

Blackburn Area News and Reports

BANAR

Vol. 53 No. 1

September 2019



The 2019 Cancer Chase 5K walk/run will take place at the Greenbelt Pathway known to many as Green's Creek.

All proceeds of this event will go directly towards cancer research at the Ottawa Hospital through the Ottawa Hospital Foundation. It is expected that there will be a 40% increase in cancer over the next 15 years we realize that continued research is essential.

Register for this community family event online at CancerChase.com or by calling info@cancerchase.com. You can also register the day of the event at the Hornet's Nest on Bearbrook Road after 8:15 a.m.

All registered walkers and runners will receive a Swag Bag with many useful items.

Taking a break from walking or running? That's okay, come out to the Silent Auction and bid on some great items—such as a \$450 snow clearing deal, or a gift certificate for some active family time at Fun Haven.

Come one, Come all!

Not able to make it to the event? Why not support the cause by making a donation to the Ottawa Hospital Foundation—just click on the link on the Cancerchase.com website. All donations over \$15 will receive a tax receipt.

We urgently need volunteers to make this event a continuing success. We have a great deal for students who are looking for community hours. Contact Don Kelly at info@cancerchase.com or call at 613-325-1766 for more information.

See you Sunday, September 8th!

Don Kelly, Co-Chair

SUNDAY, SEPTEMBER 8TH

8:15 a.m. Doors Open

8:30 a.m. Silent Auction Open

8:45 a.m. Speeches

9:00 a.m. Warm Up

9:15 a.m. Walk / Run Starts

11:00 a.m. Last Call: Silent Auction

11:15 a.m. Silent Auction closes

12:30 p.m. Event Closes

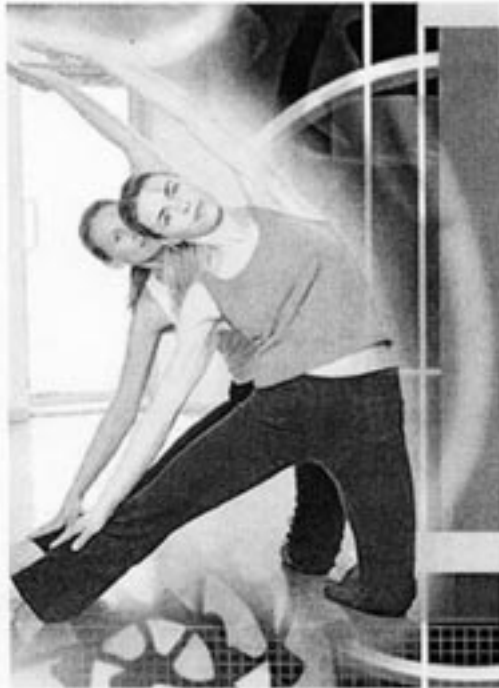
Jan's Workout



Our Philosophy

Fun, Friends, and Fitness -- We believe personal fitness goals are more easily and sustainably achieved when integrated as part of an active, socially-engaged lifestyle. Our classes are offered in a warm and caring environment that fosters an atmosphere of community and lasting friendships

Our classes are designed to embrace all levels of ability and style!



Aerostrength: a choreographed cardio class followed by a muscle strength and stretch segment:
Mondays, Wednesdays and Fridays (9:35-10:35 am)

Light Workout: a 'light' choreographed cardio class with controlled impact, followed by a muscle strength and stretch segment:
Mondays, Wednesdays and Fridays (10:35-11:35 am)

Strength for Mobility: a class designed to accommodate those who prefer a workout on or with a chair. **Note**: small equipment may be incorporated:
Wednesdays (11:35-12:35 pm)

Strength & Flexibility for Balance: a fun-filled class - strengthen muscles and bones, improve balance and flexibility:
Mondays & Fridays (11:35-12:35 pm)

Yoga Stretch: reduce stress, develop inner awareness, build flexibility, strength and balance through a focus on breathing and slow physical movements, **Yoga Stretch for Every Body**:
Tuesday Evenings (7:30-8:30 pm)

Pilates for Life: incorporate proper form and technique of classical Pilates:
Wednesday Evenings (6:30-7:30 pm)

Registration 2019 – Blackburn Community Centre – 190 Glenpark Drive

Wednesday September 4th, 2019

11:00 am to 1:00pm and 6:30 pm to 7:30 pm

Classes Start Monday, September 9th 2019

call 613 794 9858

or visit our website www.jansworkout.ca

President's message



Thanks to volunteers, local businesses, and a fabulous community, the Blackburn Funfair is an event that shows how a community can come together and have a really good time.

Thank you Joanne Smith for volunteering to co-ordinate the delivery of the Blackburn BANAR!

Joanne is currently looking for people—all ages—who would like to earn money by delivering the BANAR 5 times a year.

Delivery dates can be found in the BANAR on page 4.

The routes can be viewed at www.BANAR.ca.

Choose the route(s) that will work best for you and put your name on a waiting list if the one you want is currently called for.

Please email Joanne for more information at joannesmith@yahoo.ca.

Thank you!

DEStination Delivery Service

Transportation of small engine equipment such as lawn mowers and snowblowers to your preferred repair depot and moving other bulky equipment such as barbecues, lawn furniture, etc.

Your equipment will be handled with care.

Contact Desmond Pigeon at 613-314-2107
or email: pigeon4185@rogers.com



- 5 Trash Talk: City-Owned Garbage Cans
- 7 Councillor's Updates
- 9 Feedback—Blackburn Arena
- 11 Canada Day in the Hamlet
- 13 Green bin changes
- 14 FUNFAIR 2019
- 16 Blackburn Library
- 18 Early Blackburn Schools
- 20 RCMP Curling Club—Open House
- 21 Rothwell Bell Choir
- 22 Modern Square Dancing Club
- 23 1st Blackburn Scouts Group
- 24 Badminton Registration
- 25 grandmas "Wine Survivor"
- 26 Ladies Ringette

Websites

www.BlackburnHamlet.ca
www.BlackburnFunFair.ca
www.Banar.ca
www.CancerChase.com

Facebook

- Blackburn Hamlet Community Association-BCA
- Blackburn Hamlet Community Association

 **Twitter**
[@BlackburnOttawa](https://twitter.com/BlackburnOttawa)

Blackburn Community Association (BCA)

Mailing address: P.O. Box 47062, Ottawa K1B 5B0

2019 BCA Board of Directors

President: Ali Yassine 613-866-3126 president@blackburnhamlet.ca

Vice-President: Chelsey Wynne 613-700-7009 vp@blackburnhamlet.ca

Treasurer: Lisa Margeson 613-824-2759 treasurer@blackburnhamlet.ca

Secretary: Lynn Lefevre secretary@blackburnhamlet.ca

Environment & Transportation: Kendra Brett 613-265-7661,
Dave Garand enviro@blackburnhamlet.ca

Social: Ian Chamberland 613-277-7149

Community Safety: Don Kelly 613-325-1766 safety@blackburnhamlet.ca

Community Relations: Kiel Dixon-Lawlor communications@blackburn
hamlet.ca

Parks and Rinks: Mark Lister parksandrinks@blackburnhamlet.ca

Education and Youth: Kathleen Parisien youth@blackburnhamlet.ca

Membership: Satinder Sahota membership @blackburnhamlet.ca

Website: Kevin White webadmin@blackburnhamlet.ca

BCA Committee Chairs

FunFair: Brent Lawrie chair@blackburnfunfair.ca

Seniors Action: Beverley McGrath seniors@blackburnhamlet.ca

Cancer Chase: Lee Stach info@cancerchase.com

Community Hall Auramarina Sawyer hall@blackburnhamlet.ca

BANAR Editor: Evelyn Budd 613-824-9707 ev@buddpublishing.com

THE BANAR is published five times a year in Blackburn Hamlet.

BANARS are available at most businesses including the Blackburn Library, Shoppers Drug Mart, Tim Hortons and the Blackburn Metro while quantities last.

ARTICLES can be emailed in the body of an e-mail or attached as a Word document. **ORIGINAL PHOTOS CAN BE SENT AS HIGH RESOLUTION JPEGs.** Please email to Evelyn Budd at ev@buddpublishing.com. **Call 613-824-9707 if you do not get a confirmation by email that your email has been received.**

ADVERTISING: PRICES & INFO AVAILABLE AT WWW.BANAR.CA

THE BCA OR BUDD GRAPHICS INC. does not endorse or guarantee products or services sent in for the Banar or take responsibility for the print or web quality, copyrights infringements of photos, artwork or text provided by advertisers for the BANAR or the BCA website.

CIRCULATION—4,000 in February, April, September November and 4,500 for June issue.

PAYMENT, ADVERTISING, ARTWORK AND ARTICLES ARE DUE BY THE DEADLINE DATE. Please put "BANAR" in the subject line.

BANAR Deadline / Delivery Dates:

Nov BANAR: Deadline October 16 /19—Delivery Nov 1- 4

Feb BANAR: Deadline Jan 15/20—Delivery Feb 1- 5

April BANAR: Deadline March 18/20—Delivery April 2- 6

June BANAR: Deadline May 6/20—Delivery May 21-24

Sept BANAR: Deadline August 12/20—Delivery Aug 28- 31

MORE INFORMATION: www.BANAR.ca

**Next BCA Public Meeting
September 19, 7:30 pm
Blackburn Community Centre
Agenda will be posted on BCA website**

Join the BCA! Your \$10 annual membership helps support BCA activities such as: the BANAR, representation to various levels of government, Fun Fair, Hockey Day, Canada Day, Santa's Breakfast, and many initiatives for youth, seniors, and other local groups. Each membership is good for all family members living at the same address.

Name: _____ Tel#: _____

Address: _____ Postal Code: _____

Email: _____

Would you like to be added to the BCA Email List? YES NO

Cheque: Payable to BCA for \$10.00 and mailed to Membership Director, BCA, P.O. Box 47062, Ottawa, ON K1B 5B0

Email Transfer: Send \$10.00 payment to membership@blackburnhamlet.ca and write "your family name membership renewal/purchase" in the Notes field. You will receive an auto-deposit notice from your bank confirming the funds have been deposited. Forward that email to membership@blackburnhamlet.ca,

You can also join online at this link: <http://blackburnhamlet.ca/membership/>

The BCA relies on volunteers. If you will help with membership activities, please check this box. Yes I will help!

Trash Talk: City-Owned Garbage Cans

by Kendra Brett, Director,
Environment Committee

After receiving feedback about the high volume of litter in the Hamlet, the Blackburn Community Association Environment Committee contacted the City of Ottawa for some information about city-owned garbage cans, and about the possibility of getting more garbage cans in the Hamlet.

Here is some of the information we received:

Waste receptacles are placed at all sports fields, with more garbage cans in problem parks. Garbage cans can only be placed on city property. This explains why some areas in the Hamlet have fewer garbage cans than others, as these areas only have residential streets. We did not receive a direct answer to our request for more cans along Innes road. We were informed that the lack of roadside cans is due to the amount of household waste that they attract, resulting in overflowing receptacles.

In the summer, garbage cans were emptied once a week to once every two weeks, depending on service requests. During the winter they are not emptied as frequently. Certain garbage cans are seasonal (i.e., removed in the winter), and this is determined based on whether the park has pathways or a parking lot that are maintained in the winter. Garbage cans are also placed in any park with an outdoor rink. For the seasonal steel drum garbage can in the Michael Budd Park, the city acknowledged the need for a permanent (year round) can in



this location, and has said it will add this request to the list for park improvements for consideration for the budget in 2019 or 2020.

Please remember, if the city is unaware of a problem area for litter, they cannot do anything about it. If you ever notice an issue (e.g., litter frequently left at bus stops, overflowing bins), please report it to the city.

The photos above are from Angie Jodoin, who organized an impromptu community garbage pick-up. Pictured above are Dominique Coinique, her daughter Sacha, Angie Jodoin, Alex Katesyama and Ben Dumoulin and in the second photo Angie, Ben and ??? on Saturday, August 10th after hearing multiple people complaining about trash left in the local parks. They collected 7 bags of garbage in 40 minutes.



Editors note: A week later I spotted Angie, Dominique and Sacha out again with their bags and latex gloves. They mentioned how happy they were to be living in the Blackburn community and are gladly willing to volunteer their time and energy to make it look cared for.

Thank you from all of Blackburn!

"The time to clean our city of any dirt begins with individual action for collective clean communities." ~ Lailah Gifty Akita

Hôpital Vétérinaire
du Hamlet



The Hamlet
Veterinary Hospital

Dr Bernard Vincelette, DMV & Dr Annie Séguin, DMV

Worries about Grain Free diets and heart disease in dogs



Background information:

Maybe you heard about it in the news... Are grain-free diets bad?

Dilated cardiomyopathy (DCM) is a heart disease involving the heart muscle. Recently, veterinary cardiologists have noticed an increase in DCM in some breeds such as: Golden Retrievers, Labrador Retrievers, Whippets, Bulldogs, Shih Tzu, mixed breeds.

What we know:

Just over 90% of these dogs are on grain-free diets; 93% are on diets high in lentils or peas. The combination of legumes and low taurine protein source (example lamb, rabbit) could lead to taurine deficiency. Despite the important role of taurine in heart health, it is not mandatory to supplement or test the amount of taurine in dog food (mandatory for cat food).

What we have not yet determined:

Not all cases of DCM have been confirmed to be linked to food. There is also a genetic predisposition and other unknown factors.

A study was recently published to show a link in between Golden retrievers, DCM and grain free diets.

<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0209112> but there are still more investigations going on. There has been no recall on the grain-free diets involved so it is important for owners to be aware of this possible link in between grain free diets and heart disease in dogs.

Conclusion:

Even though diets are said to meet nutritional standards, the processing methods of the ingredients and the quality control tests (biological testing) are essential to obtaining a reliable healthy diet. Please consult with your veterinarian for any worries or questions you may have regarding your pet's diet.

La version française de l'article est disponible sur www.thehamletveterinaryhospital.ca

FULL SERVICE COMPANION HOSPITAL

Including surgery, dentistry, emergency and medical consultation

Open 6 days a week

Monday – Thursday 8am-7pm; Friday 8am-6pm; Saturday 9am-noon

2592 Innes Road in Blackburn Hamlet (between T/D Bank & Blackburn Arms Pub)

Tel: 613 837 PETS (613 837-7387)

Vétérinaires et personnels entièrement bilingues

Visit us at www.thehamletveterinaryhospital.ca or on Facebook

Councillor's Updates

Blackburn Arena expansion

The Blackburn Arena is at the heart of our community; for decades it has supported our sports teams and a community space that has been invaluable to residents.

In July, I joined with local MP Andrew Leslie and Mayor Jim Watson to announce that the federal government is providing \$1 million towards the renovation and expansion of the arena. I am pleased to confirm that the city will be providing the balance of the approximately \$5 million project and that construction is expected to begin in 2020.

The renovation will include two alternate-needs rooms, four new dressing rooms, a community multi-purpose space for events, and an expanded front lobby. This much needed renovation will make this vital community and sports facility more inclusive, accessible, and functional for all users.

Updates on this significant community investment will be posted on my website at LauraDudas.ca as they become available.

Keeping children safe is a priority

This upcoming school year the City of Ottawa has invested in a crossing guard to keep our children safe as they cross the intersection of Innes and Bearbrook, on route to school and home on weekdays.

This location was evaluated by city traffic experts, who determined that it met all the criteria to warrant this important investment.

At a time when we are encouraging young people to walk to school as part of being healthy and active, it is essential that we make sure they are kept safe.

Events, public meetings & pop-up offices

My website continues to be the best place for all the latest information on what is happening in Innes Ward. This includes information about development projects, community resources, and pop-up office hours throughout the ward where you can speak with me on what matters most to you.

If you have not visited my website recently, I would encourage you to check it out.

Blackburn Hamlet • Chateaufeuf • Bradley Estates • Orlians • Notre-Dame-des-Champs • Eastboro

Laura Dudas

Councillor Innes Ward Deputy Mayor


613-580-2472 Twitter @laura_dudas Facebook @ /Laura.L.Dudas

Stop by the Blackburn Arena Ward office, 200 Glen Park Drive.

Monday	9 a.m. to 5 p.m.	Thursday	9 a.m. to 5 p.m.
Tuesday	9 a.m. to 5 p.m.	Friday	9 a.m. to 12 p.m.
Wednesday	12 p.m. to 8 p.m.	Saturday	9 a.m. to 12 p.m.

Website at LauraDudas.ca *I am here to help!*

Orlians Village • Chapel Hill South • Trail's Edge • Chapel Hill North





Blackburn

Dental Centre Dentaire

**NOUS AVONS DÉMÉNAGÉ À QUELQUES PAS !
OUR CLINIC HAS MOVED ACROSS THE STREET TO:**

2514 INNES ROAD

- New comfortable & inviting atmosphere
- State-of-the-art dental technology
- Ample free parking
- Un espace confortable et invitant
- Des technologies ultramodernes
- Un grand stationnement gratuit

**But still the same team of passionate
and dedicated dental experts**

613-824-3478

Dr. STÉPHANIE MALETTE & Dr. RÉMI MORIN

WWW.BLACKBURNDENTAL.CA

Feedback requested from City: Blackburn Arena

by Doug MacQuarrie

My family moved to Blackburn in 1967. I grew up in Blackburn; I lived, worked, played and volunteered in the community for 25 years. I still live in Innes Ward and I still have family in Blackburn. I have submitted Commemorative Naming Proposals* to appropriately recognize an ICONIC BLACKBURN COUPLE—Lois and Eldon Kemp—whose contribution to the community over decades has touched if not shaped the lives of thousands—including my own. The proposals are to rename the Blackburn Arena, to the “Lois Kemp Arena” and to name the skating surface inside the Arena, to the “Eldon Kemp Rink”.

Very briefly:

Lois Kemp was a resident of Blackburn Corners for 72 years, she spearheaded the formation of Gloucester Ringette and was the founder of Blackburn Area News (BANAR). She volunteered with the Blackburn Girl Guides, was the co-founder of the Fun Fair and Parade Marshall for its 40th Anniversary, co-founder and president of Gloucester Area Ladies Ringette Association (the largest adult ringette league in the world), and co-founder of the GAARA Silver Spoon Tournament. A published author of a book titled “Gloucester Roots”, Lois was influential in inspiring girls and women in sport and recreation. She was the first woman inductee of the Gloucester Sports Club “Wall of Fame” and received the Ottawa Sports Lifetime Achievement Award.

Eldon Kemp was born and raised in Blackburn Corners, he was the backbone of the community for almost 70 years. He served in the Royal Canadian Navy before joining the National Research Council, where he worked for more than three decades. Eldon contributed to community life in many important ways; he received the Governor General’s Long Service Award for 25 years in scouting, volunteered as a hockey coach and youth leader, was a Blackburn Public School Trustee, and co-founded the Blackburn Community Association. Eldon was instrumental in establishing and maintaining all community outdoor rinks and puddle rinks every winter and ball fields in the summer until 1990. Eldon always had a positive attitude and comforting

smile, and he gladly served as a mentor/role model to hundreds of community youth.

These proposals have now cleared the first two steps in the process (vetting and Committee review). The next step in the Commemorative Naming process, is a 30-day public consultation period which runs until September 14. I invite you to offer a brief email in support of these proposals. I hope there is no opposition to the proposals but comments on both sides of the issue may be submitted to: namingottawa@ottawa.ca.

Two of the three active Naming proposals currently posted by the city for public consultation pertain to Lois and Eldon. As these are all considered separate proposals, please feel free to comment on the two Blackburn proposals by using “Lois Kemp Arena” and “Eldon Kemp Rink” respectively as subject lines for your email in order to ensure that your comments are accurately captured. You are welcome to share this request with others and encourage their feedback too!

Additional information and the Commemorative Naming Proposals can be accessed on the BCA Website and a summary of the proposals can be found here: <https://ottawa.ca/en/city-hall/your-city-government/policies-and-administrative-structure/administrative-policies-0#current-commemorative-naming-proposals>

**As background, my original proposal was to rename the Arena to the “Lois and Eldon Kemp Arena” but for various reasons, the City denied that request and will NOT reconsider it. An alternative acceptable to the City was to name the building after Lois and the ice surface after Eldon—which is now up for consideration. These proposals have been discussed with and are supported by Lois and Eldon’s family, the Blackburn Community Association and Innes Ward Councillor and Deputy Mayor, Laura Dudas.*

Deadline for submissions is September 14th.

1. Submitters are to cite the subject lines as “Lois Kemp Arena” and “Eldon Kemp Rink” as subject lines respectively.
2. There is a place for the reader to get more background on Lois and Eldon if they want it and that is at <https://ottawa.ca/en/city-hall/your-city-government/policies-and-administrative-structure/administrative-policies-0#current-commemorative-naming-proposals>.

Thank you.

Serving Your Community for **Over 25 Years**

DR. DAVID DANIC & DR. VINH DAO



WELCOMING NEW PATIENTS!

Services Available:


- Implant Surgery
- Oral Surgery
- Laser Technology
- Nitrous Oxide Sedation
- General Dentistry
- Cosmetic Services

We speak English, French and Vietnamese

Offering direct assignment (some conditions apply)

2559 Innes Road
Suite 5, Ottawa, ON
(613) 824-6048



Like us on
Facebook! 

office@bearbrookdental.ca

Canada Day in the Hamlet

We had a blast listening to the live music with our neighbours on the community picnic blanket! Thank you BCA for this memorable event.

Photos and comment by Angie Jodoin.



From left to right: Angie, Charlie, Jack, Nina



What is a mortgage "Refinance" and how does it affect me?

Refinancing a home is one of those things where people understand what it is but have trouble explaining how it works. To put it simply, refinancing your home allows you to access the equity you have built up, by changing the mortgage amount. You are essentially borrowing money from the lender while also adding money back on top of your mortgage.

This is why people will refinance their home to make larger purchases or to pay off high interest debt. The bank will lend you the money now and get it back in the future, plus interest, because it is being added to the mortgage.

Other ways people can do this, especially if they are looking to complete renovations, is through home equity, lines of credit, collateral charges and purchase plus mortgages. Contact Michele or Marie-France for more information about refinancing!



www.OttawaDLC.com

Marie-France Lavigne
Mortgage Broker
Tel: (613) 913-3861



Michele Quinn
Mortgage Agent
Tel: (613) 286-5161





2600 Innes Road Blackburn Hamlet, ON 613-424-8600 khs.ca



Healthy hearing is healthy living.

CALL US
613-424-8600

- ✓ FREE hearing tests and consultation
- ✓ Service and repairs to all hearing aid makes and models
- ✓ Offering a wide selection of products personalized to your hearing loss and budget

Green Bin Changes

Organics recycling is an important part of the City of Ottawa's long term waste strategy. Diverting residential organic waste away from landfill saves the City millions of dollars by reducing the need for a new landfill site.

Just as Ottawa residents separate recyclable materials from their garbage, the Green Bin program makes it easy to separate organics for curb-side pickup.

Plastic bags can be used as a bagging option for household organics in the green bin. Pet waste is also accepted—including dog waste and kitty litter.

The green bin is cleaner and more convenient to use. Using the green bin takes advantage of weekly pickup, while garbage is collected bi-weekly.

No need to purchase plastic or compostable bags. You can reuse common ones around your home such as bread bags, milk bags, grocery and retail bags.

If you are currently using paper products and it works for you, please continue. It also remains a clean and convenient option.

Explore other Green Bin disposal options by visiting Ottawa.ca.



**WHO SAYS YOUR
LOCAL CAN'T BE
A BREWERY?**

**12 TAPS, FULL SNACK MENU,
AND BEER TO GO. ALL MINUTES
FROM YOUR DOOR.**

**11AM - 9PM, 7 DAYS / WEEK
15-5510 CANOTEK RD, OTTAWA, ON K1J 9J4**

Laurie J. Gagnier Broker
Christine Bussières Broker
Jeff Miller Sales Representative

BGM



RE/MAX
AFFILIATED REALTY LTD. BROKERAGE



BUSSIÈRES • GAGNIER • MILLER
REAL ESTATE TEAM

613.558.8000 | www.MyOttawaTeam.com

The BGM Real Estate Team hopes everyone had a great summer and wishes all children a happy and successful return to school!

If you are thinking of buying or selling, feel free to give us a call to discuss your real estate needs!

Blackburn FUNFAIR 2019—A Huge Success!

by Brent Lawrie, Blackburn FUNFAIR Chair

Another exceptional FUNFAIR kicked off summer 2019!

The weather was great Friday night, and all day and night on Saturday. All the excellent events, great entertainment and carnival rides were bustling with an abundance of community participation. Sunday was a little wet this year, but it didn't dampen the attendance for the 1k and 5k FunRuns or the excellent Dog Show and other events that were held in the arena.

Thanks to our supporters and fantastic community, \$15 000, will be distributed back to our community organizations, school programs and associations within Blackburn.

Check out our web page at <http://www.blackburnfunfair.ca/supporters/> for the list of our major sponsors. Distribution of honourariums and a full list of sponsors and contributors to our Silent Auction, will be reported in the next BANAR after our 'wrap up' meeting in September.

I would also like to express my gratitude to all the great volunteers on the organizing committee and those that helped during the FUNFAIR weekend, an event of this magnitude could not happen without their time and dedication. I enjoy immensely working with this great team, but, after five years as the chairman of the FUNFAIR organizing committee, I will be stepping down from this position and passing the reins to Ian Chamberland who will take on the chairman's position for FUNFAIR 2020. I will still be on the organizing committee, to help Ian with the transition, and help out in another position. Ian has some great ideas for next years FUNFAIR and I know it will be in great hands and he will have continued support from all of us.

Don't forget to mark your calendars for next year's FUNFAIR, which will be Friday the 5th to Sunday the 7th of June, 2020.

*Thanks to all
Brent*

More photos in the BCA Smugmug Gallery at <https://buddphotos.smugmug.com/Blackburn-Community>





What's happening at the Blackburn Library

Fall is fast approaching, and the kids will soon be back in school! Come and pay us a visit to learn about all the activities we have planned for both adults and children at the Blackburn Hamlet library.

Computer and Tablet Tutorials

We offer basic computer, Internet, Email, eBook or Library Catalogue Tutorials. You can bring your own laptop or tablet or learn on one of our public computers. Please call the branch to book a one-on-one appointment. Limited spaces are available. 60 minutes.

ADULT PROGRAMS

ROUND TABLE AND BOOK CHAT

For adults, the book club will meet on the third Monday of the month at 2:00 pm. Please join us as we discuss exciting new reads. New members are always welcome! Monday Sept. 16: *A Man Called Ove* by *Frederik Backman*
Registration required.

POETRY WORKSHOP WITH HENRY BEISSEL

Improve your writing with acclaimed poet and playwright Henry Beissel (and

Blackburn Hamlet resident!) in 6 interactive sessions.

Sept. 17, 24, Oct. 1, 8, 15, 22. 6:30 – 8:00 pm

Registration required.

STARTING A BUSINESS

Whatever kind of business you are starting online, home-based, local, product sales or service-the steps and procedures in preparing your business are the same. Invest Ottawa business advisors present this information-packed workshop to get you started in the right direction.

Thursday, Sept. 26, 6 - 8 pm

Registration required.

MAKING A DIFFERENCE FOR FAMILIES FACING CANCER – Cancer Coaching

Whether you or someone you know is facing cancer, come learn more about the Ottawa Regional Cancer Foundation, the impact of Cancer Coaching, how to access this health service, and other community resources.

Thursday, Oct. 24, 6:30 – 8 pm

Registration required.

FAMILY PROGRAMS

TALK ABOUT MONEY

Join Tecla Kalinda of ZalaSmart to learn in a FUN, interactive way about the value of money, savings and more. Ages 9 - 12

Saturday, Nov. 2, 1:30 – 2:30 pm

Registration required.

CHILDREN'S PROGRAMS

Jennifer and Cathie will be offering programs for all ages. Please check below for program information. We encourage parents and their children to speak with our



La Pierre
LAW OFFICE
PROFESSIONAL CORPORATION

www.lapierrelaw.ca



Real Estate
Wills & Estates
Business Law
Family Law

Michelle LaPierre B.A., LL.B. mlapierre@lapierrelaw.ca
Cecilia Perdigao B.A., LL.B. cpeldigao@lapierrelaw.ca
Alyson Zgayer B.Sc. Soc., J.D. azgayer@lapierrelaw.ca

T (613) 830-1112 2663 Innes Road, Ottawa, ON K1B 3J7 F (613) 830-7998

BLACKBURN BARBERSHOP

Try us once and you'll become a regular customer!



MEN'S SENIOR SPECIAL DAYS
Monday to Wednesday

SPECIALIZING IN WOMEN'S HAIRCUTS
Starting at \$24

Open 6 days a week: Mon–Fri 9 am to 7 pm • Saturday 8 am to 6 pm

BLACKBURN SHOPPES: 2666 B INNES ROAD (BESIDE BANK OF MONTREAL)
By appointment / Accept walk-ins ☎ CALL 830-9584

Blackburn Hamlet Library branch of the Ottawa Public Library

knowledgeable staff about our wonderful databases and resources for homework, projects, book reports and more!

BABYTIME (Session 1) – bilingual
Wednesdays from 10:30-11:00 am
September 11 to October 23.
Please register. Ages 0 to 18 months.

FAMILY STORYTIME AT 10:15 AM (Session 1) – bilingual
Thursdays from 10:15-10:45 am
September 12 to October 24.
Please register. Ages 0 to 6 years.

FAMILY STORYTIME AT 11 AM (Session 1) – bilingual
Thursdays from 11:00-11:30 am
September 12 to October 24.
Please register. Ages 0 to 6 years.

BABYTIME (Session 2) – bilingual
Wednesdays from 10:30-11:00 am
November 6 to December 4.
Please register. Ages 0 to 18 months.

FAMILY STORYTIME at 10:15 am (Session 2) – bilingual
Thursdays from 10:15-10:45 am
November 7 to December 5.
Please register. Ages 0 to 6 years.

FAMILY STORYTIME at 11 am (Session 2) – bilingual
Thursdays from 11:00-11:30 am
November 7 to December 5.
Please register. Ages 0 to 6 years.

HALLOWEEN PARTY – bilingual
Saturday October 19 from 2:30-3:30 pm
Please register. All ages.

TALK ABOUT MONEY – ENGLISH
Saturday November 2 from 1:30-2:30 pm
Please register. Ages 9 to 12 years.
Registration begins on Wednesday September 4 at 10 am.

HOMEWORK CLUB
Bilingual Homework Club with volunteers from Frontier College will begin on Monday, September 16 from 6:30-7:30. Everyone welcome; no registration necessary.

MILLE FEUILLES BOOKSALE

Run by the
Friends of the Ottawa Public Library
LOW PRICES on books for all ages and interests.
Donations in good condition accepted
Donations of magazines older than 2 years are no longer accepted
***Located in the Blackburn Hamlet Branch near the reading area

LIBRARY HOURS

Closed Monday, September 2, Labour Day
Closed Monday, October 14, Thanksgiving
Mon. to Thurs. – 10am to 8:30 pm
Friday – 1pm to 6 pm
Saturday – 10am to 5 pm
Sunday – Closed
The book drop is available
24 hours a day, 7 days a week.
613-580-2940

"For best results call Lysanne!"

LB HOME.ca

Lysanne Brault, BROKER
Direct: 613.794.8890

107-250 Centrum Blvd.
Ottawa, ON K1E 3J1
613.830.3350

service bilingue

Listing and selling properties in Blackburn Hamlet.
Yours could be next! Call us today!

PERFORMANCE REALTY
BROKERAGE, INDEPENDENTLY OWNED AND OPERATED

ROYAL LEPAGE

Blackburn Schools in the early years

by Don and Evelyn Budd

Blackburn's original school was built in 1865-66 and was made of logs. Later the logs were covered with wide wood boards put on the perpendicular and then painted with dark red barn paint. The boards were put on by William Bradley and a hired help, John Hudson. The painting was done by Adam Kemp and Thomas Dagg. The clapboards and white paint were added in later years. Unfortunately the school burned down in 1915.¹

“As I think and ponder over days gone by, it give me a great deal of pleasure when my thoughts wander back to the time spent teaching in Blackburn?”²

The second school in the Blackburn community was a one-room red brick school that was built on an acre

of the farm owned by Adam Kemp. In 1954 the third Blackburn Public School was built. A former teacher, Mrs. William Purdy, nee Agnes Anderson turned the sod for the new two-room yellow brick school.

Extensive additions were added in 1960 and 1964 as the community grew. The school is now called the Norman Johnson Alternative School. Its mandate is to help young individuals, 15-20 years of age, attain credits and graduate so they can move forward into the world of work or post-secondary education.

In 1955 École Ste. Marie Separate School, a one-room stucco school was built and used until a new larger brick building was built that housed both a school and a chapel. In 2014 four new classrooms were added. More information and photos hopefully coming on École Ste. Marie in the November BANAR.



Endnotes

1. "Blackburn —Glen Ogilvie Centennial History 1867–1967" Booklet compiled and edited by Mrs. Anna Elliott.
2. Written by Agnes Anderson (Mrs. Wm Purdy) who taught at Blackburn in 1896. The first of four teachers who became "Mrs. Purdy" in Blackburn.



More information and photos coming regarding the Separate schools in November.

Clockwise page 19 top left to right:
 Students at Blackburn School circa 1940
 Students at Ecole Ste. Marie Separate School 1955
 Students at Blackburn School circa 1920
 Students at Blackburn School circa 1930
 Students at Blackburn School circa 1905
 Ecole Ste. Marie Separate School,
 Students at Blackburn School circa 1915

RCMP Curling Club—Open House Sept 12, 7-9pm

Are YOU planning to get more fit and to get out of the house more this winter?

Are you a senior who wants to socialize and get more exercise?

LOOK NO FURTHER!

The RCMP Curling Club invites you to join us for a new full season that runs from October to April or to a half season that runs from October to December or January to April.

We are a very active club that also hosts many competitive events throughout the season as well as holding a variety of fun spiels and social events for members of all ages. You or anyone of your family must be a member of the RCMP to join.

Our “Learn to Curl” program offers a full season for adults looking to take up this exciting game. With the assistance of certified coaches, this fun, progressive program offers a safe learning atmosphere where new athletes learn the fundamentals of curling, the game objectives,

etiquette, the curling delivery and how to brush (sweep) a rock as well as the strategy of the game—all while confidently progressing at one’s own speed.

The practices provided in the program offers opportunities to learn new skills, improve your fitness, and experience the social aspect of curling with “special” sessions and fun nights.

There is a variety of leagues such as mixed, men’s, senior men’s and ladies to join if you are returning to the game either as an individual or as a team.

There is also a “Little Rocks” (7–11 yrs) and a Junior Curler League (12–20 yrs) on Sunday mornings.

More information at www.rcmpcc.ca or contact the manager, Paul at manager@rcmpcc.ca or call the club at 613-749-7086.

Open House Sept 12, 7-9pm

COME OUT and JOIN US!

Helen Garinger, 96 years old says “I just love it because you can meet so many nice people, and it's good exercise!”

**What's Happening at
Just Food?**

New Savour Ottawa Buy Local
Food Guide app

Workshops on trees, mushrooms
and sustainable diets

Children's programming

Farm Stand every Sunday from
10 am to 2 pm


Get involved!
www.justfood.ca

Join the newsletter at
www.justfood.ca/signup

**Would you
like to learn
Spanish?**

Learn the beautiful Spanish
language, the culture, the
passion, and the love of life that
comes from this language.
Lesson plan includes:
vocabulary, verbs, oral and
written practice.

Auramarina Sawyer
613-857-2222
www.admin2go.org



Local Bell Choir

The current bell choir at Rothwell United is a community choir meaning that there are no auditions, that church affiliation is not a priority and that anyone ages 14 to 80+ is welcome.

A sense of rhythm and some musical experience are assets but not essential. Handbell ringing is very much a team endeavour and dedication to the group on Wednesdays 6:30-7:30 p.m. to practice is important. Ringers have a lot of fun learning new techniques and sharing the love of hand bell ringing with others. Check out the many posts on "bell choirs" on Youtube.com.

Should you be interested come out Wednesday, September 25th to Rothwell United at 42 Sumac Street and watch a practice and perhaps give handbell ringing a try.

For more information email Evelyn Budd at evbudd7@gmail.com or Lee Crowe at wayne.crowe@sympatico.ca.




Rothwell United Church

Rethink Church

Join us at our Sunday services at 10:30 a.m.
Linger afterwards for refreshments.
Visit our website to see what is happening.
Listen to service recordings on our website.
Call 613-746-0820 or join us—42 Sumac St.

www.Rchurch.ca

ST. MARY THE VIRGIN ANGLICAN CHURCH
3 Points Parish - Diocese of Ottawa
Sunday Services at 11:15 a.m.



All are Welcome to Join Us in Worship!
St. Mary the Virgin Annual Cemetery Memorial Service:
Sunday September 8th, 2:00 p.m. (at our church & cemetery)
Followed by cemetery updates and refreshments.
Annual 3 Points Parish combined Service & Barbecue:
Sunday September 15th; Service 9:45 a.m. Barbecue 11:00 a.m.
At - St. Mary's Anglican Church, 3480 Trim Rd., Navan.
Barbecue - following the service in the hall behind the church on Smith Rd.
Looking for a Church Organist: Email us or Phone the central Parish number to discuss.

smtvblackburn@gmail.com • 613-216-2200 • www.bvnan Anglican.ca
2750 Navan Rd. (2 minutes South of Innes Road)
Visit our web site for Service Changes, Events and their locations



Blackburn Hamlet Community Church
ANGELICAN NETWORK IN CANADA

A growing family of joyful disciples of Jesus Christ, known by their love

Worship Times in July and August
Sunday @ 1pm: Holy Communion
Thursday @ 10am: BCP Holy Communion



Good Reads for the Summer
Keep in Step with the Spirit: Written by Dr. J.J. Packer, this book helps every disciple of Jesus understand and experience more of life in the Spirit.
Generous Justice: Author Timothy Keller explores a life of justice empowered by an experience of grace. He presents the Bible as a fundamental source for promoting justice and compassion for those in need.
A Gentleman in Moscow by Amor Towles. This novel tells the story of a Russian aristocrat living under house arrest in a luxury hotel for more than thirty years. A lovely book perfect for summer reading.
The Bible. The best selling book every year because it's such a good book! For first-time readers, try the *New Living Translation* or *The Message*.

Pentecost Sunday
June 9, 1pm
Join us as we celebrate the birth of the Church when the Holy Spirit came in power just as Jesus had promised.



"Jesus, said, "When the Holy Spirit comes, he will guide you into all the truth...He will glorify me, for he will take what is mine and declare it to you." (John 16:13-14).

2598 Innes Road
bhcchurch@gmail.com (between the TD Bank & the Pub)
www.blackburnhamletcommunitychurch.ca 613-837-BHCC (2422)

Village Squares—Modern Square Dancing Club



You are most welcome to join the Village Squares “Beginners” Open House on Wednesday, September 11 and 18, 7:30 p.m. at the Roy Hobbs Community Centre, 109 Larch Crescent in Orleans. There is no cost for the Open House evenings, no dancing experience needed and it’s casual attire!

The Village Squares, a non-profit organization, was started over 40 years ago by Paul Adams, the club’s caller, and his wife Judy. Both are still very active with the club and continue to introduce new dancers to the pleasures of easy modern square dancing done to a variety of music.

Modern square dancing is a social activity for all ages (not just seniors) performed internationally so one can learn here and dance worldwide. As for attire, some dancers like to wear traditional square dancing outfits, but the dress now is mostly casual. Besides being inexpensive, square dancing is also an ideal way to exercise, meet new people and have fun.

Over the years we have had many residents of Blackburn Hamlet as members. The late Bill and Marian Maitland would certainly like to continue this tradition.

For more information, please visit the Club’s website at villagesquares.ca or call Bob or Gabrielle at 613-833-2601.

The Village Squares Club is a friendly dance club always looking forward to greeting new people. Give it a try, September 11th and also on the 18th."

VIE ESTHETIC STUDIO

FACIALS & SKIN CARE – EYELASH EXTENSIONS – EYELASH LIFTS
TINTING – WAXING – PEDICURES – MANICURES – SHELLAC

613 724 1311
2374 RONDEL ST
OTTAWA ON
K1B 4M2

VIEESTHETICSTUDIO@GMAIL.COM
VIEESTHETICSTUDIO.CA

FOLLOW ON

YOUR SEARCH FOR GREAT JEANS ENDS HERE.

FDJ
FASHION DESIGNERS OF JAMAICA

Be you and make certain that your style reflects that!

THE WHOLESALE OUTLET

1877 INNES ROAD
613-748-6605
MON-SAT 10-5
Ladies fine clothing and fashion accessories

Registration for 1st Blackburn Scouts Group



Since 1954, 1st Blackburn Scout Group has provided opportunities for local youth to learn more about themselves and their environment, while giving back to the community. Your child will have fun discovering a world of adventure and outdoor experiences with friends! Scouting helps youth, both male and female, develop academic skills, self-confidence, ethics, leadership skills, and citizenship skills that influence their adult lives.

The program follows the school calendar from September to June, with meetings on Monday evenings. You can find us online at www.blackburnscouting.com.

- Beavers (aged 5-7) 6:30-7:30 pm at Good Shepherd School
- Cubs (aged 8-10) 6:30-8:00 pm at Emily Carr School
- Scouts (aged 11-14) 6:30-8:30 pm at Emily Carr School
- Venturers (aged 15-17) Meetings vary
- Rovers (aged 18-26) Meetings vary

Blackburn Art Group

Approximately every second Thursday at the Blackburn Community Hall on Glen Park Drive from 1:30 pm to 4 pm, a group of artists get together.

They draw, sketch, paint or create each in their own medium as well as interact with fellow creatives, get feedback and concentrate without the distractions of other “must do” projects at home at a minimal cost.

Join us on September 12, 26, October 10, 24. Please call Camille at 613-741-6783 for more information and if you wish she can put you on the list for e-mail reminders.

You may register your daughter or son online at www.myscouts.ca. Select Monday evenings to locate the 1st Blackburn Scouting Group.

The Group is always looking for youth and adult volunteers. If you are interested in helping the youth in our community, and joining a great team of Scouters, please contact gc@blackburnscouting.com.

We are looking forward to a Year of Adventure, that will create Lifelong Friendships and Skills and that will also provide a Compass for Life!

Ottawa Community Fitness

Families in Blackburn Hamlet are invited to participate in free workouts Monday evenings at 6 p.m. Starting September 16th, families can enjoy 1 hour of cardio and strength training!

Mark your calendars for September 23rd and 30th too. Join “Ottawa Community Fitness” on Facebook for monthly free fitness schedules.

Bunning & Farnand LLP

Barristers, Solicitors, Notaries

Located in Blackburn Hamlet since 1982

- Real Estate (residential & commercial)
 - Wills • Estates
- Corporate Law • Business Law
- Family Law (uncontested) • Slip and Falls

bunningfarnand@rogers.com

T 613.824.0000 F 613.824.9164

#204-110 Bearbrook Road, Ottawa, ON K1B 5R2

www.BunningFarnand.com

Blackburn Adult Badminton

The Blackburn Badminton Club continues its tradition of fair play and friendly competition at Glen Ogilvie Public School. Register now!

**Only \$160 for more than eight months of fun and fitness. Spaces are limited but there are still a few available. The adult program offers doubles play in a hardwood floor gym.

It operates from 8:00 pm to 10:00 pm on Monday, Wednesday and Friday from September 16, 2019 to May 29, 2020 (except school holidays). Level of play is mostly intermediate and there is a refresher skills clinic in November. Membership is limited to forty to ensure adequate playing time on our three courts. A waiting list will be established if necessary.

To secure a spot now, or for more information, please email blackburnbc@yahoo.com.

Club information and registration forms are available at blackburn.odba.ca.

Blackburn Junior Badminton

The junior program aims to provide basic skills training and games in a group setting. We have found that improving skills increases confidence and enjoyment of this engaging sport and helps develop lifelong fitness habits.

Sessions will be held on Saturdays again this year at Glen Ogilvie Public School from September 21, 2019 to April 25, 2020 (except school holidays).

- Ages 9 to 12 from 1:00 to 2:30 pm
- Ages 13 to 18 from 3:30 to 5:00 pm

During family hour from 2:30 to 3:30 pm, parents are invited to participate with their kids who are enrolled in either junior session.

Registration is \$80 for the season

Participants are required to provide their own racquet and protective eyewear (or prescription eyeglasses with a signed waiver).

We need to limit each session to about 16 players but we have been able to accommodate nearly everyone in the past.

To register, or for more information, please email blackburnbc@yahoo.com.



Blackburn Physiotherapy & Sports Injury Clinic

Well-equipped facility with highly trained professionals delivering patient centered one-on-one care.



613 834 1673

Regain quality of life through our expertise & experience

Thank you for your continued trust and support! We couldn't have done it without you!

Merci!

New/Nouveaux Patients Bienvenue/Welcomed
You will be seen within 24 hrs

The most common words heard in a chiropractic clinic:

"I thought it would go away."

Chiropractor: Denis Cyr, M.Sc., D.C.

Registered Massage Therapists:

Cindy Rivard, Laurie Suggitt, Kate Seldenthuis

Blackburn Hamlet Chiropractic Office

110 Bearbrook Road • 613-837-6690

grandmas AIDing grandmas “Wine Survivor”

By popular demand grandmas AIDing grandmas will once again hold their “Wine Survivor” fundraiser this fall, with all proceeds going to the Stephen Lewis Foundation grandmother campaign.

To enter the Wine Fest, donate \$20 to the Foundation and provide a bottle of wine by the deadline of November 3. For the next approximately five weeks five names are drawn out (eliminated) daily. Participants will be notified by email or phone. A consolation prize of two bottles of wine goes to the first name drawn out each Friday. If your name is drawn out you are allowed one chance to re-enter, if desired, by paying \$5.00. The grand winners are the last three names drawn—50% of the remaining wine for the first, 30%

for the second, and 15% for the third. Last year the grand winner took home around thirty-three bottles of wine!

To enter the Wine Fest, donate \$20 to the Foundation and provide a bottle of wine by the deadline of November 3rd.

For more information and to enter please contact f.l.pratt@rogers.com (613-837-2304 or mbblinn@rogers.com (613-837-8838) or grandmas59@gmail.com.

Did you know, 60% of the 14 million children orphaned by HIV/AIDS in sub-Saharan Africa are raised by grandmothers? Thank you for helping us support these African grandmothers and their communities, to provide children with food, education, medical care, adequate housing, and counselling.



- Yard cleanups
- Dethatching
- Fertilizer
- Hedge trimming
- Sod & re-sodding
- Driveway sealing
- Junk removal
- Gardens
- Mulch
- Aeration
- Soil
- Seed
- River rock

613-898-5296
WWW.GRASSROOTSYARDWORK.COM

Blackburn Hamlet Massage Therapy



Ease your pain.
Reduce your stress.
Learn to relax.

- Registered massage therapists
- Thai hot stem massage
- Hot stone massage

Gift certificates for all occasions
Covered by Insurance & Extended Health Plans

2575 Innes Road, Suite # 8 • 613-841-2382

35 years in Blackburn Hamlet!

Jan's Workout

**Cardio • Pilates
Strength Training
Yoga Stretch • Gentle Yoga**

*All classes held at the
Blackburn Community Hall* 

Registration is ongoing

*Our classes are designed to embrace all
levels of ability and style!*

For information, contact Jan Quinn 613-794-9858

www.jansworkout.ca



Pharmacie
BLACKBURN
Pharmacy

RxPharmaChoice

*Advice
for Life*

**EVERY DAY
LOW PRICES!**

**10% SENIOR'S
DISCOUNT**

NEW HOURS

*Monday to Friday 9 am to 6 pm
Saturday 10 am to 3 pm
Sunday closed*

WE OFFER:

- ✓ Personal Medication Reviews (Meds Check)
- ✓ FREE Blood Glucose Tests
- ✓ FREE Blood Pressure Monitoring
- ✓ FREE Prescription Pick-up/Delivery
- ✓ ALL Drug Plans Honoured
- ✓ Canes, Walkers, Etc. (Rent and Sell)
- ✓ Bilingual Service



2575 Innes Road, Ottawa, ON K1B 3K1
Corner of Innes Road and Southpark Drive



Serving the Blackburn Community since 1992

613-830-1212

pch589@pharmachoice.com

Lou Frangian
Pharmacist/Owner



**BLACKBURN SHOPPES
DENTAL CENTRE**

**Welcoming
New Patients**

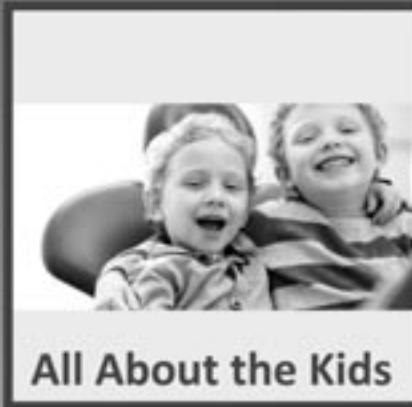


Congratulations to
Dr. Plant on **20 Years
of Great Dentistry!**



*Same Day
Emergency
Service!*

Dental Emergencies can happen anytime. If you have one, please call us and we will see you the same day!



All About the Kids

Dr. Plant and her team love treating children. Her last renovation she created a state of the art children's section.



Calm and Comfortable!

**ARE YOU NERVOUS?
Ask us about
Laughing Gas**

CALL NOW

2668A Innes Rd, Gloucester, ON K1B 4Z5 | (613) 834-5959

info@ottawafamilydentist.com

WWW.OTTAWAFAMILYDENTIST.COM