage to property.

Remember, there are no costs to you—but will be a great benefit to your community. So, contact us at [safety@blackburnhamlet.ca](mailto:safety@blackburnhamlet.ca) and join the Team.

**Virtual meeting with your elected officials on September 3rd**  
More info on pages 9 & 10

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Dr Bernard Vincelette, DMV & Dr Annie Séguin, DMV

### Worries about Grain Free diets and heart disease in dogs



#### Background information:

Maybe you heard about it by now... Are grain-free diets bad?

Dilated cardiomyopathy (DCM) is a heart disease involving the heart muscle. Recently, veterinary cardiologists have noticed an increase in DCM in some breeds such as: Golden Retrievers, Labrador Retrievers, Whippets, Bulldogs, Shih Tzu, mixed breeds.

#### What we know:

Just over 90% of these dogs were on grain-free diets; 93% were on diets high in lentils or peas. The combination of legumes and low taurine protein source (example lamb, rabbit) could lead to taurine deficiency. Despite the important role of taurine in heart health, it is not mandatory to supplement or test the amount of taurine in dog food (mandatory for cat food).

#### What we have not yet determined:

Not all cases of DCM have been confirmed to be linked to food. There is also a genetic predisposition and other unknown factors. A

study was recently published to show a link in between Golden retrievers, DCM and grain free diets.

<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0209112> but there are still more investigations going on. There has been no recall on the grain-free diets involved so it is important for owners to be aware of this possible link in between grain free diets and heart disease in dogs.

#### Conclusion:

Even though diets are said to meet nutritional standards, the processing methods of the ingredients and the quality control tests (biological testing) are essential to obtaining a reliable healthy diet. Please consult with your veterinarian for any worries or questions you may have regarding your pet's diet.

*La version française de l'article est disponible sur [www.thehamletveterinaryhospital.ca](http://www.thehamletveterinaryhospital.ca)*

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# President's message

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This year continues to be an extraordinary one, with fall and back to school looking very different. I know for many in our community there remains uncertainty about what the next few months will bring, but I have also seen great examples of resiliency and neighbors supporting each other through these challenging times. As our city and province entered Phase Three of reopening, it dovetailed with sunny weather and long summer days. I hope everyone has had opportunities to take advantage of the beautiful weather to get out and explore, connecting with the nature around us.

I encourage everyone to look back on this summer through our "Blackburn is Beautiful" photo contest on page 12; our Environment Director, Kendra Brett, did a great job in organizing this contest and in looking at the photos, it's easy to see why Blackburn is such a great place to live.

For those of you not willing to give up on summer just yet, you have a few more days left to participate in the Blackburn Hamlet TD Park People Challenge on page 10: a fun activity for all ages and a great way to see the many parks our community has to offer.

As we turn the page on the season, many of us are facing difficult decisions for our family, especially surrounding back to school. For those choosing a return to the classroom, I encourage you read "Back to School—Safety Awareness" on page 7, penned by our Director of Community Safety, Don Kelly.

And for those of you seeking inspiration for new ways to be active, or to routinize your newfound love of the great outdoors, check out Noel Paine's articles on pages 18.

I couldn't in good conscience end this message without acknowledging some of the challenges our community has recently faced: there have been acts of violence in the community, including on our own City Councilor. However, it is in the face of these shocking events that our community spirit shines through. We need to continue to come together, to help and care for one another. I am proud of our residents and businesses; while we have had trying times, it is during this adversity that we value all the more those amongst us who are working hard to keep our community safe and positive.

- Mark Lister



Allotment Gardens

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## Websites

[www.BlackburnHamlet.ca](http://www.BlackburnHamlet.ca)  
[www.BlackburnFunFair.ca](http://www.BlackburnFunFair.ca)  
[www.Banar.ca](http://www.Banar.ca)  
[www.CancerChase.com](http://www.CancerChase.com)

## Facebook

- Blackburn Hamlet Community Association-BCA
- Blackburn Hamlet Community Association

## Twitter

@BlackburnOttawa

# Blackburn Community Association (BCA)

Mailing address: P.O. Box 47062, Ottawa K1B 5B0

## 2020 BCA Board of Directors

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## 2020 BCA Committee Chairs

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Cancer Chase: Don Kelly	info@cancerchase.com
Community Hall: Auramarina Sawyer	hall@blackburnhamlet.ca
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## THE BANAR is published five times a year

BANARS are available at most of the local businesses and then refilled at the Blackburn Library, Metro and Shoppers Drugmart while quantities last.

ARTICLES can be emailed in the body of an e-mail or attached as a Word document. ORIGINAL PHOTOS MUST BE SENT AS HIGH RESOLUTION JPEGs. Please email to Evelyn Budd at ev@buddpublishing.com. Call 613-824-9707 if you do not get a confirmation by email that your email has been received.

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CIRCULATION—4,000 in February, April, June, September November.

PAYMENT, ADVERTISING, ARTWORK AND ARTICLES ARE DUE BY THE DEADLINE DATE. Please put "BANAR" in the subject line.

**Articles sent after the Deadline may not get in.**

BANAR	Deadline	Delivery
Nov:	October 14/20	Oct 31-Nov 2/2020
Feb:	January 20/21	Feb 6-8/2021
April:	March 17/21	April 3-5/2021
June:	May 12/21	May 29-31/2021
Sept:	August 11/21	Aug 28- Aug 30/2021

### Time to renew your BCA Membership!

Your \$10 annual membership helps support BCA activities such as the BANAR, representation to various levels of government, FunFair, Hockey Day, Canada Day, Santa's Breakfast and many other initiatives for youth, seniors, and local groups Each membership is good for all family members living at the same address.

Would you like to be added to the BCA Email List? YES

Cheque: Payable to BCA for \$10.00 and mailed to Membership Director, BCA, P.O. Box 47062, Ottawa, On K1B 5B0

Email Transfer: Send \$10.00 payment to membership@blackburn hamlet.ca and write "your family name membership renewal/ purchase" in the Notes field. You will receive an auto-deposit notice from your bank confirming the funds have been deposited. Forward that email to: membership@blackburnhamlet.ca.

Or join online at this link: <http://Blackburnhamlet.ca/membership>

The BCA relies on volunteers. If you will help with membership activities, please check this box. Yes, I will help!

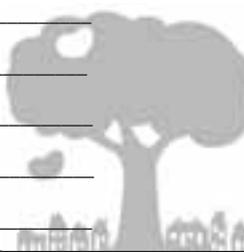
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### BCA Email Newsletter

Perhaps you're looking for a way to have news delivered as effortlessly as your paper copy of the BANAR. Now, you can have semi-regular summaries of past events, links to the digital copy of the BANAR, reminders of upcoming community events, and notices of BCA meetings delivered right to your inbox. We expect to send a maximum of three emails a month, and you remain in control of your subscription at all times, with a link to unsubscribe included in every issue.

**Sign up for the newsletter today. Go to the BCA website and click on "Keep in touch".**

# Support is available as back to school and work routine resumes

by Councillor Laura Dudas

As back to school and work routines ramp back up this fall, this can be a difficult time for many parents trying to juggle the demands of jobs and full, part-time, or at-home schooling of children. All this combined with the ongoing precautions required for venturing out in public during a pandemic.

This pandemic has put a strain on many individual's mental health, particularly on parents and children. Students have been at home since the beginning of March and many parents have expressed concerns of the effect this will have for children's social and educational development, as well as their mental health.

It is important during this pandemic that we pay attention to our mental health and reach out when we need help. Ottawa Public Health is working to ensure that the mental health supports are in place

for children and families during this transition. Ottawa Public Health's website has many resources available, including how you as a parent can support your child, information on same-day free counselling services, strategies to better deal with the stress caused by the pandemic, and many other resources. Ottawa Public Health will be posting information dedicated for schools, colleges, and universities that will provide more information on what to expect in the fall as children return to school.

**You can access  
Ottawa Public Health's  
supports and resources  
at  
OttawaPublicHealth.ca**

You can access Ottawa Public Health's supports and resources at [ottawapublichealth.ca](http://ottawapublichealth.ca).

I have also provided information for parents and children on my website, which include mental health and educational resources, as well as fun activities for children and families such as online museum tours, learning at home activities and

*Continues on page 6*

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# Laura Dudas

Councillor Innes Ward

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Laura.Dudas@Ottawa.ca  
613-580-2472

LauraDudas.ca



Orléans Village · Chapel Hill South · Trailsedge · Chapel Hill North

## Support is available—Cont'd from page 5

many more. You can find out more at [lauradudas.ca](http://lauradudas.ca).

During this difficult transition period, I would also encourage parents to reach out to the many great community resources we have in Orléans. One of these organizations is Mouvement d'implication francophone d'Orléans (MIFO), which provides many different activities for children of all ages and activities for the family. Another great organization is the Orléans-Cumberland Community Resource Centre, which has many resources for families including the EarlyON Child and Family Centre, that can provide advice from professionals trained in early childhood development. You can connect with MIFO at [mifo.ca](http://mifo.ca) and

you can also access the Orléans-Cumberland Community Resource Centre's website at [croc.ca](http://croc.ca). I know that this is a trying time for many families and

that there are many unknown factors so I would encourage all of you to continue to check [ottawapublichealth.ca](http://ottawapublichealth.ca) and [lauradudas.ca](http://lauradudas.ca) for the latest information and resources.




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# Back to School — Safety Awareness

by Don Kelly, Community Safety

**In just a few weeks** it will be back to school time again. This is a time for parents to review school safety measures with their children, whether the children are going to school by school bus, vehicle, bicycle or walking. Here are some safety tips for you to consider when discussing school travel safety with your children:

## Meeting the School Bus

When meeting the school bus everyone should be on the sidewalk and no one should approach the bus until the bus has come to a full stop, and the bus door is open. Another very important point to remember is that if children need to cross the street to meet their school bus they should look left, then to the right and once more to the left before crossing the roadway. Remember also that if children drop something under the bus, they should be made aware to never attempt to retrieve the item without ensuring the bus driver is aware of their actions.

## Getting off the School Bus

When exiting the school bus, children should ensure they are fully away from the bus after exiting. If they are required to walk in front of the school bus, they should be at least 3 metres in front of the bumper of the

bus. It is essential that the driver be able to see the children at all times; and children should only cross the street when the driver signals them to do so.

## Travelling to School by Vehicle

Parents should remember that dropping off and picking up children at school creates hectic driving conditions due to the gathering of multiple vehicles, notably school buses. Drivers must always stop for school buses that are loading or unloading children. Drivers and children going to school must also watch out for school crossing guards and obey their signals.

Everyone should do their best to avoid unsafe driving practices, especially in school zones. This year the City of Ottawa has Photo Radar in many school zones of the City. The primary focus of the cameras is to reduce excess speeding in these school zones.



## Travelling to School by Bicycle

Here are some safety tips for Bicyclists from the Canada Safety Council:

- Wear a properly-fitted helmet;
- Have your bike in good working condition;
- Conduct regular maintenance on your bike;
- Ride in a straight line and in the same direction as traffic;
- Be predictable to other users of the roadway; and
- Never ride at night without reflective clothing, reflectors and lights.

## Walking to School

Parents should discuss with their children the importance of why they should never accept rides from strangers. They should also review with their children the route(s) they will use to and from their school with a focus on potential hazards, such as busy intersections. They should go over how traffic lights and pedestrian walk signs operate and what are the best practices. For example, children should be educated that drivers must always see them before they cross the street.

## Virtual meeting with your elected officials September 3rd, 7 p.m.

Since the start of the pandemic, your local elected officials have been meeting weekly to touch base and to share concerns about our respective communities. We expressed the interest in reaching out to our community associations since attending AGM's and meetings are not physically possible yet.

Along with MPP Stephen Blais and Councillor Laura Dudas, we will be hosting a virtual meeting with the Blackburn Hamlet Community Association on September 3, 2020, at 7 p.m.

We wish to connect with residents to discuss matters that are important to them and make ourselves available to answer questions and concerns.

If you are interested in attending, go to [blackburnhamlet.ca](https://blackburnhamlet.ca) and register as there is a maximum of 100 participants. The first 100 registrars will receive a Zoom link prior to the meeting.

Or use this url:

<https://forms.gle/EtJzowUtVTdDGL9T6>

The meeting will be recorded for residents unable to attend the meeting to have the opportunity to watch the discussions at their discretion.

*Hosted by:*

Marie-France Lalonde

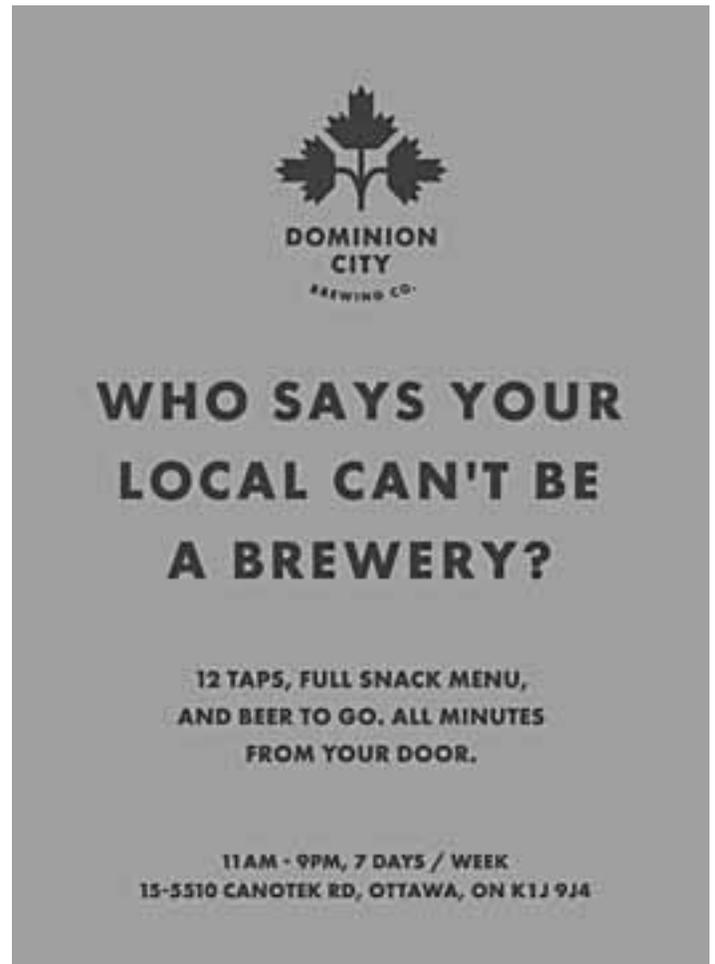
Laura Dudas



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*Andrew Cole, Bin Xu,  
Collette Plamondon, Joseph Lamb*



## Réunion virtuelle avec vos élus locaux Septembre 3, 7 p.m.

Depuis le début de la pandémie, vos élus locaux se réunissent chaque semaine pour se tenir au courant et partager les préoccupations de nos communautés respectives. Nous avons soulevé l'intérêt d'entrer en contact avec nos associations communautaires comme il n'est pas encore physiquement possible d'assister aux assemblées générales et aux réunions. En collaboration avec le député provincial Stephen Blais et la

conseillère municipale Laura Dudas, nous organisons une réunion virtuelle avec l'association communautaire de Blackburn Hamlet le 3 septembre 2020, à 19 h.

Nous souhaitons entrer en contact avec les résidents afin de discuter des questions qui sont importantes pour eux et nous rendre disponibles pour répondre à leurs questions et préoccupations. Si vous souhaitez assister à la réunion,

veuillez soumettre le formulaire suivant,

<https://forms.gle/EtJzowUtVTdDGL9T6>

car il y a un maximum de 100 participants. Les 100 premiers inscrits recevront un lien Zoom avant la réunion.

La réunion sera enregistrée pour que les résidents qui ne peuvent pas y assister aient la possibilité d'écouter l'échange à leur convenance.



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# Blackburn Hamlet TD Park People Challenge

*If you're looking for something to fill the last few days of summer, there's still time to complete the TD Park People Challenge*

by Kendra Brett

**Did you know that Blackburn Hamlet boasts 11 city-owned parks, as well as 6 schoolyards, the Gloucester Allotment Gardens, and connections to the NCC Greenbelt pathways?** If you haven't had the chance to visit all the parks and greenspaces in the Hamlet, now's your chance! With support from the 2020 TD Park People grants program, the Blackburn Community Association Environment Committee has put together a Park Challenge to get you

outside enjoying nature, and learning about the environment.

The challenge will occur during July and August, and will be an activity-based scavenger hunt

*Complete contest rules and the full entry form can be found at [www.blackburnhamlet.ca](http://www.blackburnhamlet.ca) or on the Blackburn Hamlet Community Association Facebook page.*

designed to get people to explore all the parks in the Hamlet. All households in Blackburn Hamlet are welcome to submit one entry for your chance to win a prize!

Please note, due to the ever changing COVID-19 pandemic, you must follow all municipal and provincial physical distancing and gathering rules that are in effect while participating in these activities. The BCA will not be responsible for violations.

Whenever possible, please use eco-friendly ways to get to the parks, such as walking or riding a bike. We'd also like to remind you to not pick plants, to obey any signs asking you to stay on pathways, to observe wild animals from a distance, and to leave nature the way you found it!

Map of Blackburn Hamlet with the parks identified so they can be easily found.

Visit page 19



## To enter, download the entry format

Direct link to pdf: <http://blackburnhamlet.ca/wp-content/uploads/TD-park-people-challenge.pdf>

Complete as many of the activities as you can.

You do not need to complete all activities on the list to enter, and winners will be selected at random.

Please submit the entry form by email to [enviro@blackburnhamlet.ca](mailto:enviro@blackburnhamlet.ca) by September 1, 2020—using the subject 'Park Challenge'.

If you take any photos of the challenge, feel free to share them on Facebook or Twitter using the hashtag #BHParkChallenge.

## Contest Rules:

1. Contest is open to residents of Blackburn Hamlet.
2. One entry per household.
3. The form must be submitted by a resident of legal age in Ontario
4. To be eligible for the draw, the contestant information must be filled in on the entry form, and at least 5 of the 20 activities must be completed.
5. Winners will be selected at random for one of the 4 prizes (valued at approximately \$40)
6. Entrants who complete all 20 tasks will be entered to win an additional prize (valued at approximately \$40)
7. Winners will be contacted via the email address provided when the form is submitted.
8. Please follow all municipal and provincial physical distancing and gathering rules that are in effect while participating in these activities. The BCA will not be responsible for violations.

## Sample challenges:

### Connecting with the Community

Count the number of trees at Richard Dagg Park: \_\_\_\_\_

Take a walk through Woodhill Park. Stand still and close your eyes in for 5 minutes.

Which nature sounds did you hear? \_\_\_\_\_

### Fitness and Fun

Count the number of steps between Agnes Purdy Park and Bearbrook Road: \_\_\_\_\_

Do some yoga or stretches in a park.

### Connecting with the Community

Take a walk on the road through the community gardens. Identify at least 10 different vegetables or fruits growing in the gardens. \_\_\_\_\_

### Learning about Nature

Can you find any lichens in Isaiah Scharfe Park? \_\_\_\_\_

# Blackburn is Beautiful Nature Photo Contest

by Kendra Brett

**Thank you to everyone** who participated in the Blackburn is Beautiful Nature Photo Contest! We received so many wonderful submissions through Facebook and email, and it was difficult to pick the winners. The Environment Committee is pleased to present the following winners and runner ups in their respective categories.



“Cupids comyntas. The Eastern tailed blue butterfly. It landed on a stem of grass and sat peacefully, letting me get close enough for a photo. It was captured for its beautiful blue colour”

Wildlife—Winner: Devon Henderson



Spring trees near Tauvette.

Trees—Winner: David Glover



Found some lovely trilliums in the Greenbelt.

Flowers—Winner: Logan Young



When you decide to get a lil creative in your garden!  
Always looking for different ways to be creative.

Other—Winner: L.A. Schnupp



“Pink smoke tree” Its quite a dramatic tree when in bloom with its feathery smokie looking plumes.

Trees—Runner Up: Ann Coupland



I’ve been watching the milkweed plants coming along and yesterday couldn’t believe they were already starting to bloom. I find the individual flowers very beautiful and star-like.

Flowers—Runner Up: Pamela Harle



This is a picture of a stump near my school.

Other— Runner Up: Violet Bosworth

**Visit the Blackburn website and the Facebook page to see all the beautiful photos in colour!**



The fox was standing at the edge of the Greenbelt behind our home.

Wildlife—Runner Up: Jean Martin



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# 2020 Cancer Chase cancelled

By Don Kelly, Chairman

Due to the restrictions of public gatherings caused by Covid-19 there will not be a Cancer Chase event held in Blackburn Hamlet this year. The Blackburn Community Association and the Cancer Chase Committee would like to

thank the many volunteers who have been working on this event.

We are planning to restart this wonderful community event next year with renewed enthusiasm.



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RESIDENTIAL DETACHED HOMES	RESIDENTIAL ATTACHED HOMES	CONDOMINIUMS												
<p><b>UP 18.22%</b> OVER 2019 </p>	<p><b>UP 29.14%</b> OVER 2019 </p>	<p><b>UP 39%</b> OVER 2019 </p>												
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="font-size: 0.8em;">2019 MLS* Sales Data Average</td> <td style="font-size: 0.8em;">\$522,835.00</td> </tr> <tr> <td style="font-size: 0.8em;">2020 MLS* Sales Data Average</td> <td style="font-size: 0.8em;">\$618,075.00</td> </tr> </table>	2019 MLS* Sales Data Average	\$522,835.00	2020 MLS* Sales Data Average	\$618,075.00	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="font-size: 0.8em;">2019 MLS* Sales Data Average</td> <td style="font-size: 0.8em;">\$369,411.00</td> </tr> <tr> <td style="font-size: 0.8em;">2020 MLS* Sales Data Average</td> <td style="font-size: 0.8em;">\$477,047.00</td> </tr> </table>	2019 MLS* Sales Data Average	\$369,411.00	2020 MLS* Sales Data Average	\$477,047.00	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="font-size: 0.8em;">2019 MLS* Sales Data Average</td> <td style="font-size: 0.8em;">\$226,444.00</td> </tr> <tr> <td style="font-size: 0.8em;">2020 MLS* Sales Data Average</td> <td style="font-size: 0.8em;">\$314,813.00</td> </tr> </table>	2019 MLS* Sales Data Average	\$226,444.00	2020 MLS* Sales Data Average	\$314,813.00
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# Blackburn Craniosacral and Reflexology Therapist

**Anna Crandlemire, CST-T, RCRT**, owner of *No Kinks Manual Therapy* has been a resident of Blackburn Hamlet for over 16 years. She is pleased to be seeing clients again in person at her home studio, and as well at a multi-disciplinary clinic in New Edinburgh.

“When the pandemic started, I was disappointed that I had to stop treating, as the services I provide are exactly what people need to help them through this crisis. **Craniosacral therapy and Reflexology are holistic ways of supporting a healthy immune system, and of coping with stress and anxiety.** It is important that my clients know that they can safely access manual therapy now, and that I am following strict guidelines to keep clients safe.”

Anna is a certified Craniosacral Therapist, and a Registered Canadian Reflexology Therapist. She works with adults of all ages and has a special enjoyment in working with older adults.

“Seniors can benefit so much from gentle touch, and non-invasive methods of alleviating pain, enhancing lymph and blood circulation, and mobility. I offer a discount for seniors because I want them to take advantage of this resource. I believe I am one of very few therapists who do that.”

Another area of special interest for Anna is brain health. **If you are concerned about your memory**, due to injury, concussion, aging, chemotherapy or post-anaesthetic, consider coming for an assessment and treatment.

“My job is to optimize the environment of the brain and spinal cord, allowing for maximum cleansing of the brain tissue. I do this by minimizing the tension patterns influencing the brain, and by gently encouraging the flow of cerebrospinal fluid that brings nourishment to the brain and takes away metabolic waste and toxins. I’m also passionate about helping with brain conditions such as Bi-polar disorder, Schizophrenia and Parkinson’s. People with these diagnoses have few options other than medication.

There is a huge benefit in being supported in a holistic way, and in optimizing brain function.”

Please visit Anna’s website for more information on her background and the services she offers. She has recently trained in Distance therapy as well. If you are not yet comfortable seeing a therapist in person, this is a good option to explore. She is currently offering a 30-minute complimentary session for clients to try Distance Craniosacral Therapy.

“I will always be grateful for the pandemic for this reason—I have discovered that it is possible, and very effective, to treat people at a distance. It needs to be experienced to be appreciated. It has been rewarding to connect with clients around the world (as far away as Jamaica and New Zealand!), including those in hospital when visitors were not allowed.”

Feel free to visit [www.NoKinks.ca](http://www.NoKinks.ca) or to reach out to Anna by email: [anna@NoKinks.ca](mailto:anna@NoKinks.ca) or by phone: 613-296-9135 for any questions or to book an appointment.

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2 LOCATIONS: Blackburn Hamlet - 10 Beddoe Lane  
& New Edinburgh - 35 Beechwood Ave, 3rd Floor  
[Distance ((Remote)) Craniosacral Sessions available]

# Blackburn Hamlet Parks

**In the fall of 2000** Lois Kemp spearheaded the renaming of parks that would help pass the history of Blackburn onto future generations. A recommendation was sent to the City of Gloucester by the BCA to rename some of the parks in Blackburn Hamlet. The new names highlighted the history of the area and recognized those who had either contributed to the creation of the Hamlet, or were original landowners. The proposal was accepted in November 2000.

## Early Settlers

The early settlers are those who purchased land from the government in the 1800's. They had to clear the land of tree stumps, build their own roads, and schools, etc. All these people also served as trustees on the school board and some of their sons, grandsons also served over the years.

**Richard Dagg:** In 1857, three families of Dags settled in the area and was known as Daggville. It later became Blackburn. Richard Dagg

donated the land for the first school in the area and Anglican church.

**John Kemp:** In 1857, John Kemp settled on Lot 10 (Keystone Park and Norman Johnson Alternative High School area) and four generations farmed the homestead. The Blackburn Public School—first a one-room red brick building and in 1964 a two-room yellow brick building—now called the Norman Johnson Alternative High School was built on the Kemp property. John Kemp's descendents sold lots along the Navan Road in 1948.

There are still members of the fourth, fifth and sixth generation of Kemps living in the Blackburn area.

**Joshua Bradley:** In 1858, Joshua Bradley settled in Blackburn. This summer the Bradley Estates is being built on the former Bradley homestead. It was through the efforts of his son, William Bradley, and Robert Blackburn (once the Reeve in 1864, then MP) that the Post Office was approved and the

community then became known as Blackburn.

**Agnes Purdy:** In 1858, Agnes Purdy settled on Lot 9 (just a half kilometre east on Navan Road from the Blackburn By-Pass) with her husband William. Four generations of Purdys farmed the land until the NCC expropriated the farm for the Greenbelt. Agnes played a significant role in the development of the area as a major fundraiser as well as treasurer for 30 years with the St. Mary the Virgin Anglican church on the Navan Road (1879), and as school board secretary for twenty years.

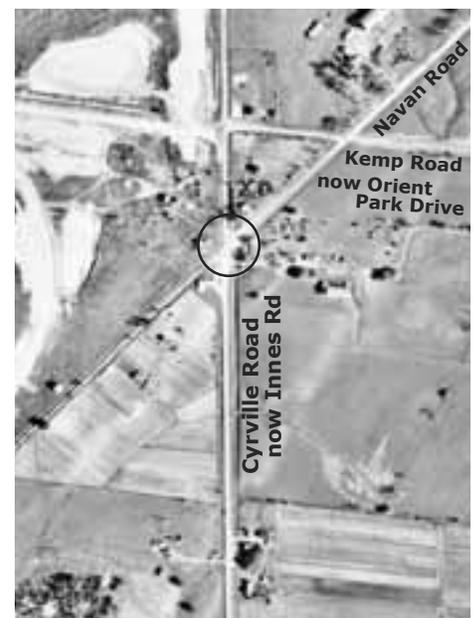
**Isaiah Scharfe:** Isaiah Scharfe settled in the Emily Carr School area around 1850. Four generations lived in Blackburn. They sold lots and built houses on what is now Innes Road, previously the Cyrville-Navan Road.



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Blackburn Corners - no traffic lights.  
Cyrville Road bends to the right onto Navan Road

## Blackburn Hamlet Builders

On June 18 1958, the federal government gave authority to the NCC to establish a greenbelt around the City of Ottawa.

A group of sixty small landowners in Blackburn, with the help of Dolphin homes (Costain), convinced the Township of Gloucester and the NCC that services could be brought across the Greenbelt to support a satellite community in the middle of the Greenbelt. On March 29th, 1963, the Minister of Municipal Affairs approved the official plan of the Township of Gloucester for Blackburn Hamlet.

In 1967, the first new residents of Blackburn Hamlet moved in.

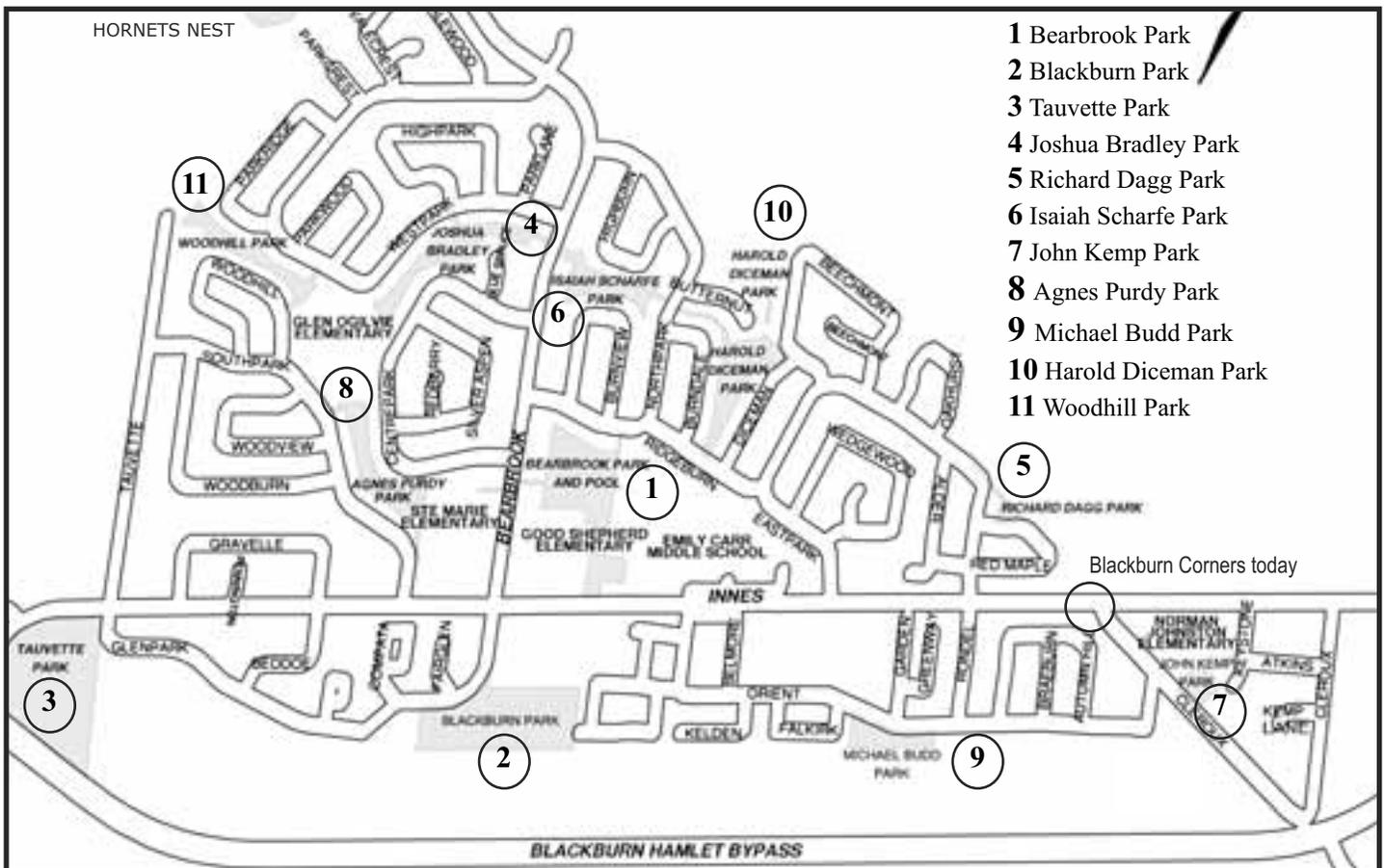
Several key men were instrumental in creating Blackburn Hamlet as the community it is today.

**Harold Diceman and Allan Beddoe** were recognized as Hamlet Builders by having parks or streets named after them.

**Robert MacQuarrie** was a Gloucester Councillor from 1958 to 1966, and was instrumental in providing advice to the Council and to the NCC, on the feasibility of installing services to the Hamlet in support of the community. The Ottawa City Council renamed the Orleans Recreation Complex in his honour.

**Michael Budd:** The National Defence Department had expropriated the original Budd homestead in 1942 for the military Proving Grounds. The Budd family relocated to Budd Gardens' present location and once again in 1958 were expropriated by the NCC for the Greenbelt.

Michael Budd, Charles and Allen Beddoe, Harold Diceman, Eldon Kemp and Dolphin Homes (later known as Costain Homes) convinced the NCC and the Township it would be feasible to bring the services across the Greenbelt and to develop a self-contained satellite community—Blackburn Hamlet.



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# Keeping active during the pandemic

*Creating a healthy, active lifestyle during amidst the chaos*

by Noel Paine

**There are always two ways** to look at something – like the glass half full, half empty example.

With gyms closed, not many activities outside the home to do and lots of stress and uncertainty during the global pandemic, there are still opportunities and things to take advantage of.

Stuck at home either because of lack of work or working from home? Use the time you would be in a car or on a bus to go for a morning or afternoon walk around the community. Discover the trails at Just Food Farms, the parks, the gardens or Forest Valley.

Used to running on treadmill or using a gym? Discover outdoor activities like biking on the trails that lead down to the Ottawa river, walk and discover the old road that leads to Prescott-Russel trail or try running outside and discover your neighborhood.

Don't know what to do with the kids? Many pools are open and have safe practices that actually give

you more pool space. Take a bike ride or pack up and discover Petrie Island or Mer Bleue.

Stuck in the house with family? Talk about healthy meal ideas, talk about things you don't normally have time to, sit as a family, do board games or evening hide and seek outside, go stargazing or pop a tent up outside and do backyard camping.

Too many things to do and too much stress? Control what you can and then try and relax and find a few minutes for yourself. Look for the positive in the day, be grateful for small things and find a 5,10 or 15-minute guided meditation session on Youtube somewhere quiet. Also take advantage of any opportunity to smile, laugh or talk with a friend.

Eat as healthy as you can, try and get outside and be active once a day and take time to let your brain pause and relax once a day.

There may be chaos, uncertainty and stress floating around, but you can keep smiling and survive with a healthy, active lifestyle. It may not solve your problems but might help you tackle them.



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# Control the spread of the Emerald Ash Borer

Ian Grabina, Officer, Public and Community Relations

As part of its emerald ash borer management strategy, the National Capital Commission (NCC) will be removing 133 ash trees affected by the emerald ash borer in the Green's Creek sector in the eastern Greenbelt. Dead trees of other species may also be removed to improve access and allow a safe work environment for the crew undertaking the work.

The work, which will start on August 17, 2020, and continue for a period of five to seven days, will be undertaken between 7 am and 5 pm, weather permitting. The work will not require the closure of pathway sections. Signage will be in place, and staff will be on-site.

Roadside work along Bearbrook Road will be undertaken with a bucket truck. Tree tops will be removed and left on-site to decompose, with stemwood left standing as habitat. Where access

permits along the Greenbelt Pathway East, a truck and chipper will be used, with chipped materials left on-site to decompose. Where mechanized access is not possible, crews will be felling trees using chainsaws, with materials being managed on-site to mimic a natural setting.

Once natural regeneration has begun, we will re-evaluate the corridor to determine tree planting needs, as we will be in a better position to assess the situation at that time.

If you have any questions, please do not hesitate to contact NCC client services at 613-239-5000 or [info@ncc-ccn.ca](mailto:info@ncc-ccn.ca). For more details about the emerald ash borer management program, please visit our website and interactive map.



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[www.RothwellUnitedChurch.ca](http://www.RothwellUnitedChurch.ca)

# Blackburn Hamlet Library now open!

Welcome back! We are pleased to be able to open the doors after so many weeks of closure. Starting Monday, August 17, additional in-person services will be offered, including browsing, access to computers by appointment and creation of new library cards.

Please remember to bring your mask, as required by the Temporary Mandatory Mask By-law.

Don't forget to check out the children's Summer Reading Club online at <https://bibliottawalibrary.ca/en/kid-zone/src> for all kinds of fun activities to keep the kids reading over the summer.

We are not able to offer any programs in the library at this time, but we have all sorts of online activities for adults, teens and kids on our website at <https://bibliottawalibrary.ca>, including online tutorials to help you download e-books. Please call us at 613-580-2940 for assistance.

Bon retour à la bibliothèque! C'est un grand plaisir de vous accueillir de nouveau après une si longue absence. À partir du lundi 17 août, vous pourrez consulter la collection, utiliser un ordinateur public sur rendez-vous et obtenir une carte de bibliothèque.

S.v.p., n'oubliez pas votre masque, puisque le port du masque est obligatoire, conformément au Règlement temporaire sur le port obligatoire d'un masque.

Soyez sûr de consulter le Club de lecture pour enfants sur notre site web,

<https://bibliottawalibrary.ca/fr/kid-zone/src>, où vous trouverez toutes sortes d'activités ludiques pour encourager les enfants à lire cet été.

Malheureusement, nous n'offrons pas de programmes en succursale en ce moment, mais il y a beaucoup d'activités en ligne pour tous les âges sur notre site web at <https://bibliottawalibrary.ca/fr>, y compris des tutoriels en ligne pour apprendre à télécharger les livres numériques. N'hésitez pas à nous contacter au 613-580-2940 si vous avez besoin d'aide.

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## Library Hours

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Wednesday – 10 AM - 6 PM  
Thursday – 1 PM - 8 PM  
Friday – 10 AM - 4 PM  
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# Canada Day

by Chelsey Wynn

Blackburn Hamlet has a longstanding tradition of celebrating Canada Day together as a community.

This year, we were required to celebrate apart, so the BCA would like to share some great memories from past Canada Day festivities.

We hope that everyone had a wonderful holiday.

For those that were out and about in the neighbourhood for a Canada Day “window walk”, we enjoyed seeing your flags and also your photos in the BCA Facebook group.

Thank you to all those who sent in their photos for this project.

We can't wait to see you all when it is safe to come together again!

*Photo taken in 2019 at the Canada Day celebrations*



*Photo by Evelyn Brudd*

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